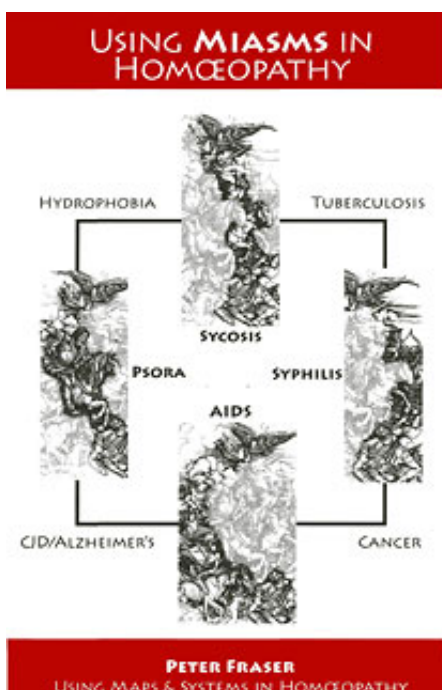


# Peter Fraser

## Using Miasms in Homoeopathy

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# INTRODUCTION

The Miasm is a concept that is specific to homoeopathy. Hahnemann developed it from theories of disease that were widespread in his time but while these theories faded the concept of the Miasm developed among homoeopaths and took on a life of its own. As the concept has no foundation outside homoeopathy there is little to anchor and define it. Many homoeopathic writers and thinkers have felt free to alter or reinterpret the concept in a way that they find useful. For the homoeopath this makes understanding and using the concept more difficult. There is no absolute way in which the Miasms are to be interpreted and used. Yet the concept is one that is very useful in coming to a full appreciation of a case, a remedy or indeed in understanding any situation or condition from a homoeopathic perspective.

I shall lay out some of the history of the concept and then the version of it that I find most useful and easy to understand. This is by no means the only version of it that is useful; and to some degree each homoeopath needs to develop and make use of a version that is fitted to their needs and to their way of understanding health and disease.

The art of homoeopathy lies in comparing and matching the pictures of the remedy and of the disease. It is a matter of relativity and not of absolutes and so it often does not matter what frameworks are used as long as the same framework is applied equally to each side of the comparison.

When using the various maps or systems to look at a disease state or a remedy state, each map gives a view of a different aspect of the state. The Realm is generally the place from which the issues that are important, and so the pathology, take their origins. These issues tend to be rooted in one or more of the Realms. The nature of the patient and the nature of their disease are taken from the Elements and

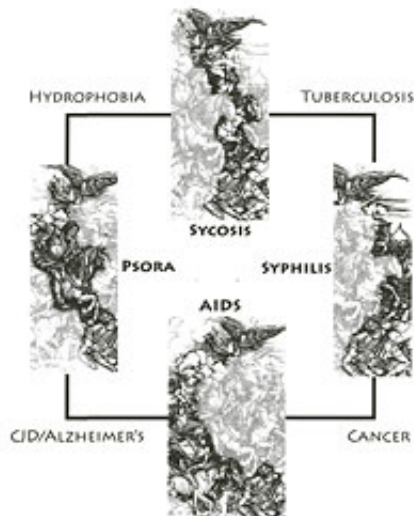
Humours that are emphasized in them or which are out of balance in them. This aspect of the patient and of their disease is best described on the circle of the Mappa Mundi. The character of the disease and the manner in which it is expressed can be best described through the concept of the Miasm.

The differences between the various aspects of the patient and his or her disease are subtle and there will often be a pattern running through them. Certain Realms are associated more often with certain parts of the Circle and with certain Miasms.

The Realm is indicated by the answer to the question "Why?". Why are these things of such importance to the patient? Why have they become so important that they have become the root of the disease. The position on the Circle is indicated by the answer to the question "Where?". Where is the imbalance in the patient? and Where is it that the disease is choosing to express itself? The Miasm is indicated by the answer to the question "How?". How does the disease act? How is it manifested in the body? and How does it express itself in symptoms?

As the Miasm deals with the expression of the disease it is more dynamic and therefore closer to the characteristic nature of the disease than either the Realm or the Mappa Mundi. However, it is still a general feature of the picture and so forms part of the background. It leads to the group of remedies that are indicated and it confirms the accuracy of the understanding of the case. It is not part of the foreground, not characteristic of the individual person or individual disease, and so it does not differentiate the individual remedy that would be indicated.

## USING MIASMS IN HOMŒOPATHY



**PETER FRASER**  
USING MAPS & SYSTEMS IN HOMŒOPATHY

Peter Fraser

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