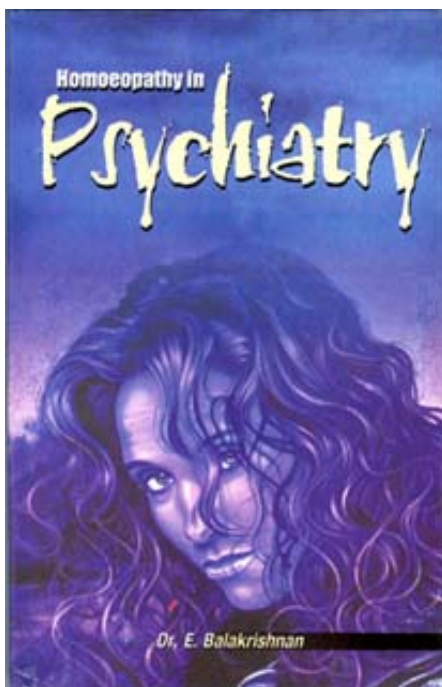


E. Balakrishnan, Homoeopathy in Psychiatry

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Chapter - 2

Studying Language of the Mind

Language of the mind is the language of the emotions as well. For proper understanding we are to study the homoeopathic remedies in their three dimensions - mental emotional and physical along with the interaction at the three levels as this interaction is the one that influences the constitution of the patient.

The first chapter in Kent's repertory is by far the most important one to know: The Mind.

In "Kent's comparative repertory".

Dr. Kokelenberg. G. remarks:-

"The translation of the patient's symptoms in the proper language of the repertory is the difficult problem.

To overcome this problem we have to understand the meaning of each rubric; the rubrics should be as complete as possible; the additional rubrics and remedies and cross references should also be known.

We have to differentiate as many remedies as possible in order to pinpoint the one and only remedy the patient needs to get. The aforesaid comparative repertory would be of great help in our said effort.

In-depth study of the mentals and delusions given in the chapter on 'Mind' and 'delusions' in the Kent's repertory (or any good repertory for that matter) is the prime requirement for our success in handling psychiatric cases. Certain delusions are given at the end of this chapter.

There are many drugs under the rubric 'suicide'. For illustration purpose we shall see the subtle delineation of three drugs; the distinguishing features are noteworthy.

E.g. Suicidal Disposition: (KR. Page 85).

Studying Language of the Mind

The remedies taken for illustration purpose are - Aurum, Nat - S and Nux V.

To drive home the exact implication and depth of these remedies we shall examine: -

Aurum:- He is occupied with the thought of suicide for sometime. He is brooding inside. It is often because he feels not useful anymore. Apparently he has done his duty, but the result is not what he thought it would be. He does not feel useful anymore. He feels people lost confidence in him and he wants to finish it.

He can start praying in this depression, become religious. He has pessimistic thoughts, starts praying and turns towards God. It can also happen that he gets a sudden impulse to commit suicide, in a brutal way. He gets into a car and smashes it against a tree. So pay attention and always take them seriously. (Kent's Comparative Repertory). AURUM (Mentals) Ailments from: Anger, vexation Anxiety with Fright, with Indignation, with Silent grief, with Suppressed Anxiety - conscience, as if guilty of a crime.

Delusions:

affection of friends, has lost
deserted, forsaken, is fail,
everything will, neglected his
duty, he has *Unfit for the world, he*

Despair

religious despair of salvation

Homoeopathy in Psychiatry

Dipsomania, alcoholism.

Sadness, despondency, dejection

mental depression, gloom.

Melancholy. Suicidal,

sadness from

throwing himself from a height

Weary of life

(Materia Medica of Mind - Chitkara).

Natrum Sulph:- (Mentals): He has to control himself constantly not to commit suicide. He thinks about doing it, but at the same time he is afraid of doing it. It can come up, for example after injuries in the head. It can also start after a series of misfortune which he is not capable to cope with, despite his sense of duty. He only decides to do it when there is no other way. And it is his sense of responsibility towards his family that stops him from doing it.

(Kent's Comparative Repertory).

Ailments from -Anger, vexation

Injuries, accidents; mental symptoms

From

Sadness, despondency, dejection. Mental depression, gloom, melancholy. Suicidal disposition hanging, by Sadness, from Shooting, by.

Depressed, irritable, worse morning: hates to speak or be spoken to.

• ^&&

Satiety of life: must use all self - control to prevent shooting herself.

(Materia Medica, of Mind. Chitkara).

Nux Vomica:- (Mentals):Nux - V is one of the most irritable individuals in the Materia Medica, can have explosions or violence and anger like a volcano, is especially angry when he is interrupted. He has a certain planning, a scheme, a time schedule and things can never go fast enough. He always has a thousand more things to do and always feels disturbed. He usually gets very angry in a traffic jam. He is capable of murder out of anger for trifles. He is very expressive in his anger, he troubles from anger and he shouts at people. But on the other hand, he enjoys being angry, he silently likes to be quarrelsome. It is impossible to please them, things must be in the same place, orderly, fastidiously and on the other hand things must go very quickly. These are people that are difficult to live with. It begins with a sort of irritability, mostly verbal irritability, cursing and shouting, but in the end it can come out as violent anger. The most important reason for anger in Nux-V is when his ambition gets frustrated. He always wants to be the best, the first, the biggest and when limitations occur, he is easily frustrated and gets very angry. The most important notes or Key - notes, mentally spoken, for Nux - V. could be impatience and ambition.

Cham. For instance has the same impatience as Nux - V, but not the ambition.

Plat, has the same ambition as Nux - V but not the impatience.

(Kent's Comparative Repertory).

Ambitious, insulting Ailments from-

----- " -----ambition, deceived

----- " -----anger, vexation

Homoeopathy in Psychiatry

----- " ----- anxiety, with
----- " ----- fright, with
----- " ----- indignation, with
----- " ----- silent grief, with

Disappointment

Anxiety -

business about
conscience, as if guilty of a crime
Aversion, persons, to all
Beside oneself, being
Censorious, critical
Chaotic, confused behaviour
cheerful, gay, mirthful.
Company, aversion to. presence of
other people agg.
desires for solitude
conscientious, about trifles
trifles, occupied with

Contemptuous

Contradiction, is intolerant of
Hypochondriasis
Insanity, madness
drunkards, in
mental labor, from
mortification from

Ailments from:

fright
grief
jealousy
mortification
scorn, being scorned

Studying Language of the Mind

sexual excesses
work, mental
Anger, irascibility
answer, when obliged to
interruption from
trifles at
violent
Answers, aversion to answer
Kill, desires to
beloved ones
herself, sudden impulse to
husband, impulse to kill her - beloved
Knife, with a
Kleptomania
Malicious, spiteful, vindictive
Mania Obstinate, headstrong
resists wishes of others
offended, easily, takes everything
in bad part. Passionate
Revengeful
Sadness, despondency, mental exhaustion gloom,
melancholy
Suicidal disposition
Courage, but lacks
talks always of suicide, but does not commit
Weeping, tearful mood.

(Materia Medica of Mind - Chitkara),

In this manner if one takes immense pains to have
indepth study of the various rubrics under 'Mind' and
especially the delusions as well, from the
Repertory,

Homoeopathy in Psychiatry

handling the various psychiatric ailments should not pose any problem for the homoeopathic physician.

(For the 'delusions' - the mental fantasies - and the remedies thereof please also see in chapter on Treatment of Insanity')

Delusion (Refer - Kent's Rep)

That she is not appreciated - Pall (2), Plat That
she is about to be arrested - Arn, ars, Bell
will be sent to asylum - cench.
beautiful - cann-I(2), Lach(2), Sul(2)
as if someone was in with him - anac.
about to commit crime - Kali-br
as if he had committed crime - alum, Anac, cab-V,
cycl, Kali-br, sabad.
deserted - forsaken: Arg-n(3), Cycl(2), Kali-br(2),
Plat(2), Stram(2), Aur(3), Psor(3) Puls(3).
has incurable disease - Arg-n(2), Sabad(2)
Enemy everyone is an - Merc(2).
fancy, illusions of - Cann-I(3), Hyos(3), Ign(3),
Lach(3) Stram(3), Sulph(3)
that he was going to lose his fortune - Psor, Stap.
that he is in communion with god - stram. that
something is terrible to happen - Lyss(2) heart
diseases, is going to have and die - Lac-c.
Phantoms, images sees - ambr(2), Arg-n (2), ars(2),
Bell(3), hyos(2), Lach(3), Lyc(2), Merc(2), Nat-m(2),
Op(2), Pho(2), Samb(2), Stram(2), tarent(2), Thuj(2)
Insane, that she will become - Acon(2), chel(2),
Cimic(3) Manc(2).
Murdered, that he would be - Bell(2), calc(2),
hyos(2), Op(2), Rhus-t(2), Stram(2),
Neglected his duty, that he has - Aur(3), cycl(2),
Lyc(2).

soSOca

Delusions-

(Refer. Kent's Rep.)

Persecuted, that he is - Chin(3), Cycl(2), Dros(3).
Queen, that she is - Cann-I Superhuman — is -
Cann-I
Vengeance, thinks he is singled out for Divine -
Kali-br(3).
Wrong, fancies he has done - Ars(2), Aur(2). hell(2),
ign(2).

A few of the rubrics concerned with mental aberration, indicating also the curative drug are given herein by way of illustration: - (Refer Kent's Repertory).

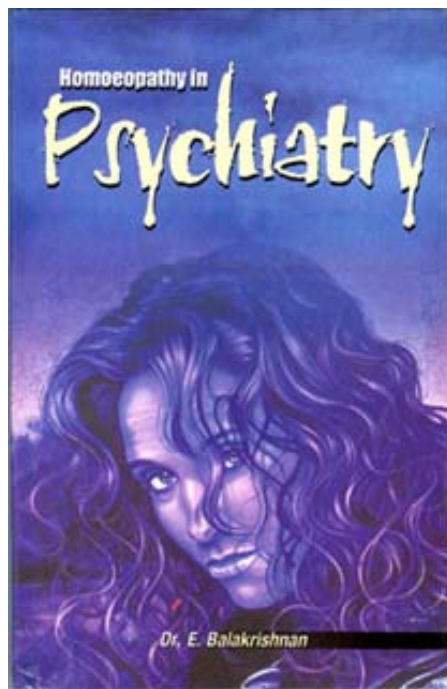
- (a) that he/she is the most beautiful person - cann-I, Lach, Sul.
- (b) that someone is pursuing him - Anac, Brorn.
- (c) that he always sick - Ars, calc-c, Kali-c, Lye, Sabad, Sep.
- (d) that he is singled out for divine vengeance - Kali Brom.
- (e) that he sees images/specters - cann-I, Bell, Hyos, Stram.
- (f) that he has done a serious wrong - Ars, Aur, Cycl, Hell, Ign.

Persistent fear of insanity:- Calc-c, Cann-I, kali-Brom, Mane, Puls, Stram.

Persistent fear of impending disease:- Kali-c, Pho-ac, Phos, Sep.

Persistent fear of death:- Aeon, Ars, calc-c, gel, Nit-ac, Phos. Persistent fear of misfortune:- Calc-c. clem, Psor, Puls.

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