

# R.L. Gupta

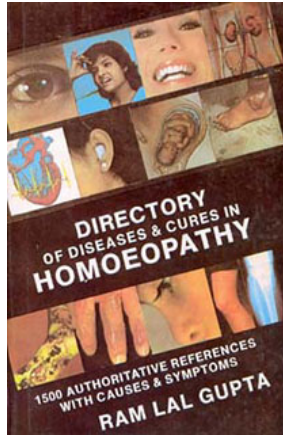
## Directory of Diseases & Cures in Homoeopathy - I

Reading excerpt

[Directory of Diseases & Cures in Homoeopathy - I](#)

of [R.L. Gupta](#)

Publisher: B. Jain



<http://www.narayana-verlag.com/b1503>

In the [Narayana webshop](#) you can find all english books on homeopathy, alternative medicine and a healthy life.

Copying excerpts is not permitted.

Narayana Verlag GmbH, Blumenplatz 2, D-79400 Kandern, Germany

Tel. +49 7626 9749 700

Email [info@narayana-verlag.com](mailto:info@narayana-verlag.com)

<http://www.narayana-verlag.com>



## ABBREVIATIONS & KEYNOTES FOR GUIDANCE:

- |                          |                          |
|--------------------------|--------------------------|
| 1. CF = Calcium Fluoride | KS = Kali Sulphuricum    |
| CP = Calcium Phosphate   | MP = Magnesium Phosphate |
| CS = Calcium Sulphate    | NM = Natrum Muriaticum   |
| FP = Ferrum Phosphate    | NP = Natrum Phosphate    |
| KM = Kali Muriaticum     | NS = Natrum Sulphuricum  |
| KP = Kali Phosphate      | Sil = Silicea.           |

2. CP3x, KP3x, NM3x, or more in the book means CP3x + KP3x + NM3x, or more with one tablet of each salt in combined form:

- 4 grains dose for adults;
- 2 grains dose for children;

3. Always give bio-chemic salts in hot water except in acute gastritis;
4. Better to give homoeopathic medicines in liquid form-lower potency in acute & higher potency in chronic diseases;
5. Medicines in double or trio-form be given in alternation or one after the other respectively;
6. Mother Tinctures are written in Q potency, give them in drops doses in cold water or as directed.

## ABDOMINAL COLIC (Pain):

1. Ars. **alb.** 6,30, Nux.vom. 6,30, when pain causes to bend, turn, twist the body on the bed in all directions, stomach, epigastrium, swollen, gastroenteritis after decayed food, animal food, stimulents, spoiled milk food, great burning pain in stomach with restlessness and dryness of mouth, little thirst, nausea and vomiting along with diarrhoea, abdomen pain better by hot fomentations. The set prescription — Ars.30 and Nux.vom. 30, in alternation, be given after every 5,10,15,30 minutes according to the need, the biochemic salts — CP3x, KP3x, NP3x, NS3x, be given after every 2 hours to improve the digestion.

### CASE NO. 3

### ABDOMEN COLIC

It was a marriage day, some of the members of the family took decayed food, prepared last night in summer season. Three members started suffering with diarrhoea and vomiting. All had great burning pain in the pit of stomach with great restlessness, anxiety and dryness of the mouth. All were given Ars. alb.30 and Nux.vom.30 in cold water after every 5,10,15 minutes and all had immediate relief after 2 hours. Biochemic salts — CP6x, KP3x, NP3x, NS3x, were also given to improve appetite.

### CASE NO. 4

### ABDOMEN PAIN AND VOMITING

A young boy, neighbourer to me, took fried meat at night and at about 1 A.M. he had acute pain in the abdomen with burning at pit of stomach, vomiting, restlessness and anxiety, dryness of mouth with little thirst, pain better by hot fomentations. He was given the same set of treatment as mentioned in case no. 3 in the same way and patient slept in the night. In such cases heavy fried food be avoided. Only liquid or digestible diet be given.

### ABDOMEN PAIN

1. -Bell.30.200, and Nux.vom. 30.200, in case of pain in abdomen after meals, at the pit of stomach, hypogastrium pain, worse in the morning after stool, pain due to blocking of wind in constipation, great distention of abdomen, flatulent or inflammatory colic, crampy, pressing, cutting, gripping pains around naval region, along ascending, transverse and descending colons, spasmodic pain radiating from a point in the abdomen, patient tries to bend or press the abdomen for relief.

In all such cases of the patient, I use to give -Bell.30 or 200, one dose in cold water and after 10-15 minutes Nux. vom. 30 or 200, one dose (in case of high potency) and patient gets quick relief. I cured numerous **cases with this** prescription. This prescription may also be given in **acute pain due to** Appendicitis for immediate relief.

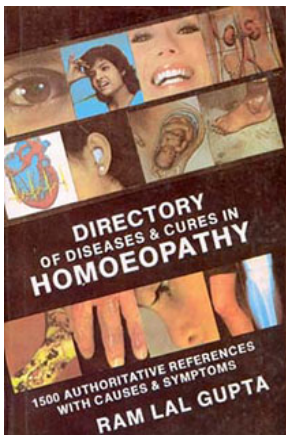
### Abdomen Pain-Dysenteric:

1. Colocy. 30, Nux.vom.30 and FP6x, KM3x, KP3x, MP3x-4grains, all in

ses too soon too short and cease flowing on lying down. Agonising pains in uterus- worse evening, extending to stomach, ovaries with icy cold hands and feet. Cactus-Q + Crataegus-Q (1:3) 10 drops dose is also given during low blood pressure and painful menses for better results.

12. Calcarea Carb-30. Useful in numerous complaints of menstrual flow with atony of uterus and relaxation of its muscles which causes too early, premature, profuse and protracted (lengthened) menses, worse after every 2 weeks and by least excitement, with flow of light or bright blood. Menses in drops just before 4-7 days of its start, then it becomes profuse and lasts long upto 8-10 days with cold damp feet, nocturnal shivering and colicky cutting pains in uterus with pain in hips, back and swelling of breasts. Suits well to women who perspire at night with acidity.
13. Caulophyllum-3X,6,30. In spasmodic, neuralgic and congestive dysmenorrhoea with severe pains during first two days, menstrual pains fly in all directions with pain in the back, aching and soreness of lower limbs, vertigo, chilliness and erratic or flying pains in limbs- shifting to other parts after every few minutes. Menses scanty, pale or in light colour, nausea and vomiting of bitter fluid. Intermittent pains in uterus, head, stomach and limbs of the body. After passive (inactive) flow there is an oozing from uterus with great weakness and trembling of legs and body.
14. Chamomilla-Q, 3X, 30: One drop dose in cold water after every 10 minutes in dysmenorrhoea with labour like pains in uterus, or pressing down pains in lower abdomen, vaginal passage, back, hips and down thighs to legs. During such painful menses, there is flatulence and distention of abdomen thirst, flatulent colic, better hot fomentation. Dysmenorrhoea due to suppressed menses after anger, cold exposure and chilling the body with cold water.
15. Cimicifuga-30: A useful remedy for rheumatic, neuralgic, spasmodic and congestive dysmenorrhoea, with pain in legs, joints and rheumatic pain in muscles of the body. Congestive or inflammatory dysmenorrhoea is due to the inflammation in the uterus, ovaries, cervix or fallopian tubes. Menstrual flow is generally irregular, dark clotted, scanty & copious with severe spasmodic pains due to uterine contraction. In other words, there are severe pains in the lower abdomen in the back-extending down thighs- during menses alongwith cramps, bearing down pressure in uterine region. More the flow, more the pains from pelvis to back, hip to hip- down thighs.
16. Coccus-3X,6,30: In dysmenorrhoea with profuse dark clotted and too early menstruation or spasmodic crampy colicky pains pressing in the uterine region *i.e.*, in the lower abdomen, very weakening menstruation with fainting spells, vertigo and numbness of hands and arms. Patient can hardly speak or stand during menses. Menses gushes out in a stream when rising from a seat, or it is irregular, scanty, retarded and painful. Before menses, there is excessive flatulence with fainting feeling in the stomach.

17. Colocynthis-30,200: In dysmenorrhoea with colicky, crampy, darting pains in the uterine region- (lower abdomen)- causing the patient to bend double, pains are better by pressure and warmth. Painful menses with restlessness, nausea, vomiting and cold feet, pain in left ovary with difficult breathing during menses. Agonising (mental torturing) squeezing pains in the lower abdomen- all ceases on appearance of flow. Menstrual colics with cramps in calves of legs-better by hot fomentations.
18. Conium.30: See case No.607.
19. Cyclamen-6,30: Dysmenorrhoea in chlorotic women, or due to suppression of menses after cold wet exposure with cold water or chilling the body in rain shower. Menstrual flow is irregular, profuse, black, clotted, early with labour like pains from back to pubes (hairy portion over pubic bone near the sexual organ). Membranous dysmenorrhoea with irregular menstruation, migarin headache, causing blindness, or fiery spots before eyes (*i.e.*, flaming or flickering of flames before eyes). There is scanty flow and contains shreds or small pieces like meat washing with congestive headache, morning sickness, nausea and vomiting. Breasts get swollen after menses.
20. Digitalis-6,30: Labour like pains in lower abdomen and back before menses then during uterine haemorrhage with great weakness, debility, L.B.P, and coldness of hands and feet.
21. Dulcamara-30. In dysmenorrhoea due to suppression of menses from cold water, cold exposure or chilling the body with cold water bathing at the start of menses. Dysmenorrhoea with blotches or rash on skin, swelling, tenderness and soreness of breasts with great thirst for cold water.
22. Gelsemium-30,200. In painful scanty, retarded, delayed or suppressed menses- due to cerebral congestion, with neuralgic pain about head and face- flushing of face, spasmodic colic, or labour like pains in uterus as if uterus were being squeezed or pain in the lower abdomen that is extending to back, hips, down thighs and legs. Aponia, sore throat with frequent urination during menses with no or little thirst.
23. Gnaphalium-30. Dysmenorrhoea with scanty and painful menses, weight and fulness in the pelvis, lumbago and numbness in lower part of the back, cramps in calves of legs, gouty pain in joints. Spasmodic or neuralgic dysmenorrhoea- with sciatica like pain extending cjown leg, colicky pains in abdomen- better during rest worse motion.
24. Gossypium-Q. 5-10 drops dose in painful suppressed, tardy scanty menses with backache and dragging down weight in pelvis, pains in ovaries, morning sickness and nausea. Uneasy feeling during menses with loss of appetite, nausea, and inclination to vomit. Menses are too watery with gastric pain and debility patient is tall, bloodless and has nervous chill. She



R.L. Gupta

[Directory of Diseases & Cures in Homoeopathy - I](#)

1500 Authoritative References with Causes & Symptoms

518 pages, hb  
publication 2004



More books on homeopathy, alternative medicine and a healthy life  
[www.narayana-verlag.com](http://www.narayana-verlag.com)