

# H.C. Malhotra

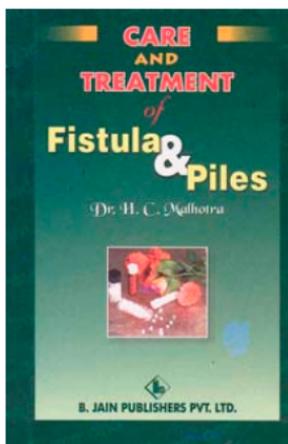
## Care and Treatment of Fistula & Piles

Reading excerpt

[Care and Treatment of Fistula & Piles](#)

of [H.C. Malhotra](#)

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## **TYPES AND VARIETIES OP PILES**

Most people do not have a correct conception of piles. Its various forms are not known to them. Only if a person is alarmed by loss of blood or distressed and tormented by pain or any other serious inconvenience, he talks to his near relatives or friends about it. They immediately suggest him some domestic treatment or some 'sure cure' and the lay treatment is commenced. It is in extreme trouble and great difficulty that the patient presents himself to the doctor for consultation, advice and treatment. On the other hand, if he is not bothered by any great difficulty of piles he does not pay any heed to it, its causes, its implications, sequalee, or effects on his system, on his general health

## CAUSES OF PILES AND ITS COMPLICATIONS

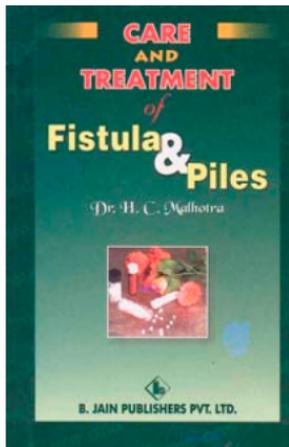
In the medical literature the following three causes are given as main and important to give rise to piles:—

1. Constipation.
2. Sedentary occupations and habits.
3. The habitual use of powerful purgatives.

The first cause given is obviously *chief* one and needs to be dealt with in detail. The second is responsible for constipation. The third shows that the patient would not use these purgatives if he was not suffering from constipation. We, therefore, consider below constipation, the most important cause of piles.

### **Constipation**

Constipation is a great problem of modern civilised world. In fact it is a scourge of



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[Care and Treatment of Fistula & Piles](#)

104 pages, pb



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