

Vassilis Ghegas

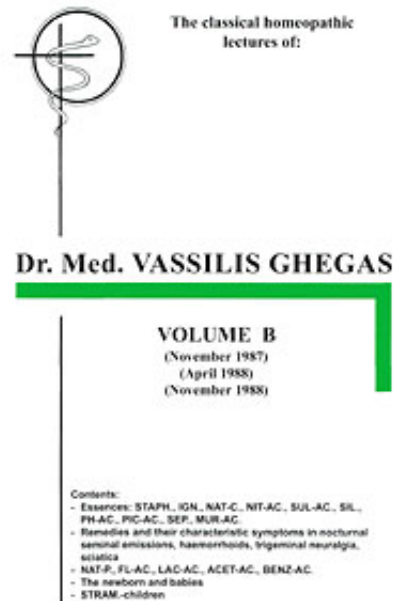
Classical Homeopathic Lectures - Volume B

Reading excerpt

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of [Vassilis Ghegas](#)

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Tel. +49 7626 9749 700

Email info@narayana-verlag.com

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STAPHYSAGRIA : ESSENCE

STAPH. is a remedy that is very difficult to find because:

- The personality makes it difficult for the therapist to discover STAPH., because they are too kind and too gentle.
- There is almost no physical information which can help us to find the remedy. The best keynote is the aggravation from the afternoon sleep (K 1402: sleep, after, afternoon, agg.).

There is no desire or aversion to specific foods, they are not chilly or warm blooded etc. Using the repertory-information, you will rarely diagnose STAPH.

- STAPH. has a strong connection with the sexual sphere. The patient won't talk about this: they are very shy on this level. Because of AIDS, the sexual revolution has ended. A lot of youngsters suppress their sexual feelings because they are afraid of AIDS and thus, they become STAPH.
- In most cases, STAPH. has to be discovered via the essence or via the patient's soul.

The central idea of STAPH. is:

SUPPRESSION OF EMOTIONS

STAPH. is the most sensitive remedy in the whole Materia medica. Their extreme sensitiveness makes them very easily filled with indignation and yet, they aren't say anything. That's why they suppress their feelings and anger (K 79: sensitive, rudeness, to; K 55: indignation, bad effects following; K 2: anger, suppressed, from).

In the interview, STAPH. will talk easily about everything except their deep, emotional problems. They are very introverted on this level. Even when they get several remedies without result, they will come back and remain kind and gentle towards the therapist.

STAPH. has a kind and soft appearance. They are even kinder and softer than PULS., with whom you will easily confuse them.

As a therapist, you may get the impression that they can never be angry or irritable: they suppress all their feelings and they swallow them. They miss the protection that normal people have by getting angry from time to time. They are unable to react against emotionally unpleasant things happening to them. STAPH. isn't revengeful at all: they suppress these feelings and keep everything inside.

Very often, STAPH. don't understand their own suppression. They think it's very normal to endure all these situations. They may even feel well in a situation of suppression. You can be surprised about all the things STAPH. can endure on the emotional plane.

Those who are predestined to become STAPH. have a tendency to suppress every irritation and vexation without any reaction to express their feelings. In addition, they have no protection against oppressive situations around them. They don't want to quarrel, they are interested in the opinion of others and are not irritable. Such a person can become STAPH. in an acute situation and in that case d.d. with IGN., ACON.,

PH-AC. or GELS, is very difficult (K 51: grief, ailments, from). Little by little, these persons can also become STAPH. because of continuous suppression.

- Society, the civilization, governments, religions, work situations and education can produce STAPH. by suppression.

A. STAPH. - CHILDREN

Situations in which children can be emotionally suppressed

- Think of STAPH. in children who have been over-sensitive since their birth. As soon as there is any suppression from their environment, they can become STAPH.
- Think of STAPH. in children who are over-protected, or children who get the wrong affection from the mother: e.g. the single child.
- Think of STAPH. in case of a late arrival, at least 10 years after the other children. Often, such a child is used by the parents to help them.
- Think of STAPH. in children whose parents are divorced, where children have been pawns in the parents' fight. Such a child can develop tics or start stammering when it witnesses its parents' quarrels (these are signs for the complementary remedy CAUST.).
- Think of STAPH. in children who are educated by the grandparents. In most cases, they have to adapt themselves to the grandparents' way of living. Older people can demand too much of the children or be too strict. These children can develop headaches or stomach troubles.
- Think of STAPH. in children who have lost one parent and because of this, have to go to a boarding school or to foster parents. Children who have been suppressed in a boarding school may become revolutionary youngsters (CAUST.).

- Think of STAPH. in children, suppressed by the school system or by teachers:
 - because they have to learn things they are not interested in.
 - because they have to write with their right hand against their will (which can lead to serious mental problems).
 - because they are punished (so, a child can develop a COLOC.-stomachache).
 - because special artistic talents are suppressed (e.g. everybody has to play the same melody).

These children can develop headaches or abdominal pain when they have to go to school.

- Think of STAPH. when parents oblige their child to do things she is not gifted with (e.g. artistic parents oblige their child to learn dance).
- Think of STAPH. when children don't have enough room to play (e.g. in a small flat without a garden). These children have to suppress themselves.
- Think of STAPH. in children who are too often left alone by their parents or who don't get enough love and affection from them.

STAPH.-signs in children

- Psoriasis is one of the most frequent signs of STAPH. This makes STAPH. one of the most important remedies for psoriasis. Especially in children, you have to think of STAPH. (also think of it in case of skin eruptions from emotional troubles).
- Complete or partial loss of hair (alopecia). Think of STAPH. in children and of PH-AC. in adults.
- Cramps or tics in the face, on the lips, the eyes or eyelids.
- Involuntary movements with the arms.
- Beating himself as a kind of self-destruction. This behaviour can begin when the child suppresses his emotions.
- Bed wetting or frequent urination,



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Dr. Med. VASSILIS GHEGAS

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Contents:

- ESSENCE: STAPH., IGN., NAT.-C., NIT.-AC., SUL.-AC., SIL.,
PH.-AC., PIC.-AC., SEP., MUR.-AC.
- Remedies and their characteristic symptoms in nocturnal
seminal emissions, haemorrhoids, trigeminal neuralgia,
sciatica
- NAT.-P., FL.-AC., LAC.-AC., ACET.-AC., BENZ.-AC.
- The newborn and babies
- STRAM-children

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