

ANO - bowel pessary from Junker

Reading excerpt

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of

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Area of application:

For distension; all illness of the digestive tract and all after-effects such as: sluggishness of the bowels, (hyper- and hypokinesia of the gut), intestinal autointoxication, anaemia, liver disturbances, ulcers of the digestive tube; all following illnesses: organs of blood formation and cleansing, organs of blood circulation, immune system, metabolic system as well as after-effects of all illness of the bowel.

The ANO from Junker® is a polished matt ergonomically formed small polycarbonate tube with a weight of approx. 5 g and a length of 7 cm. This small tube enables distension of the entire intestinal tract to dissipate. With longer term use, the discharge of gas occurs in small doses and is almost odourless.

Distension occurs primarily due to chyme (the partially digested food that leaves the stomach) remaining too long in the gut. Decay and fermentation products increasingly develop, leading to the excess production of gas. These over-extend the gut, causing the muscles to become slack, altering the position of the gut and the other inner organs.

When should the ANO be used?

People who are working should insert the ANO after the final stool of the day (before going to bed) and remove it for cleansing in the morning before the first stool. This helps to prevent it becoming obstructed and the gases can, especially at the beginning of treatment, discharge easily due to the high pressure. People who are not working can also use the ANO for the whole day since they can more easily check and cleanse it. Particularly at the beginning, the ANO will frequently become obstructed. After just a few days, you will establish that your abdomen is softer and your girth reduced. The ANO can in principle be used during all sports. The smelliness is hardly noticeable after 14 days of use. The ANO is to be cleansed with the enclosed pipe-cleaner, with some soap under running warm water – do **not** boil or sterilise it!

Tips for the use of the ANO:

Cramp of the anal sphincter resolves with long-term use of the ANO. When first using the ANO, the first changes become noticeable after approx. 3 days. The colour of the faeces initially becomes darker, it no longer floats and smells very much as if rotten. Old faeces is discharged. The smell becomes increasingly neutral. After approx. 14 days, the distension is discharged almost with any residual smell. The faeces becomes paler and it floats. It still contains gases that make it lighter. The abdomen becomes softer and the size of the girth diminishes. The need for sleep drops. Gradually the skin becomes noticeably firmer. Often liver spots due to old age disappear. Haemorrhoids can also improve, at least partially. After just a few days, there is no more itching in the anus. In many cases, acne disappears. Unpleasant vapours discharged via the skin or lungs are also reduced. Failures or side effects are unknown. You can find much more information in the instruction leaflet.



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