

Anne Vervarcke

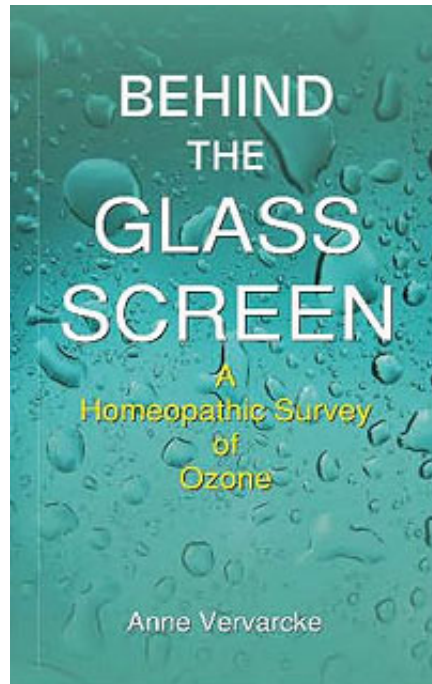
Behind the Glass Screen

Reading excerpt

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of [Anne Vervarcke](#)

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Narayana Verlag GmbH, Blumenplatz 2, D-79400 Kandern, Germany

Tel. +49 7626 9749 700

Email info@narayana-verlag.com

<http://www.narayana-verlag.com>



INTRODUCTION

The reason for writing this book is that the homeopathic remedy Ozone has been a frequent visitor to my practice in the last couple of years (and has delivered remarkable results) and yet I didn't see this remedy before... in every sense of the word. We only perceive what we know.

Because I rarely came across Ozone cases from fellow homeopaths I suspect that the possibility exists they might also miss the pattern which, thanks to the many cases who responded well I now clearly and easily distinguish.

The remedy does not belong to our so-called big remedies and this is probably wrongfully so. Graphites, Nitricum and Fluorine are dealt with extensively in our classical literature and belong to the popular repertory of every homeopath with a minimal of training. Ozone and/or Oxygenium on the other hand seem 'neglected' or easily overlooked. Isn't this somewhat surprising for such an omnipresent element? Or is this exactly what explains its absence?

Our classical repertory of remedies is mostly based on the customary Pharmacopoeia of Germany and additionally of Western Europe in the 18th-19th centuries. If homeopathy had been formulated as a law of cure in China in 500 AD, homeopaths would possibly have started off with a totally different set of 'classical remedies'. Probably because our Pharmacopoeia consisted mainly of plant substances and some elements, which were added later, based on

empirical knowledge, remedies such as Hydrogenium or Oxygenium, were lacking. They were just too omnipresent to qualify them as remedies. We do have them in combinations (acids and bases), but as I have already argued in "The Charm of Homeopathy"¹, they form new entities that cannot be reduced to their constituent parts.

There is a thorough Ozone proving by Anne Schadde, which helped me recognize my first Ozone case. Provings are one of the fundamental pillars of homeopathy: we cannot do without them.

In addition to that, the evolution of homeopathic thinking has led to a better system: analyzing the larger groups and kingdoms before we differentiate the individual substances gives us more certainty in prescribing. In the same way we shall fit in the Ozone theme into a larger frame.

Finally, a large number of cases have been selected for this book as the crux of our art is and will always be the individual case. In the same way, Osho used to say enlightenment is tested on the market place, homeopathic theory and methodology has to prove its value with every case. Together with the provings and the understanding through system analysis I hope they complete the remedy picture in many different expressions.

¹ Anne Vervarcke: *The Charm of Homeopathy*, pp 42-44, The White Room, Leuven, 2006., *The Charm of Homeopathy*, (revisited version) B. Jain Archibel, 2008

The beauty of remedy descriptions in homeopathy is that once the vital disturbance is known you can add aspects and/or expressions from every patient. The same disturbance which can be treated with the same remedy can express itself in diverse ways with each patient. It is a bit similar to women of different age and size putting on the same dress: every person will give it a specific 'filling' by which she can make a unique impression. And as with all comparisons this one falls short as well. After all, the patient has to use language to convey us his feelings, thoughts and sensations.

Language is the medium of homeopathy. The role of this medium is often not appreciated enough or even completely neglected. The vital sensation or vital disturbance is the very profound and individual experience of a person. It is always there and it is only one.

All kind of happenings, feelings, and occurrences in life will trigger it as it is always present but one is only aware of this vital sensation when it is disturbed. It is like an upset stomach: one will feel pain, acidity, discomfort, anxiety, drain of vitality, irritability and everything that is connected with it. As soon as the pain is over, all the feelings, thoughts and sensations about the stomach disappear with it. But one still has a stomachIn the same way an undisturbed vital sensation will leave a person in peace of mind, in a calm emotional state, in maximum vitality and free of physical symptoms. On the other hand: when the vital sensation is disturbed it will express itself in signs and symptoms in a particular pattern.

The detailed depiction of the Ozone pattern is the purpose of this book. This pattern will be 'translated'; this means a person has to put words to it. Often this is difficult because the deepest experience normally is not made explicit, as the person feels no need. He is not aware it is his own way of experiencing reality and often he will struggle to express it. But since the vital sensation shows itself on all levels, even without the language of this deep level we can discern the Ozone picture clearly. After all we have to 'translate' it, because this is what homeopaths do, into a meaningful pattern. Even with small children who don't talk, we 'translate' our observations or the report from the parents. We cannot get around the fact that someone's use of language, and either skill or lack of it, is a filter through which the information runs.

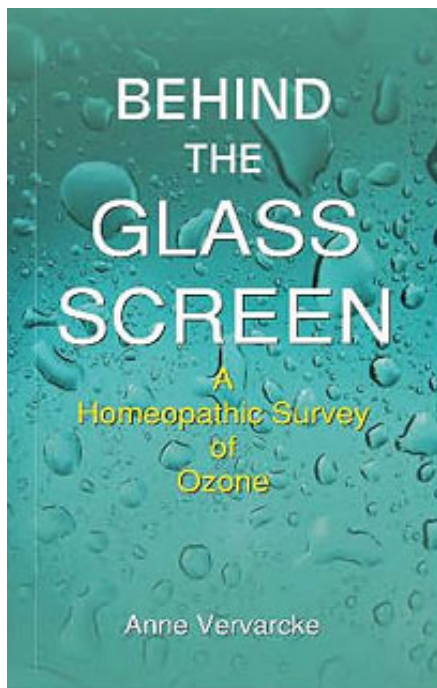
Through various cases we hope to paint a picture as complete as possible. For that reason also a child's case is recorded. Apart from six complete cases there are also - hopefully - enlightening quotes from other Ozone cases. Some of them had been given other remedies first but in retrospect had been using Ozone language since the first consultation. When you have understood the similimum this will be invariably the case. It couldn't be any different: the patient can only express his vital disturbance; what else could he do?

A few Oxygenium cases are mentioned in short to make a comparison and differential diagnosis.

This book also contains information on the clinical and physical properties of the element Ozone and its contrast with Oxygen. Furthermore, its role in the system Gaia and the question of why there is such a thing as useful and harmful ozones are answered. A chapter is dedicated to the applications, with emphasis on the therapeutic, and finally the substantial part of this book as mentioned before, is made up of cases.

To recognize the pattern in a case you need time and attention. In practice this comes down to registering every word the patient says and allowing a natural flow. The patient always takes the homeopath to where the treasure is buried and we can fully rely on this. This will be explained further in the chapter on the AV method.

The cases are presented here in an unabridged version to show how even ordinary stories and actions can carry the vital disturbance in them and how the interviewer time and again searches for a deeper level - until the patient reveals his deepest sensations in words and we are sure of the required remedy.



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A Homeopathic Survey of Ozone

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