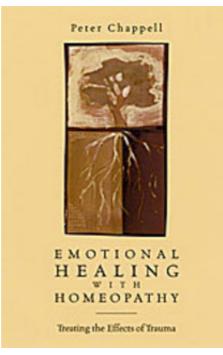
Peter Chappell Emotional Healing with Homeopathy

Reading excerpt Emotional Healing with Homeopathy of <u>Peter Chappell</u> Publisher: North Atlantic Books



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Preface

This book has deeply changed people's lives and has literally saved some lives. Many people have resolved their traumas just by reading this book. People have become homeopaths after reading this book. This book tells you how to reach deep inside to those almost untouchable places, to hurts and traumas you think you have buried forever, or will never forgive, or can't get to, however much you try. And to hurts ands traumas you never knew you had. It informs you how to help others, family and friends, and how to help intractable children as well as impossible adults. It tells about the forming forces of life and about the traumas that occurred in every one of us as we grew up, as well as those who suffered terrible abuses, and how to deal with these effectively. It teaches about the forming forces of many diseases and how to resolve them. It looks at many different life traumas that have occurred in many situations-in prison, in marriage, in war, and in accidents-and it demonstrates how the tools of homeopathy can be used to facilitate resolution.

This book was originally published in 1994; it went through several reprints and was translated into several languages. This second edition contains most of the information in the first, with many useful additions and simplifications.

I have standardized the format to use common abbreviations of the Latin names of substances used as remedies, along with their common names, our ancient vernacular, as this often make profound sense and links us more closely to our heritage. "Knit bone" contains more information that the Latin *Symphytum*, for example. This encourages and supports the use of intuition, folklore, and our feminine side, which I firmly believe needs enhancing. The Latin names, however, are the most useful, because they transcend language and are used in homeopathic pharmacies for ordering purposes.

Because homeopathy is a vast subject and is in the process of an amazing expansion at this time, with contributions coming in from all over the globe, this book, like homeopathy itself, is a work in progress. It's just not possible to be even up to date in this fast-changing field.

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However, I have included enough to give you a chance to taste the new developments as well as the information tried and tested over centuries.

I have worked in clinics on three continents and twenty countries, and have treated many people from a myriad of cultures, religions, and most countries. What is written in this book universally applies. No real changes are needed to adapt it to any culture. And in every culture, there are major emotional traumas in many people.

I intend to keep this book updated as a long-running work in progress. Critiques, cases, information that you might like to contribute can be sent to me by e-mail peterchappellhom@yahoo.co.uk.

If you live far from a homeopath, you can ask the opinion of homeopaths on the Web, but it's far better to visit a homeopath if you can. The experience can be life changing in itself, as a homeopathic consultation often gets right to the Achilles' heal of the trauma or drama of a life.

If you are dyslexic like me, you might like to know that *homeopathy* is pronounced home-e-o-path-ee. You visit a home-e-o-path or a home-e-o-path-ic practitioner or doctor.

Peter Chappell January 2003

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Peter Chappell



E MOTIONAL H E A L I N G w I T H HOMEOPATHY

Treating the Effects of Trauma

Peter Chappell <u>Emotional Healing with Homeopathy</u> Treating the Effects of Trauma

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