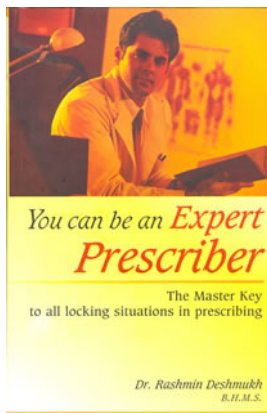


# Rashmin Deshmukh

## You can be an Expert Prescriber

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## CHAPTER I

# AN EXPERTISE IN PRESCRIBING

### HISTORY OF HOMEOPATHIC PRESCRIBING

Dr. Samuel Hahnemann introduced the system of homeopathy in the year 1790 through his essay, 'An Essay on the New Principle for Ascertaining The Curative Powers of Drugs and some Examinations of the Previous Principles.'

In times when crude, injurious, painful methods of therapeutics were prevalent, Master Hahnemann introduced a very fine, gentle, subtle, and dynamic system of medicine. He put forward his new doctrine of 'Similia Similibus Curentur' (Likes cure Like) in contrast with the age-old doctrine of Contraria Contrariis Curentur (Dislikes cure Dislikes).

The practical application of this new doctrine demanded a very careful study of the effects of medicines employed in infinitesimal doses on healthy human beings. These medicines if applied on the very basis of the nature's law of cure <sup>i</sup> *A weaker dynamic affection is permanently extinguished in living beings by a stronger one if the later whilst differing in kind is very similar to the former in its manifestations'* in patients with sufferings

## CHAPTER 5

# THE ART OF ACUTE PRESCRIBING

Given the conditions under which one has to make an acute prescription one needs to do it very intelligently. Skillful use of our knowledge can make us a good acute prescriber. This chapter attempts to train a physician in this art. The points described should be carefully noted and adopted.

### HISTORY OF THE ACUTE AILMENTS

Skillful extraction of a detailed history from the patient, gathering the 'minutiae' in acute ailments is a much bigger, difficult and a testing task for the physician than the actual selection of the simillimum. A right approach to the 'extraction of the totality' is essential without which, useful information cannot be drilled out.

So a physician should proceed for the inquiry systematically under some fixed heads, keeping in mind the expression of the disease phenomenon (symptoms) in materia medica. Only then can he derive data that shall help him to select a remedy as per the materia medica. The physician must go ahead with the inquiry under the following heads. The relevance and practical utility of 'acute history' towards the selection of the right remedy has been elaborated further in the chapter.

On the Home page you may keep introductory articles/ paragraphs about homeopathic system of healing. Use of simple, easy, lucid and non-medical language. Attractive pictures in support of the articles should be added.

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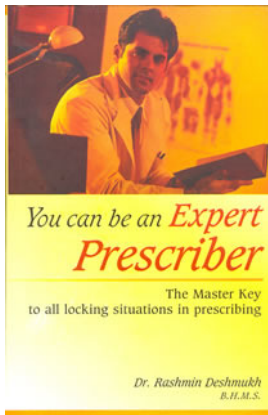
If you create your own website see to it that it is complete with the history form and instructions to the patient which should be preferably in multiple languages besides the English language, since internet users worldwide are likely to access the site. It should contain online form with a detailed questionnaire. Your website shouldn't carry too much of information which may confuse the patient who is new to the science, it should be relevant and to the point. It should cover the mode of treatment and may include certain articles about homeopathy as a science by yourself or by renowned people pioneers in the faculty. It should be replete with relevant facts. A physician may put an thoroughly received case may serve as a sample guideline for the patient.

# CHRONIC CASES

## CASE 1

The parents of an eight year old child, studying in Standard three approached the physician with prime complaint of recurrent worm infestation since the child was of two years age. Her presenting complaints were pain in abdomen, itching in anus < night<sup>3+</sup>, excessive hunger, biting of teeth in sleep and excessive craving for sweets during. She is also susceptible to colds and recurrent attacks of tonsillitis, tonsils are enlarged and congested and she gets difficulty in deglutition usually < Winter<sup>3+</sup> < Change of season to wet<sup>3+</sup>, Change of weather<sup>2+</sup>. She also complains of recurrent aphthae without any peculiarities, except a dry mouth.

She has a thin built, whitish complexion and dark rings around her eyes. Her height is 4'3" (more for age) weight is 23 kg, normal. Thirst is moderate. She desires rice<sup>3+</sup> and is even found eating dry rice at times she also craves ice cream<sup>3+</sup>, cold drinks<sup>3+</sup>, green salads<sup>3+</sup>. She has h/o pica for earth<sup>3</sup> till 1 years age. The paediatrician had diagnosed calcium deficiency and disturbances in calcium metabolism then and calcium injections were given along with vitamin D. After which her pica was reduced. Her stools are satisfactory and once in the morning. Urine is normal H/o UTI at the age of 5 years. Her sweats are scanty and she sweats on head hands and feet. She has good sleep and sleeps for about 9 hours at night. She sees in her dreams that she has gone to a far



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