

Vassilis Ghegas

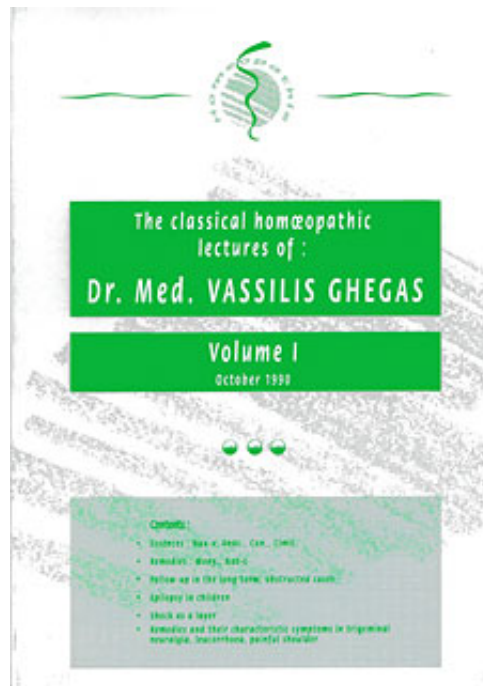
Classical Homeopathic Lectures - Volume I

Reading excerpt

[Classical Homeopathic Lectures - Volume I](#)

of [Vassilis Ghegas](#)

Publisher: Homeo-Study



<http://www.narayana-verlag.com/b5413>

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<http://www.narayana-verlag.com>



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Volume I

CIMICIFUGA: ESSENCE

The central idea in CIMICIFUGA is :

CLOUDINESS

CIMIC. is a cloudy, confusing, misguiding remedy on all levels.

CIMIC. is often a cloudy case

- They can misguide you by their changeability.
- They can confuse you because they resemble other remedies.
- The case can become so cloudy that you won't see clearly anymore and by giving other remedies you will be confronted with an obstructed case.

CIMIC resembles other remedies

- They are very changeable and have similarities with other remedies :
 - * Sometimes, they are soft and weep frequently, so you would give PULS.
 - * Sometimes, they are over-sensitive and sigh a lot, so you would think of IGN.
 - * They can also be irritable and can not stop crying, so it would make you think of SEP.
 - * They can even be critical and have serious troubles during the menses, so you would give LACH.
 - * They frequently suffer from rheumatic pains and sigh, and you would give CALC-P.
- Because none of the remedies mentioned above will give results, the case will remain unchanged.
- In the cases mentioned above, you have to think of CIMIC, which can clear up the case.

CIMIC. is a very changeable remedy

- There can be an alternation between mental and physical symptoms (K 65 mental symptoms alternating with physical). So, rheumatic pains can disappear while the patient becomes depressed and melancholic. (This is a suppression).

- There can be an alternation in the emotional condition (K 11 cheerful alternating with sadness), so that the one time they are cheerful and the other they are sad.
- There can also be an alternation in the physical complaints : one time they have a headache, the other time the headache will be gone but they will suffer from arthritis.

When do you have to think of CIMIC. ?

- When you see an alternation between rheumatic complaints and hysterical behaviour.
E.g.: A young girl with rheumatic complaints has been treated with cortisone or another medication. The joint complaints have disappeared, but now she is depressed, weeps a lot and sometimes behaves hysterically or neurotically.
- When you see the combination of rheumatic complaints and hysterical behaviour.
- If there is suppression of any arthritis, where the patient becomes depressed, melancholic or neurotic.
- When you see the combination of melancholy with a lot of weeping, together with irritability.
- When you see a headache in someone who is frequently depressive and who weeps a lot.
- When you see the combination : arthritis and trembling and melancholy with a lot of weeping.
- When your patient suffers from rheumatoid arthritis and chorea.

A. CIMIC. ON THE MENTAL LEVEL

CIMIC has the sensation that they are surrounded by clouds

(K 22 delusions clouds, heavy black enveloped her).

- They can say :
 - * I have the sensation that there are clouds before my eyes.
 - * I have the sensation that there is a dark cloud over me, I am caught in it.
 - * I can't see clearly, I have to look through a kind of mist or a cloud.
 - * I am a bit dizzy, as if I am looking through clouds.

CIMIC. can think that they are going insane

- They can be very confused, especially during the menses (K 15 confusion, menses, before; menses during).

- They get a sensation, as if they will become insane, especially during the menses (K 28 delusions, insane, that she will become ; K 45 fear, insanity of).
- They can be so anxious about this sensation during the menses that they will come to you and ask for something to stop the menses.
- Other patients will anxiously wait until the menses start

CIMIC. has strange sensations

- Examples of strange complaints which they can tell you :
 - * Something is pushing my brains upwards (K 201 head, pain, pressing vertex, upward).
 - * I have the sensation that my brains are full of air.
 - * I have the sensation that my head is open (K 188 head, pain, open, as if ; K 132 head, opening, sensation as if opened and let in cold air).
 - * I have the sensation as if wind is blowing in my brains.
 - * I have the sensation that there is a hole in my head and that the wind is blowing through it.
 - * I have the sensation that there is a tree growing on my head.
 - * I have the sensation that there is a tree in my head which makes holes in my skull.
- They are afraid of getting insane because of these strange sensations.
- In all strange sensations concerning the skull, the head, the brains or the mind, especially in relation to the menses: think of CIMIC.!

CIMIC. can sigh like IGN.

- This is one of the most important sighing remedies (K 80 sighing).

CIMIC. can be depressed

- The expression of their depression is usually endless weeping. (K 75 sadness, mental depression).

They can be hysterical or neurotic

- Particularly again during the menses (K 53 hysterical, menses, during).They can also be irritable at this time.

B. CIMIC. ON THE EMOTIONAL LEVEL

In CIMIC, there is a sudden change in the state of mind

They can suddenly change from one state of mind into another. The one time they are laughing and happy, the other they are depressive and melancholic, in combination with a lot of weeping (K 11 cheerful, alternating, sadness, with). It can make you think of PULS., and if they sigh in addition, you might confuse with IGN.

They can misguide you in the consultation. They can be very cheerful during the interview, while they can start crying hysterically when they come home afterwards.

CIMIC can be loquacious or silent

Here too, you will see the changeability : the one time they can not be silent and change from one subject to another (K 63 loquacity, changing quickly from one subject to another). The other time, they may refuse to answer (K 3 answer, refuses to ; answers, aversion to, loquacious at other times).

C. CIMIC. ON THE PHYSICAL LEVEL

They can have headaches that are better in open air (K 136 head, pain, air open, amel.).

They experience all kinds of rheumatic pains, which are worse during the menses (K 1045 pain, extremities, menses during).

They easily get a stiff neck from drafts of air (K 947 stiffness, cervical region, air, draft of). When they sigh in addition, differential diagnosis with CALC-P. is difficult. The neck problems can cause headaches or vertigo

They can have vertigo that starts in the neck.

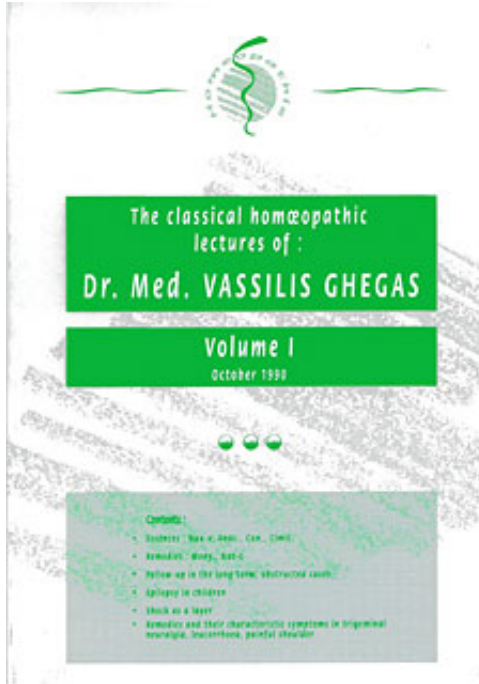
Everything is aggravated during the menses.

This symptom is always seen in CIMIC. It is the main keynote. As far as this is concerned, you could confuse with LACH. Their problems can also get worse before the menses, but they are worst during the menses: this goes for the headache, the pain in the joints and the vertigo.

They have irregular and painful menses (K 726 menses, irregular ; K 727 menses painful).

They can be physically restless when their mind is confused (K 72 restlessness). They can not find any rest.

They can tremble (K 1408 : trembling) and even have chorea (K 1347 chorea ; K 1348 chorea rheumatic).



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118 pages, pb
publication 1999



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