

Vassilis Ghegas

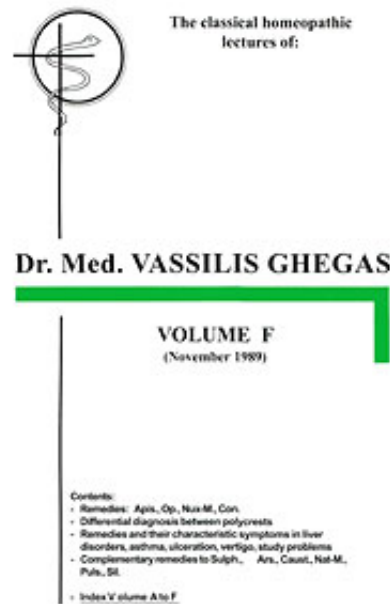
Classical Homeopathic Lectures - Volume F

Reading excerpt

[Classical Homeopathic Lectures - Volume F](#)

of [Vassilis Ghegas](#)

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PAPER CASE : PHOSPHORUS- LACHESIS

First consultation

- *It concerns a woman, 54 years old, 58 kg, 1.55 m.*
- *She has had arthritis since the age of 20 because she was forced to work in a very dank house with no sunlight.*
- *She has pain everywhere: in her bones, in the back, the neck, the left knee. She suffers most when she is in bed, constantly shifting her body from the pains. She is stiff if she sits still for a long time. Wet weather aggravates most. She feels less pain when she is busy during the day. She likes the summer, the sun and the warmth. Cold weather and touching cold things aggravate the pain.
The pain and stiffness is more intense when she is emotionally upset. She can be irritable but she won't express it. During the interview, she wants to weep but she stops. She says she is too introverted. Her parents are dead. She has had many setbacks in her life.*
- *She is intolerant of drafts of air+++ . Taking a bath causes itching all over the body. Her nails break easily+++.*
- *She has tinnitus.
The menses stopped 3 years ago. Ever since, she has had hot flushes and perspiration.*
- *Her feet are ice cold and she can't warm them.*
- *She always falls asleep on the right side. It is impossible to lie on the left side because it would cause pain in the left breast and in the region of her heart.*

- *She has fear of heights, is afraid of mice, cockroaches and thunderstorms++.*
- *She feels best in the morning, worst in the afternoon.*
- *She is very thirsty, likes milk, vegetables++, fish++ and she has an aversion to fat+++.*

Discussion by Vassilis

- Her main complaint pictures RHUS-T. The pain has all modalities of RHUS-T., even the causation is typical of RHUS-T. She is restless day and night to relieve the pain.
- The patient was given RHUS-T. M.

Two months later

- *There was no improvement in her complaints.*

Discussion by Vassilis

- The fears indicate CALC. (fear of heights, fear of mice and fear of thunderstorms). The rheumatic complaints also fit in with the picture of CALC. and her nails break easily which is typical of CALC. However, Vassilis doesn't want to give CALC. because : RHUS-T. is very close to CALC., has a lot of symptoms in common and is complementary. If RHUS-T. didn't act at all for 2 months, CALC. would not act either. Therefore, he will look for another appropriate remedy.
- The patient likes fish, is thirsty, afraid of thunderstorms, can't sleep on the left side. These are all indications for PHOS.
- The fact that the patient can't sleep on her left side because it causes heart complaints is a very strong indication for PHOS. The patient is introverted, however, and has had many setbacks and griefs, but this is not a reason to withhold PHOS. (negative or absent symptoms are less important than positive or present symptoms).
- The patient was given PHOS. M.

Two months later

- *The patient's condition had remarkably improved. The rheumatic complaints disappeared soon after the remedy was taken.*
- *Only the hot flushes and the perspiration remained.*
- *The patient is irritable.*

Discussion by Vassilis

- The patient still has to sleep on the right side and can't possibly lie on the left side. Take into account the hot flushes and you must consider LACK, as a complement to PHOS.
- The patient was given LACH. 200 K.

Two months later

- *After LACH., the hot flushes quickly diminished and then totally disappeared.*
The patient felt well.

One year and a half later

- *The patient had a relapse of the rheumatic complaints.*
- *Again, she was given PHOS. M. with good results.*

Conclusion

- From this case, we learn that you always have to look for the backbone of a polycryst during the interview. If you find one, start with the polycryst even when not indicated at first sight for the acute symptoms.
- Sometimes, the acute symptoms are so severe that they dominate the case. The patient suffers so badly that you haven't got the chance to meticulously check the whole case. In such cases, give a remedy that fits the acute situation.
- Here, RHUS-T. was the picture that was right for the rheumatic complaints (the acute condition) and PHOS. fit in with the whole (as a polycryst).
- You will often find that a remedy does not act for the acute problem if you do not improve the patient's general constitution - just like RHUS-T. did not act in this case. If the patient's general energy improves after the polycryst, and there is still a specific complaint, search for a specific remedy that can be indicated for that remaining complaint.



The classical homeopathic
lectures of:

Dr. Med. VASSILIS GHEGAS

VOLUME F
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Contents:

- Remedies: Apis, Op., Nux-M., Con.
- Differential diagnosis between polycrests
- Remedies and their characteristic symptoms in liver disorders, asthma, ulceration, vertigo, study problems
- Complementary remedies to Sulph., Ars., Caust., Nat-M., Puls., Sil.
- Index V volume A to F.

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