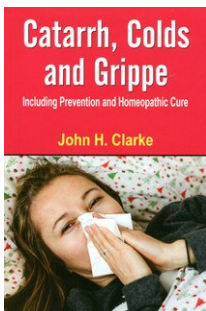


John Henry Clarke Catarrh, Colds and Grippe

Reading excerpt
[Catarrh, Colds and Grippe](#)
of [John Henry Clarke](#)
Publisher: B. Jain



<https://www.narayana-verlag.com/b1335>

In the [Narayana webshop](#) you can find all english books on homeopathy, alternative medicine and a healthy life.

Copying excerpts is not permitted.
Narayana Verlag GmbH, Blumenplatz 2, D-79400 Kandern, Germany
Tel. +49 7626 9749 700
Email info@narayana-verlag.com
<https://www.narayana-verlag.com>





Catarrh, Colds and Grippe,

CHAPTER I.

COLDS.

VERY little sympathy is bestowed on an unfortunate who has taken a cold in his head. It is a humiliating thing, and he feels it. Also, what is worse, his friends share his feeling, and despise him (secretly, of course) as much as he despises himself, and vote him a nuisance. It must have been mere stupidity on his part, they feel, that made him catch the cold—if it was

some of my readers may be inclined to vote him right off "a nasty, dirty thing," there was some truth in his criticism. And, indeed, he is an impartial witness, as he is himself a bath-doctor, being resident physician at one of the great continental bathing establishments. There are some people, mostly young men, who think it quite necessary to wash their heads in cold water every morning, and quite unnecessary to dry them. This, they think, clears their brains, and saves them the necessity of using bear's grease—the hair when wet lying flat and straight without it. The human organism is really very accommodating, and will sometimes bear

Catarrh, Colds and Grippe

Including Prevention and Homeopathic Cure

John H. Clarke



John Henry Clarke

[Catarrh, Colds and Grippe](#)

Including Prevention and Cure

136 pages, pb
publication 2008



order

More books on homeopathy, alternative
medicine and a healthy life

www.narayana-verlag.com