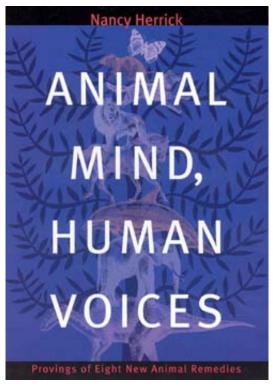
## Nancy Herrick Animal Mind, Human Voices

## Extrait du livre

Animal Mind, Human Voices de Nancy Herrick

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## Play ana Pleasure

#5 Increase in joking, joviality, jesting, silliness, and an increase in laughing. A lot of playfulness during the week. This is not how I usually am. It's very different for me.

#18 I had some moments of spontaneous joy; I laughed out loud, a deep hearty laugh. A real departure from my recent state.

#9 Don't have as much self-control. Usually very disciplined, especially with diet. Chocolate, started eating it for first time in 17 years! Didn't care, not a big deal. The eating chocolate wasn't as much about chocolate as it was about an attitude: "This isn't part of my diet," lessening. I still eat it occasionally now, maybe a tiny craving for it. Ate it first at lunch. A chocolate chip cookie sounds pretty good right now! Also ate onion rings, which I would never have eaten before.

#12 Dream: My usually celibate, female spiritual teacher wanted a male concubine. I auditioned for the job. I touched her, felt intense desire, and woke up with a wet dream.

#17 The night was fun. Going from scene to scene to scene. Exciting. So many images, unusual images, without the element of surprise, just: "Wow, look at that." Fun. Playful. None of it made any sense, and none of it mattered. Element of surprise, it wasn't shocking, it was just fun, interesting. A curiosity. There was an excitement to it.

#5 Desire to touch people, be near them, feel their presence, feel connection, to have fun with them, to laugh with them. Normally I want time to myself.

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## **MIND**

ACTIVITY; desire for AFFECTIONATE

AILMENTS from; fright or fear

ALONE, feels he is

AMOROUS; disposition

AMUSEMENT; desire for

ANTICS, plays

ANXIETY; children; about his

family, about his

CALM

**CLAIRVOYANT** 

COLORS; charmed by

desires bright

COMMUNICATIVE, expansive

COMPANY; desire for

wants to be watched constantly

CONSCIENTIOUS about trifles

**CREATIVE** 

DANGER; surrounded by; yet calm

DELIRIUM; chill, during

DELUSIONS, imaginations

beautiful; things look

danger; impression of

yet remains calm

yet remains cann

enemies, surrounded by

safe, she is not

separated

from the group, that he is

from the world that he is

visions, has, on closing the eyes

DESIRES; people

touch things

**DETACHED** 

DOUBTFUL, of himself

inferior feels

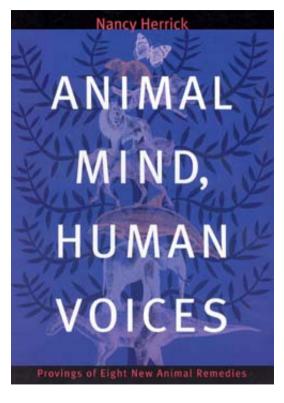
**DREAMS** 

attacked, son was accidents, of

Lac Delphinum

Milk of the Dolphin

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Nancy Herrick

Animal Mind, Human Voices

Provings of Eight New Animal Remedies

407 pages, broché publication 1998



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