

Margaret Roy

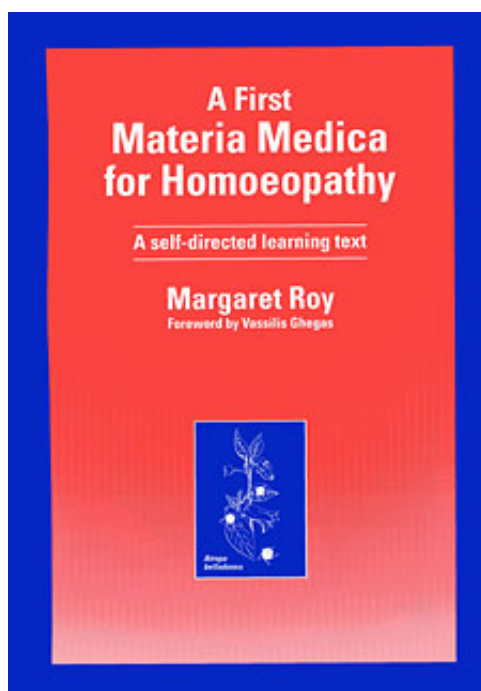
A First Materia Medica for Homoeopathy

Reading excerpt

[A First Materia Medica for Homoeopathy](#)

of [Margaret Roy](#)

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Narayana Verlag GmbH, Blumenplatz 2, D-79400 Kandern, Germany

Tel. +49 7626 9749 700

Email info@narayana-verlag.com

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Phosphorus

Red amorphous phosphorus

Origin

H Noah Martin did a proving from a trituration of red amorphous phosphorus, information had already been gathered before this from the poisonings and Hahnemann made use of these when writing in his *Materia Medica Pura*. Today the remedy is produced from yellow phosphorus in a saturated solution of alcohol.

Characteristics of the Element

This is a volatile mineral which bursts into flame on exposure to air, so has to be stored in a salt solution. The Phosphorus patient also has a desire for salt and has phlegm with a distinct salty taste. The 'phosphorescent' glow on a moonlit sea is due to the presence of phosphorus in the bodies of many microscopic organisms. The name means 'the light bringer'. This is most appropriate, since the main place we find phosphorus within the body is in combination with iron, in haemoglobin, which has the function of taking up oxygen to provide energy. Of all the ways in which energy is used in the body, oxygen has the fastest turnover. The healthy phosphorus patient bounds with energy, is quick witted, is quick in movement and is quick to move on. Interest shifts rapidly, as in a child, and often tasks are left undone. No other remedy can be better described as the 'eternal child'. Indeed the other major role of phosphorus within the body is in homoeostatic balance with calcium: in the bones, whilst calcium fossilizes, phosphorus adds resilience!

Essence

There is so much energy in Phosphorus, but it is spread in so many directions that it is quickly *diffused*. Then there is little energy, so exhaustion follows. Usually there is a quick recovery rate, so the patient bounces back, but chronic debility produces *indifference*.

Keynotes and Characteristics

◦ Enthusiasm easily dissipated	They put so much energy into things.
◦ Hypersensitivity	The body reacts quickly.
◦ Quickness of mind	They are lively, witty types, when well.
◦ Apathetic	No energy when ill.
◦ Indifference	To loved ones even, as in Sepia.
◦ Anxious	Live on nerves.
◦ Fidgety all the time	Can't sit still.
◦ Fear of dark	< on their own.
◦ Fear of ghosts and supernatural	Although they avidly watch horror films.
◦ Fear of thunderstorms	Although they can watch them in fascination.
◦ See monstrous faces on wall	So much imagination.
◦ Clairvoyant	They are sensitive beyond the norm.
◦ Sense exalted	Sight and hearing very keen.
◦ Difficulty hearing the human voice	Strange, Rare and Peculiar symptom.
◦ Lack of modulation in voice	They have problems orienting themselves.
◦ Re-echoing in ears	Usually when catarrh is present.
◦ Desire company	They are not happy by themselves.
◦ Need of lot of reassurance	Because they cannot set and maintain their own standard.
◦ Like to be magnetized or stroked	They love massage.
◦ Sensitive to atmospheres	Especially to electrical charge, but also to moods and emotions.
• Gullible	Easily influenced and taken in.
• Affectionate	Love is an energy that flows from them.
• Sympathetic	Also want sympathy.

- **Excitable**
- **Highly sexed**
- Expose themselves
- **< twilight**
- **Vivid dreams**
- **Exaltation of fancies**
- **Want to escape**
- Love spicy food and salt
- < spicy food
- **Desire cold drinks**
- Vomit water as soon as it is warm in the stomach
- **Averse fish**
- **Empty sinking feeling in stomach**
- **Flushes upwards, beginning in hands**
- **Burning pains**
- **Bleed easily**
- Small wounds bleed a lot
- Blood bright red and often stringy
- **Bruise easily**
- Violent ebullitions and congestions
- **Stool gets out of bed 5 a.m.**
- **As if the anus remains open**
- **Left-sided**
- Upper right, lower left
- **History of pneumonia**
- **Rapid growth spurt, then weakness**
- **Polypi**
- **Loss of voice < evening**
- Tickly cough < talking

Children can be overexcited. It often prevents sleep.
 And they like plenty of variety!
 They prefer the freedom of no clothes. They also enjoy their bodies.
 Which is when the Earth's magnetic tides change. The light also enables them to see ghosts then.
 Often amorous.
 Escape into day-dreaming.
 They do not like to be pinned down.
 The energy of spices is fast-flowing through them. It produces hot diarrhoea.
 They will only drink milk if it is out of the fridge. When the stomach is disordered.

Their energy can suddenly go.
 Often seen at menopause.
 Between the scapulae, up and down the spine, on the palms, in the lungs.
 Piles, expectoration. Nose bleeds.
 Blood easily diffuses.

It may be indicated in serious blood and spleen disorders.
 Especially on putting hands in hot water.
 As in Sulphur.
 Sphincters remain open and closed.

Hence it affects the right lung and the left knee.
 The Phosphorus patient often has a weak chest. Because they have outgrown their strength.
 Especially in the nose.
 Opposite time to Causticum.
 A lot of chest and catarrhal symptoms are talking.

Modalities

- < before thunderstorm
- < **twilight**
- < **lying on left side**
- < **fright**
- < when alone

- > **after sleep**
- > **being magnetized**

ACTIVITY 8



List those symptoms that illustrate diffusion. Separate them into mental and physical symptoms.

ACTIVITY 9



The Phosphorus patient is very sensitive to energy in many different forms. Which symptoms show this?

Hyperactivity

One exciting cause of the Phosphorus patient is when the child, or the adolescent at puberty, puts on a *growth spurt* that may add 6 inches to his or her frame. He/she outgrows strength so the weak organs show dysfunction. The weak organs of this patient are the lungs, which gives us the other serious exciting cause, pneumonia. You may also see this patient change drastically

Answers and Test-cases

Answers to Activities

LESSON ONE

Activity 1

Strange, Rare and Peculiar

Sweats on uncovered parts; everything tastes bitter except water.

Mental/Emotional

Fear; convinced he will die at a specific hour; restlessness.

General

<fright; tearing pains; sensation of a tingle; full, bounding pulse; copious drenching sweats; thirst for bitter things; < cold, dry; <midnight; left-sided.

Particular

Pupils contract to pinpoint; paralysis after fright; retention of urine in the newborn; hot, swollen redness; redness, deathly pale on sitting up; convulsions with jerking and twitching of single parts; < apex left lung; dry, hard cough on expiration; <trigeminal nerve on left side.

Activity 2

Symptoms of sensation

1. Tearing pain.
2. Sensation of a tingle.
3. Everything tastes bitter except water.
4. Pains like knives.
5. Heaviness in inner parts.
6. Pains worse touch.
7. Anxiety in the stomach.
8. Burning on skin.
9. Tightness in muscles.
10. Prickling, crawling sensations.

Activity 3

Symptoms of causation

1. < fright.
2. < cold, dry conditions.

Activity 4

Earache

Step 1. Heat < cold, dry.

Step 2. Swelling, redness. Tingle.

Step 3. Pain - neuralgic. Anxiety, Restlessness < midnight. Sensitive to noise. As of a drop of water in the ear.

Step 4. Fever, bounding pulse. Red face pale on sitting up. Drenching sweats. Convulsions. Everything tastes bitter. Thirst. Sweats on uncovered parts.

Throat **Pain**

Step 1. Heat < cold, dry.

Step 2. Swelling, redness. As if constricted. Dryness.

Step 3. Tearing pain. Cannot swallow, chokes. Cough on expiration. Anxiety. Restlessness < midnight.

Step 4. As above.

Neuralgia

Step 1. Heat. Tingle < cold, dry.

Step 2. Prickling. Redness.

Step 3. Numbness. Heavy feeling. Pain tearing. Anxiety. Restlessness < midnight.

Step 4. Trembling. Jerking. Paralysis of muscle + above.

Note: Although it is useful to separate out steps to gain a deeper understanding of levels of severity and therefore of potency, the edges are never as clearly defined in the patient.

If you have read your philosophy you will recognize that these stages go from local to General and Mental/Emotional. Many Strange, Rare and Peculiar symptoms occur in Step 3 when the disturbance is fully developed and the remedy's characteristic pattern clear. Step 4 occurs when the vital force has failed to keep the disturbance at the local level -in this instance it is generalized fever. In another example Step 1 and 2 might represent sensation, Step 3 dysfunction and Step 4 pathology. Homoeopathy is truly preventive medicine because it does not need to wait until the disturbance reaches the level of pathological change to recognize it and take curative action.

Activity 5

Symptoms of modality

Aggravation

1. Fright, cold dry conditions, shock, vexation. Menses. Chilled especially after sweating.
2. Evening and night, rising up, lying on affected side, pressure, touch, light, noise, music.
3. Inspiration.

Amelioration

1. Rest, sweating.
2. Open air.

Note: I may have tried to be a little too clever here but I have tried to make some sense of the lists of modalities by putting them into three groups. Group 1 are causative. Group 2 are modalities proper, i.e. once you have it what makes it better or worse. Group 3 represents modalities that only occur in special situations or to specific parts, e.g. No one is worse for breathing in but in some situations the lung symptoms might be aggravated by inspiration.

Activity 6

Symptoms of Turmoil in Circulation

Mental

Anxiety. Delirium.

General

Full, bounding pulse. Sudden sinking of strength. Fevers > rest < excitement. Palpitations.

Local disturbance

Hot, swollen, redness. Redness of face deathly pale on sitting up. Pulsating pains. Congestion to the head - apoplexy - and chest. Haemorrhages - bright red. Swelling, redness, heat. Parts feel enlarged. Bruised, heavy feelings.

Activity 7

Fear overwhelms so he/she is oblivious to all else. They tend to hold so the breath is held, there is tension in muscles. The stomach holds fear. In terror the pupils are contracted. They may freeze with terror or when the terror continues the relaxation stage

Answers to Self-test Questions

LESSON ONE

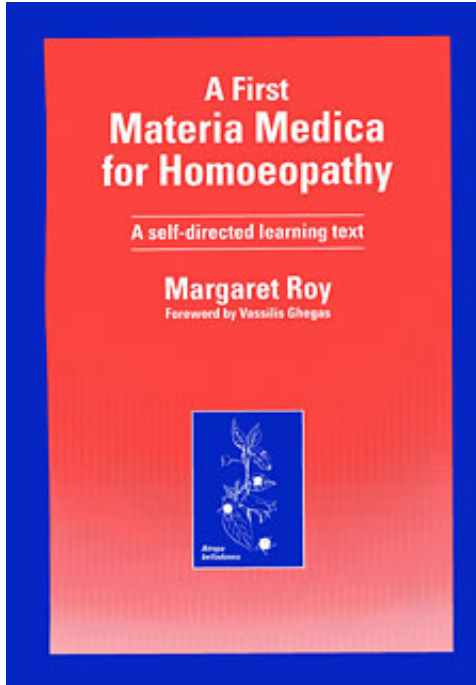
1. Chamomilla.
2. Aconite.
3. Aconite.
4. Chamomilla.
5. a) Belladonna.
b) Aconite.
6. Dogs, water.
7. Sweat, trembling, contracted pupils.
8. a) < cold, dry winds, touch, light, noise, inspiration, > rest, open air.
b) < heat, sun, draughts to head, light, noise, jar, looking at shining objects. Part hanging down, 3 p.m. > bending backwards.
c) < anger, dentition, being looked at, coffee, 9 a.m. and 9 p.m., > passive motion - being carried, sweating.
9. Aconite.
10. Aconite.
11. Chamomilla.
12. Belladonna.
13. Aconite.
14. Anger, dentition, bad news, humiliation.
15. Sun, getting head wet or chilled.
16. Fright, cold dry winds.
17. Green slimy, like chopped spinach, sour or smell like rotten eggs.
18. Suddenly appears after fright or shock in single relevant part.
19. Usually occur with high temperature and no sweat. Sees monsters and hideous faces.
20. By dilating involuntary muscle as in coronary arteries in angina. Also for anxiety and fear of death.
21. Nothing pleases. Asks for things then rejects them. Demanding and tyrannical.
22. Pressure on the abdomen, heat.
23. It is dry, i.e. no sweat. It is so intense you can feel it without touching the part.
24. Red lying down, pale on rising up.
25. Right sided, hot, throbbing, red streaks, radiate from the nipples.

LESSON TWO

1. a) Hypericum (or could be Ledum).
b) Symphytum.
c) Calendula.
d) Ledum.
e) Hypericum.
J) Hypericum.
g) Arnica.
h) Aconite.
i) Bellis perennis.
j) Arnica (or Rhus toxicodendron).
k) Belladonna is better than Hypericum.
J) Chamomilla.
m) Ledum.
n) Hypericum.
o) Arnica.
2. Belladonna is < heat, Hypericum is < cold.
3. a) Great fear. Much movement or agitation. There is a lot of tensely held muscle as it screams its head off.
b) Fright less. Does not want comforted or approached. Tolerates no fuss. Holds itself to itself. Bruising develops.
c) Spasm of the injured part. Later lumps may appear on the bones
4. Wounds to joints or to eye.
Arnica: Smelly, bruised pains as if beaten < 1st movement > continued movement. Bruising black and blue. Prickling pains inwards. Eyes tired and bruised, bloodshot - as if objects leaning forward and about to fall.
Ledum: Smelling, green-yellow bruising, tearing pains, cold > cold, numbness, twitching muscles. In eye bloodshot, twitching.
Symphytum: Prickling, stitching pains. Wounds that penetrate to the bone. Eyes close spasmodically or as if something in them.
5. Shooting, lacerating pains move along the nerves towards the spine. They return at the slightest touch.
6. Both have a very low pain threshold, pain out of all proportion.
7. When the living dermal layer was exposed.

LESSON THREE

1. Belladonna, Hyoscyamus, Stramonium.
2. Stramonium.
3. Deathly sinking feeling, < least motion, < uncovering the abdomen.
4. Dulcamara.
5. Stramonium (Hyoscyamus to a lesser extent).
6. Belladonna.
7. Tabacum.
8. Hyoscyamus.
9. < motion, opening eyes, > uncovering abdomen, fresh air, cold application.
10. Hyoscyamus.
11. Belladonna, Hyoscyamus (Stramonium to a lesser extent).
12. Tabacum.
13. Belladonna, Hyoscyamus, Stramonium.
14. Stramonium.



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