

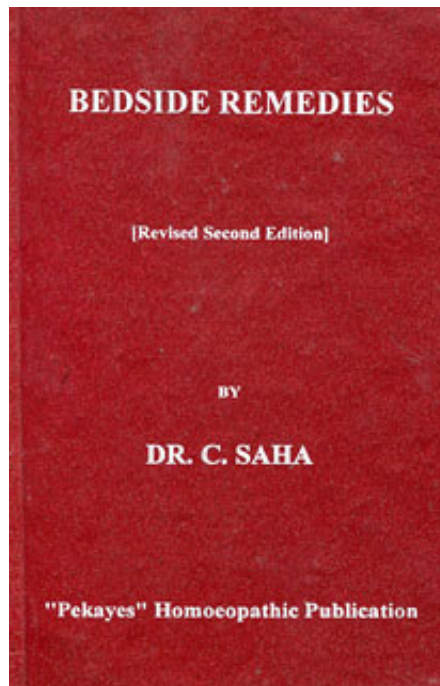
B. Saha Bedside Remedies

Reading excerpt

[Bedside Remedies](#)

of [B. Saha](#)

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+ **HYPERTENSION**

- **Hypertension** in young adults warrants renal investigation. (Dr. Robins)
- Remember that onions help keep blood pressure down. (E.W.Hubbard).

- Aconite In severe hypertension, this medicine in any potency is invaluable when the patient develops pins and needles sensation down his arm. (R.A.F.Jack).
- Adrenaline Chloride in potency can save the Homeopathy prescriber as a useful palliative in hypertension, thus lowering the blood pressure. (R.F.Rabe).
- Spasm first followed by hypertension such seems to be the evolution of the hyperpiesis. We find in our Materia Medica, a perfect correspondence. The spasmodic state corresponds with Nux vom, Spigelia and Viscum. Established hypertension to Baryta Carb and Plumbum. Do not forget Ignatia for the temporary hypertension following emotional shock. (L.& P. Vannier).
- For those hypertensive who crave salt, Phosphorus will frequently counteract the bad effects. (H. W. Eisfelder).
- Acute and chronic congestion of hypertensive with hypertension itself come under the domain of Veratrum Vir. Oppression, sighing, rapid respiration and gasping for breath are their distressing symptoms and it is the only salvation. (Bellokossy).
- Pituitary hormones raise the blood pressure. Conversely, given in a potentised form, such as the 200th or higher. Pituitary, in cases of hypertension due to arterio-sclerosis, will reduce the pressure and relieve the headaches caused by increased blood pressure. Potencies of the anterior portion of the gland appear to be the most efficacious. (Rudolph).
- Functional complaints in hypertensive such as numbness of the extremities without warning, but always easily precipitated by exposure to cold, cardiac palpitation, air swallowing and vague left precordial pain are met nicely by Sumbul.
- I use two remedies in hypertension quite a lot; one is Carbo Sulph. This remedy I often give when the basic picture of the patient is Sulphur, particularly when they have quite marked giddiness in an acute bout. The other remedy is the use of Antimony Arsenic. Here, we have left heart failure with nocturnal attacks of breathlessness, with rattling. This works on the principle of

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**Excerpts from Dr.C. Saha,
Beside Remedies**

a combined Antim tart and Ars alb. The Ant. Ars alone seems to work quite well. (H.W.Boyd).

- The real danger is a very bad malignant case with no high blood pressure at all. The systolic may be quite low but with a high diastolic, Crataegus I think, comes in here, as a very valuable remedy, and I think you might consider using it in big doses, i.e. 30 minims t.i.d. (T.D.Ross).
- Adrenalinum 200 to 10 M gives me great results sin what other Doctors pronounce high blood pressure and its results. (Yingling).
- Arnica is best in essential hypertension. (Junkermann).
- The following remedies are known to produce high blood pressure : Baryta Carb, Conium, Digitalis, Opium, Secale cor, Tabacum and Uranium nit. (F.C.Askenstedt).
- A combined remedy which is of use in hypertension is Crataegus, Glonoine and Passiflora (C.G.P.). Dr. Stewart and I have used this remedy in cases of Hypertension where the symptoms available are insufficiently clear cut to indicate any individual Homoeopathic remedy. C.G.P. appears to be able in daily doses, to keep hypertensive comfortable and prevent deterioration in their general condition. (W.Lang).

+• HYSTERIA

- I always carry Moschus in my pocket case, on account of its gre^{at} value in 2 conditions demanding speedy relief. They are the hysterical paroxysm' and 'nervous palpitation'. I know nothing which so rapidly dissipates an hysterical attack, even when it has gone as far as unconsciousness, as Moschus. It is probably Homoeopathic to this condition, as it was early noted that in hysterical subjects the odour of the drug was liable to bring on their work. It is of no less potency in palpitation which has been set off by some nervous excitement, when there is no organic disease of the heart. (Hughes).
- In violent hysteric attacks, a drop of Rubinis' Camphor on a little lump of sugar every 5 to 10 minutes is invaluable. (Bayes).

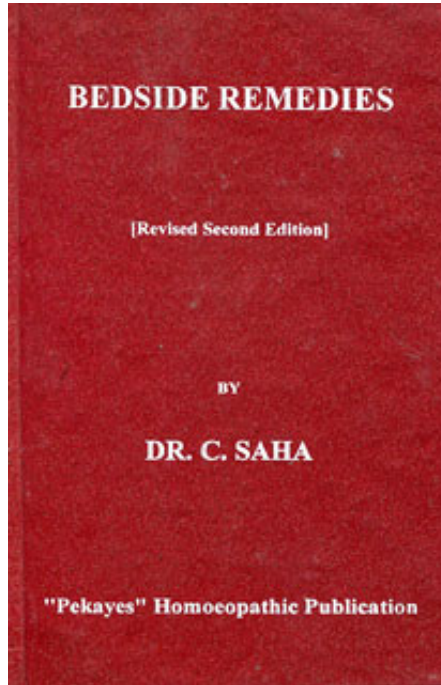
4* Hyperemesis Gravidarum/Vomiting of Pregnancy

- In cases of hyperemesis gravidarum which is a very important complication of pregnancy in the first trimester, I know of no medicine which can cope with obstinate cases more effectively than Lac Vac Deflor. One thing that is necessary along with medicinal treatment in severe cases is to put the patient on liquid diet (small in quantity at a time) and sometimes, if necessary, rectal glucose 5% with normal saline may be given every 6 hours. (Ghosh).
- Thyroidinum controls ordinary cases of vomiting during pregnancy well, but in very obstinate cases of hyperemesis gravidarum Lac Vac Defl. 200 stops the vomiting more effectively than Thyroidinum, even when the vomitus is not acid. (Ghosh).
- In cases of vomiting of pregnancy which fail to respond to SymphoricorpaIs : Mancinella.

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