

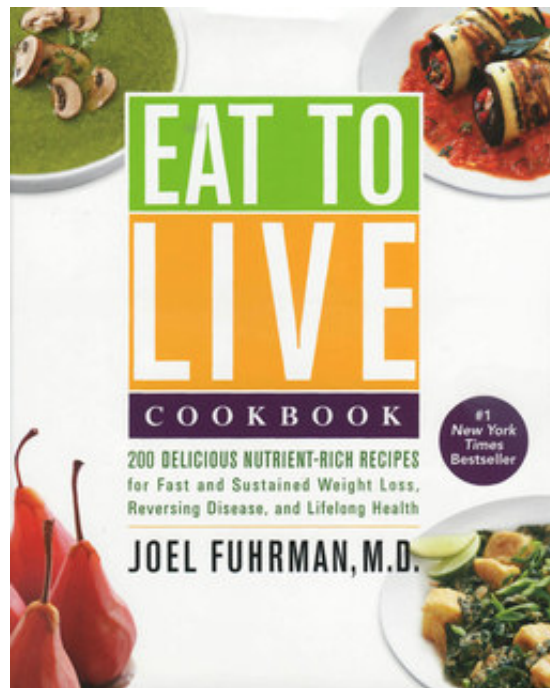
Joel Fuhrman Eat to Live Cookbook

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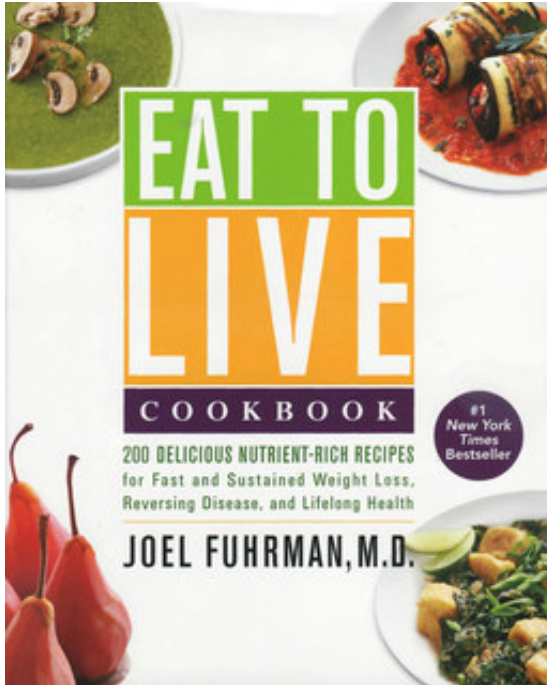
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Joel Fuhrman

[Eat to Live Cookbook](#)

200 Delicious Nutrient-Rich Recipes for
Fast and Sustained Weight Loss,
Reversing Disease, and Lifelong Health

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