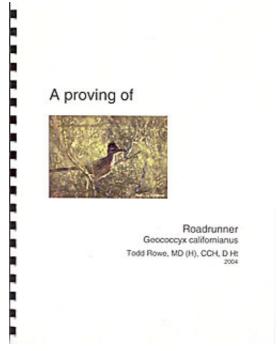
# Todd Rowe A Proving of Roadrunner

### Reading excerpt

A Proving of Roadrunner of Todd Rowe

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## Geococcyx californianus

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#### Introduction

A proving of Geococcyx californianus was performed in Phoenix, Arizona at the Desert Institute School of Classical Homeopathy, in the spring of 2004. The proving was conducted by the Society for the Establishment of Research in Classical Homeopathy (SERCH). This was a full Hahnemannian proving.

The proving consisted of 18 subjects who began taking Geococcyx californianus 30C on May 1, 2004. The proving was triple-blinded, which means that none of the provers, the proving supervisors, or the proving administrators knew the identity of the remedy until the proving was completed. The substance to be proved was selected by a proving committee from a blinded pool of 12 substances.

Provers were from 13-65 years of age and in good health. There were six male provers and 12 female provers. Generally anyone who was taking allopathic medication or who had significant health problems was excluded from the proving.

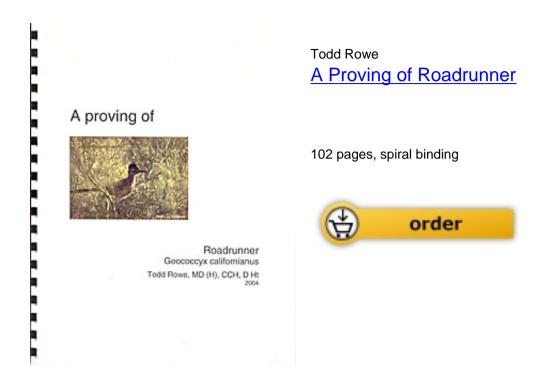
Before the proving started, each prover was assigned a proving supervisor who interviewed them to obtain a baseline case. All provers then attended an introductory meeting to go over basic policies and procedures and to obtain informed consent. Supervisors were in regular contact with their provers during the proving. The proving supervisors reported directly to the proving director.

The instructions were to take a single daily dose, at bedtime, for a maximum of three days, but to stop after any symptoms became apparent. A dose consisted of 10-12 pellets of the substance. Participants journaled the symptoms over the space of the next month. The supervisors kept a separate journal based on the daily interaction with their provers.

Symptoms were reviewed in an exit group meeting one month later. That session was videotaped. Journals (both of the provers and supervisors) were reviewed separately. Any participant who had residual symptoms or improvement following the one-month interval was followed subsequently until the symptoms resolved (up to six months).

The specimen was obtained from a female bird that was caught and trapped on a fence here in Phoenix. The bird was rescued but in the process lost some of its feathers. A triturate was prepared at the Desert Institute of Classical Homeopathy. The remedy was then potentized to a 30C potency using standard potentization methods (100% ethyl alcohol was used with 30 sucussions per dilution). The preparation of the substance was videotaped and examined for correlation with the proving symptoms (see Appendix B.)

The remedy is available from the Hahnemann Pharmacy. The name given to the remedy is Geococcyx californianus (Geo-c).



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