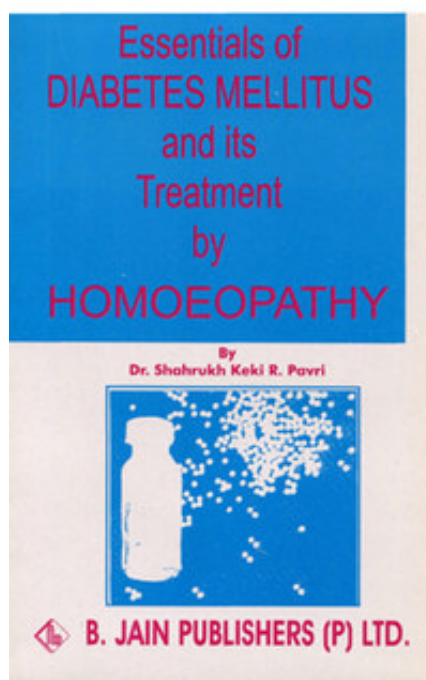


Shahrukh Keki R. Pavri

Essentials of Diabetes Mellitus

Reading excerpt
[Essentials of Diabetes Mellitus](#)
of [Shahrukh Keki R. Pavri](#)
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PREFACE

When I started my practice, one of my first patients was a neighbour of mine who was suffering from diabetic neuropathy. It was while treating him that I discovered how poor our literature, is with regard to good references on Diabetes and worse was the paucity of references regarding the management of the complications of Diabetes. Besides what little was mentioned was scattered far and wide.

Not having too many patients at that time I had ample free time and I put it to good use reading and putting together all that I could lay my hands on. There are three books dealing with the Homoeopathic management of Diabetes but each leaves a lot to be desired when one is looking for the entire view on Diabetes.

In this volume I have attempted to give everything that is known about Diabetes — the nature of the problem, its cause, its clinical presentation and of course its Homoeopathic treatment. Also included is a chapter on dietetics which gives advice, albeit sketchily, on what to eat, what to avoid and more importantly why to avoid it.

The book is written keeping in mind the requirements of the practising Homoeopath as well as students of Homoeopathy though it is written in simple enough style for even the patient himself to understand.

Though a lot of attention has been paid to the preparation of this work, it is just possible that a few mistakes may have crept in. I here and now apologise for any such error. Any constructive criticism would be gladly accepted.

Bombay, November 1991

(i)

INTRODUCTION

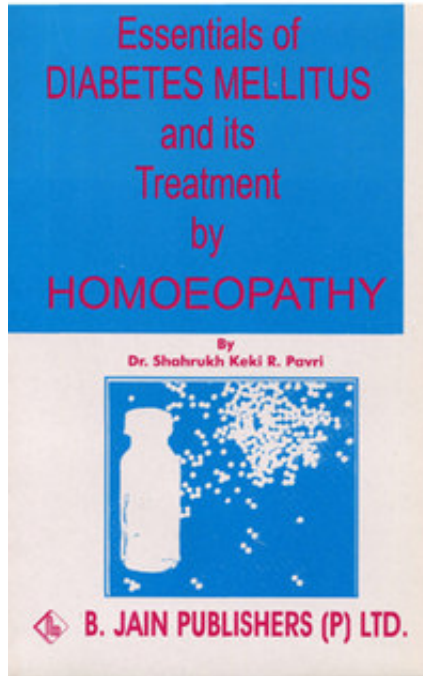
Diabetes Mellitus is a condition of impaired carbohydrate utilisation (clinically characterised by Hyperglycaemia) caused by an absolute or relative deficiency of or resistance to INSULIN. Lack of insulin, whether relative or absolute, affects the metabolism of Carbohydrate, Protein, Lipids, Electrolytes and water, with consequences that might be grave. The chronically deranged metabolism is associated with permanent and essentially irreversible functional and structural changes in the cells of the body. These changes are responsible for the development of clinical entities, the 'complications' of Diabetes Mellitus which affect mainly the Cardio-vascular system, the Eyes, the Kidneys and the Nervous system.

The disease had been recognised since antiquity, and is of particular importance because of its prevalence. The name is derived from the Greek; Diabetes means siphon, signifying the copious amounts of urine passed by the sufferer; Mellitus (= Honey) derives from the sweet taste of the urine due to the glycosuria resulting from elevated levels of blood glucose.

Diabetes Mellitus is a disorder which often does not hurt, is not contagious and is not visible. A Diabetic will not be affected in education, professional training, occupation, family life, enjoyment of leisure hours and an almost full life in old age.

Diabetes affects about 3% of the Indian Population.

(iii)



Shahrukh Keki R. Pavri

[Essentials of Diabetes Mellitus](#)
and its Treatment by Homoeopathy

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