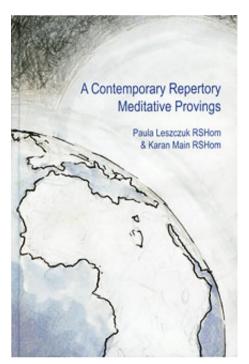
# Leszczuk P. / Main K. A Contemporary Repertory Meditative Provings

## Reading excerpt

A Contemporary Repertory Meditative Provings of Leszczuk P. / Main K.

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### Remedies

Almond Amethyst Ametrine Apple tree

Ash
Ayahuasca
Banyan
Bay leaf
Berlin wall
Blue

Bog asphodel Brown rice Buddleja Butterfly Caesium

Chalcanthite
Chalice well water

Chestnut red
Chestnut white

Clay
Conium maculatum
Copper beech
Cotton
Earthworm
Emerald

Ether
Forget-me-not
Frankincense
Goldfish
Green
Hazel

Himalayan poppy Holly

Holly berry Hornbeam Jade Jet

Kigelia africana Lac humanum Lotus

Medorrhinum american

Milky way Mimosa Moldavite Moonstone Natrum fluoratum

Nettle Oak Obsidian Okoubaka Olive Orange Peridot

Phantom quartz Plutonium Purple Rainbow Red

Rhodochrosite

Rose

Rose quartz

Ruby
Sandalwood
Sapphire
Sea holly
Sea salt
Selenite
Sequoia
Silver birch
Silverfish
Slate
Snowdrop
Spectrolite
Stonehenge

Strawberry Strontium Sycamore seed Thymus gland Tiger's eye Viscum album

Willow Wych elm Yellow

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Excerpt from Paula Leszczuk RSHom & Karan Main RSHom : A Contemporary Repertory Meditative

**Provings** 

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#### **Preface**

The compilation of this repertory has been occasioned by the need to be able to find, with ease, remedies in Madeline Evans - Meditative Provings: Volumes 1 and 2

As far as possible we have endeavoured to keep to the original wording in the book in order not to alter the prover's meaning, which has been compiled from Madeline's materia medica and not from the original proving. However, this clear format has meant that the entries are, in parts, both verbose and prosaic. We make no apology for this.

The format is in modern English, but the syntax is not in the usual entry format where rubrics read backwards. Although this approach may not be to everyone's taste, we felt we wanted to keep the clarity of the meaning in each and every sentence. As such we have made no attempt to translate any word into another word, or words, e.g. 'tired' is not translated into 'weakness' or 'weariness'.

We firmly believe that if it is possible to look up a rubric in the self same language used by the prover, it is preferable to do so, as opposed to looking up a word whose meaning may have a subtle difference.

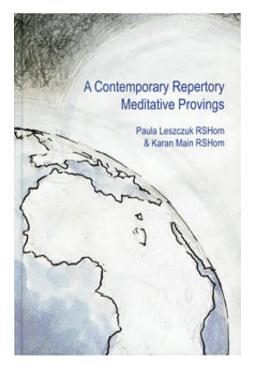
One of the main aims was to make it as easy as possible for anyone, whether novice or professional, to find the remedies, and therefore we were clear in our own minds that the meaning of the original word, wherever possible, should not be lost. Therefore you will find, if appropriate, that the entries will be repeated in more than one chapter, as well as in the same chapter.

Our repertory was created by copying each sentence, word for word, into a spreadsheet, then sorting by remedy and body part. No attempt has been made to grade or weight the remedies in terms of importance. The words chosen within these sentences, to form the entry headings, are an individual choice. The spreadsheets were then re-written into a publishing package; the whole process taking three years to complete.

The chapters and headings are in alphabetical order with an index to further facilitate ease of use. Added to this are some uncommon chapters, such as astrological, chakras and esoteric.

For an explanation as to how meditative provings are conducted, please refer to the remedy database in the appendices.

Paula qualified at the Yorkshire School of Homeopathy and Karan from the Northern College of Homeopathic Medicine. Both practice in North Yorkshire and are registered with the Society of Homeopaths. They met whilst on Madeline's postgraduate course.



Leszczuk P. / Main K.

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