



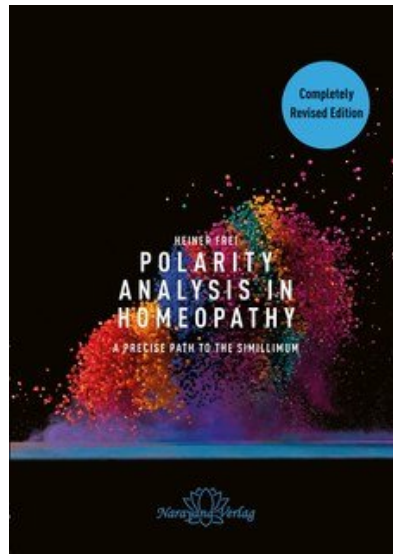
Heiner Frei  
Polarity Analysis in Homeopathy: A Precise Path to  
the Simillimum

Extrait du livre

[Polarity Analysis in Homeopathy: A Precise Path to the Simillimum](#)

de [Heiner Frei](#)

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## 7.2 DIAGNOSES AND MAIN SYMPTOMS Copyright Dr. H. Frei, 2018

Patient name: \_\_\_\_\_ Date: \_\_\_\_\_

To treat you in a holistic way, we need a complete description of your complaints. Please complete the following head-to-toe questions, underlining whatever applies to you, and make notes if you feel this is necessary. The list is not complete so feel free to add any extra comments in the appropriate box.

### HEAD

- Headache
- Eye complaints
- Cold / sinus complaints
- Inflamed throat
- Ear inflammation / infection

### CHEST

- Heart: disturbances to heart rhythm / weakness / pain
- Lung: cough / bronchitis / asthma

### ABDOMEN

- Stomach: heartburn / burning / cramps
- Intestines: digestive problems / diarrhoea / constipation

### KIDNEYS AND URINARY TRACT

- Inflammation / infection of kidney and bladder
- Urinary incontinence

### GENITALS

- Menstrual complaints
- Painful sexual intercourse

### MUSCULOSKELETAL SYSTEM

- Soft-tissue rheumatism
- Joint complaints

### SKIN

- Skin rash / inflammation / infection / warts
- Sweat

### SLEEP

- Problems getting to sleep and sleeping through the night
- Nightmares

### MOOD

- Anxiety / fears
- Depression

Describe any symptoms not listed above

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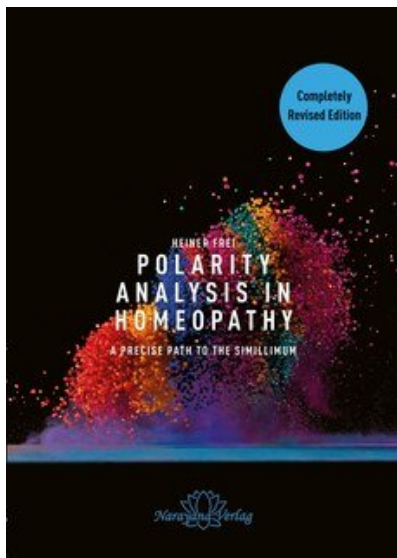


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As a next step you must mark in the **CHECKLIST OF RELIABLE SYMPTOMS** those important modalities that apply to your complaints. Try to find at least 8 and maximally 16 symptoms.



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