

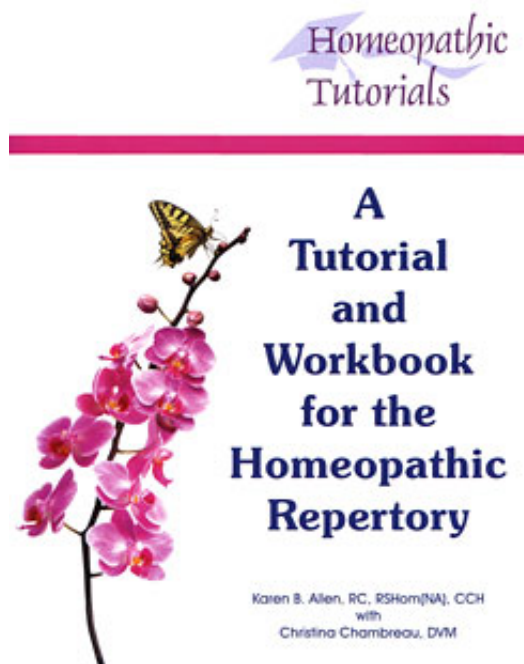
Karen Allen

A Tutorial and Workbook for the Homeopathic Repertory

Reading excerpt

[A Tutorial and Workbook for the Homeopathic Repertory](#)
of [Karen Allen](#)

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Introduction to Second Edition

Since this book was introduced in 1994, the homeopathic repertory has evolved. The Synthesis and Complete versions of the repertory have been introduced and are now widely used. Enhancements have been made to the various repertory software programs for computers. I believe we are entering a time when the homeopathic profession will begin to address the repertory as a community resource, and work cooperatively to manage the data within it; I find that an exciting prospect.

After several years of using this text for teaching, and getting feedback from students and other teachers, there were areas in need of improvement. This second edition has added current repertory information. The exercises have been condensed and more practice cases have been included with video cases on CD-Rom as well as written cases. The solution guide has been incorporated as an appendix.

Christina Chambreau, DVM, contacted me several years ago about the possibility of creating a separate version of this workbook for veterinary training. She has contributed information regarding the use of the repertory for animals, and this has been incorporated in the exercises, cases, and specific comments throughout the text. I am grateful for her cooperative spirit and like-minded approach. My thanks also go out to the many study groups, homeopathic school students and teachers who have used this book, suggested improvements and given feedback. I thank my editor, H. Padilla, for her constructive suggestions regarding organization and clarification, Begabati Lennihan for her detailed review of the answers in the appendix, Jacki Fox for proof-reading, and Brendon Southam for endless technical assistance.

For future students, my best wishes are offered for mastering the repertory, and I look forward to working side by side with each of you as a colleague in the days to come.

Karen Allen, CCH, R.S.Hom(NA), RC
August 8, 2003 Seattle, Washington

When I first picked up *A Tutorial and Workbook for the Homeopathic Repertory*, I felt like I was reading the words I have taught for years. Karen and I seem to think from the same paradigm, examples and joyfulness. I love teaching the repertory and find it a wonderful exploration. One joy of working with the repertory is that people can find different rubrics if they look at the case from their unique perspective. Some symptoms are clear, and there is a single rubric we all would agree upon. Other symptoms have multiple rubrics, especially for animal symptoms. The universal applicability of homeopathy is certainly demonstrated when I can find symptoms for birds, iguanas and fish, as well as mammals, in the Repertory. Symptoms elicited in provings on people can be extrapolated to symptoms in other animals and even plants. I have encouraged every one of my students to purchase this book, and with the animal additions it will be even more useful.

I want to deeply thank Karen for the opportunity to expand this wonderfully fun and effective tutorial on the repertory to include its use with animals. Every person in love with homeopathy wants to heal his or her animals as well. I want to thank Dr. Pitcairn, Dr. Herscu and George MacLeod for teaching me a solid foundation of homeopathy. I am grateful to be able to spread the word to millions of people about the power of homeopathic healing for animals and people.

Christina Chambreau, D.V.M.
September 12, 2003 Sparks,
Maryland

Introduction to First Edition

Many books begin with introductions consisting of the author's explanation about why this particular book needed to be added to the many excellent titles already covering the subject at hand. This introduction has no need to do that because, to my knowledge, there are no textbooks available for the study of homeopathic repertory. This book is offered as a learning tool covering the content, structure and use of Kent's repertory for beginning and intermediate users. It addresses ways to use the repertory both in the selection of homeopathic remedies and in the study of material medica.

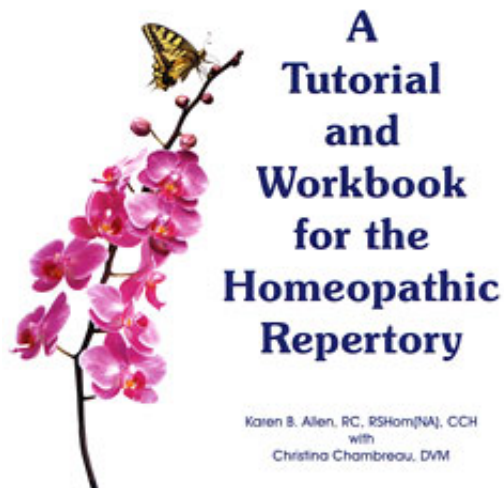
While I am the one to have written this material down, I am the first to insist that I do not consider myself to be an expert in this area. I have been seriously studying homeopathy for 6 years at the time of this writing; that is but a brief beginning toward mastery of something as intricate and complex as the repertory. There are certainly experienced homeopaths that are more knowledgeable and skilled than I, who would be much more qualified to write this book. Additionally, I claim no originality here. I learned what is presented here from a broad array of homeopathic lecturers, articles, and case studies. However, in my studying and teaching repertory, I have needed just this book, and perhaps my gift is the time and inclination to write it down. I invite those of you who use this book to send me comments on any errors, omissions, discrepancies or other idiosyncrasies so that future editions can be improved.

In an ideal world, it would be possible to properly credit each source of information that has contributed to this book. But when teachers A, B and C have taught teachers D, E, F and G, and those teachers taught teachers K, L, M and N, and then I have attended lectures by teachers B, D, G, K and M, to whom does one give credit for various ideas and philosophies? The information presented here can be considered part of the general body of homeopathic knowledge at this time, built and expanded gradually by the work of many practitioners and lecturers. I am indebted to each of them. I have had the luxury of studying homeopathy in an organized school program, rather than having to make sense of many disparate lectures and books as many of my professional predecessors did.

I am grateful to the administration and staff of the Pacific Academy of Homeopathic Medicine in San Francisco, California, and the many other lecturers and writers who have directly or indirectly taught me about the use and contents of the repertory. I thank each of the following for their gems of wisdom, many of which are included in this book: Jo Daly, Gina Inez, Beth Miles, Willa Esterson, Latifa Tabachnick, Louis Klein, Richard Pitt, Roger Morrison, Nancy Herrick, Jeremy Sherr, Andrew Lange, Rajan Sankaran, Steve Subotnick, Vega Rozenberg, Robin Murphy, Francisco Eizayaga, Mike Berold, Jeff Lester, Stephen Messer, Jeff Baker, Durr Elmore, and Andre Saine.

I am especially grateful to Lynn Amara of Sacramento California, for her knowledge, wisdom, patience, excellent teaching and organizational skills, and her tactful defense of Dr. Kent when frustrated students were ready to locate and exhume him, force him back to life, and insist that he define coryza. It would not be unfair to say that this book is her teaching, translated through my learning process, and lightly mixed with the wisdom of others. I am also deeply indebted to Latifa Tabachnick for her support of my homeopathic training; without her, this book would not have been written. Finally, I am grateful to Samuel Hahnemann why crystallized this health care model called homeopathy that helps me make sense of the world in which I live, the people in it, and the processes through which we travel.

Karen B. Allen April 2,
1994 Seattle,
Washington



Karen Allen

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