

# Sandra Perko

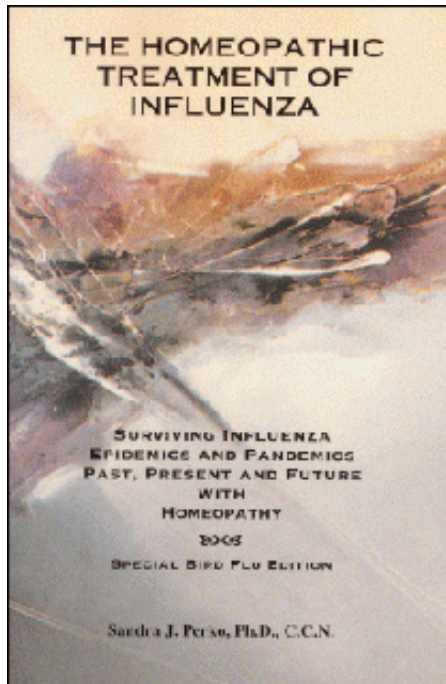
## The Homeopathic Treatment of Influenza

Extrait du livre

[The Homeopathic Treatment of Influenza](#)

de [Sandra Perko](#)

Éditeur : Benchmark



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# THE HOMEOPATHIC TREATMENT OF INFLUENZA

Surviving Influenza Epidemics  
and Pandemics  
Past, Present and Future  
with  
Homeopathy

Special  
Bird Flu Edition

**Sandra J. Perko, Ph. D., C. C. N.**

## **The Homeopathic Treatment of Influenza**

Surviving Influenza Epidemics and Pandemics  
Past, Present and Future  
with  
Homeopathy



Special Bird Flu Edition

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Second Edition 2005

**ISBN 13:** 978-0-9653187-2-3  
**ISBN 10:** 0-9653187-2-9

Narayana Verlag, 79400 Kandern, Tel.: 07626 974 970-0  
Excerpt from Sandra Perko: The Homeopathic Treatment of Influenza

Library of Congress Catalogue Card Number: 99-95502

Cover Design by Stevie Ricks

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**Benchmark Homeopathic Publications**

14947 Forward Pass  
San Antonio, TX 78248-0918  
E-mail: benchmarkpub@satx.rr.com  
benchmarkpubonline.com

Printed in the United States of America  
by  
Morgan Printing Company  
Austin, Texas

*In memory of my great aunt Sally Felmet Watts  
Who, as a young mother, died of influenza during the 1918 Spanish flu*

**ACKNOWLEDGEMENTS**

I wish to express my deep appreciation to all those who have so graciously assisted me in the completion of this book.

Narayana Verlag, 79400 Kandern, Tel.: 07626 974 970-0  
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To all my dear friends, and ardent fellow homeopathic supporters, who proofread the text and provided invaluable advice, I offer my undying gratitude; Karin Barasa, Renee Gianopoulos, Valerie Greenburg, Pat Krause, Madeleine McNutt, Amanda Montoya, my daughter-in-law Stella, and sister-in-law Diane. Thanks guys, what would I do without all of you?

I am extremely grateful to Texas artist, expert animal homeopath, and friend, Stevie Ricks who provided the art work for the cover, and to Julian Winston who, although he was immersed in completing the final stages of his own book, took the time to send me valuable homeopathic historical data.

Thank also, to Sunnie Scarlett, who held my nervous computer hand and calmed my hysteria at all the times when I truly wished I had never heard of Adobe PageMaker. Hugs and kisses to Susie Setser and my daughter Barri for those last minute, just-in-time suggestions.

Last, I want to thank Bob for not divorcing me these last three months.

## **SECOND EDITION**

I would like to gratefully thank Brad and Barri Pool, and Diane Stanton for their undying support and invaluable help with all of the work and effort that went into this second edition.

Thanks to Bob for still indulging my fascination with all things homeopathic.

## **NOTICE TO THE READER**

This book is intended for historical and educational purposes. It was written as an information and reference guide for health care professionals and qualified laypersons. However, it is not intended to replace the services of a medical physician. Any treatment, which extends beyond first-aid care, should be supervised by a licensed health care professional. Neither the author nor the publisher can assume any responsibility or liability for the use of any information contained herein.

## **INTRODUCTION TO THE SECOND EDITION**

As the second edition of this book goes to press in the late summer of 2005, it is abundantly clear that the historical march of influenza will always remain elusive and unpredictable. From the standpoint of homeopathy, it is yet to be revealed which remedies will prove to be the major players – the genus epidemicus – in the next most feared of all influenza battles. We simply find ourselves with the knowledge and absolute conviction that a devastating influenza pandemic is coming, we just do not know exactly when.

Therefore, it seems only prudent to be as prepared as possible. If you have not already done so, establish and maintain a working relationship with a licensed or certified professional homeopath in your area. Keep in touch with the world wide homeopathic community, through The National Center for Homeopathy, or the homeopathic center of education in your country. Have on hand several potencies of the major homeopathic remedies that have proved to be the most indicated in influenza epidemics in the past, and a homeopathic pharmacy source where you can order remedies quickly. Join or sponsor a NCH study group in your area that can share information and offer support in critical times.

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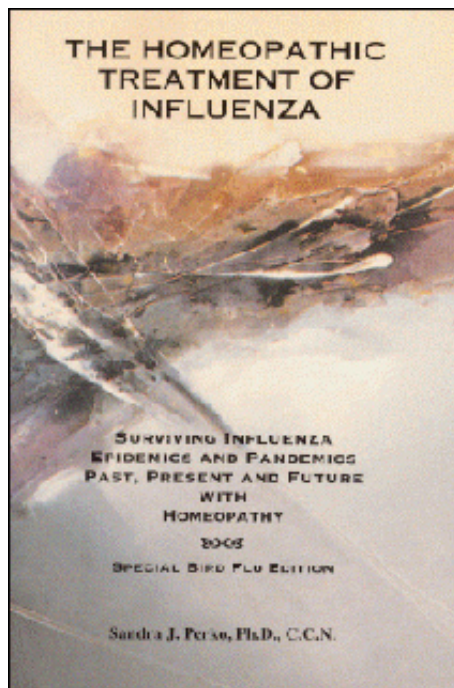
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Narayana Verlag, 79400 Kandern, Tel.: 07626 974  
970-0  
Excerpt from Sandra Perko: The Homeopathic  
Treatment of Influenza



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Surviving Influenza, Epidemics and Pandemics, Past, Present and Future with Homeopathy Special Bird Flu Edition

435 pages, broché  
publication 2005



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