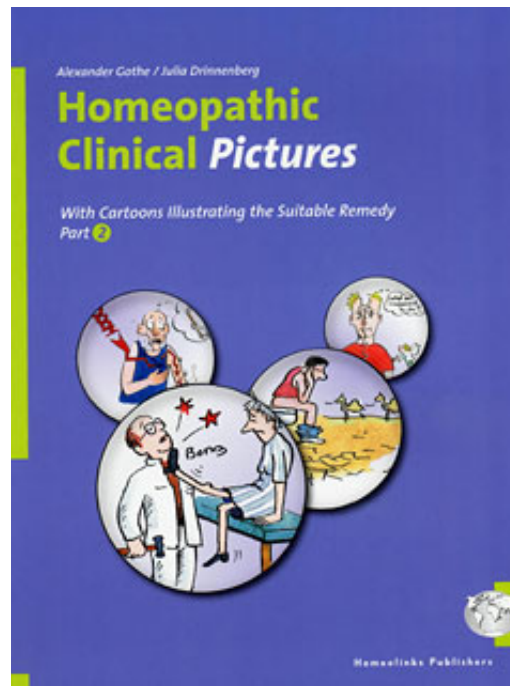


# Gothe / Drinnenberg Homeopathic Clinical Pictures - Part 2

Reading excerpt  
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# Heart attack - Angina pectoris

are names for acute circulatory disturbances of the coronaries which last either only for a short while (angina pectoris), or, where the entire vessel is blocked (heart attack), last longer and may be fatal. In most cases (patients suffering from diabetes, women, or elderly patients often constitute an exception), these circulatory disturbances are accompanied by extreme pain located mostly in the left side of the thorax, shoulder and arm. The pain may, however, also radiate to other regions of the body such as the abdomen, the back or the jaw. Despite the fact that the pattern of symptoms is often similar - namely pain, dyspnoea, and fear -each patient will present individual symptoms which may be used to identify the appropriate homeopathic remedy. This will facilitate essential first aid until the paramedics arrive. In the case of a heart attack, this may save the patient's life, simplify subsequent treatment in the hospital and shorten convalescence.

### Important remedies for patients suffering from angina pectoris or a heart attack:

Aconitum napellus, Arnica montana, Aurum metallicum, Cactus grandiflorus, Digitalis purpurea, Latrodectus mactans, Medorrhinum, Oxalicum acidum, Rhus toxicodendron, Spongia tosta

### Other possible remedies:

#### Glonoinum (Nitroglycerine)

- \* heart complaints (often in dull or confused patients) accompanied by severe palpitations, a hot, red head, and pulsating carotids
- » a sensation of fullness around the heart and head, rising heat "as if the blood rushed from the heart to the head"

#### Lachesis muta (Bushmaster Snake)

- \* often caused by suppressed menstruation, menopause, or after emotional excitement (jealousy)
- \* heart complaints after waking, eating, warm bathing, or from pressure
- constriction, grasping, griping sensation about the heart



sensation of enlargement and fullness of the heart, as if there were not enough space or strong aversion to being touched on the neck and throat (clothes or necklace)

#### Nuxvomica (Poison-nut)

- \* according to P. Herscu: *over stimulation* (stress, medicine, coffee) leads to *hypersensitivity* (e.g. to noise, contradiction, interruption, draughts of air) - the patient grows increasingly irritable
- \* the *hypersensitivity leads to cramps*: angina pectoris or a heart attack
- \* heart attacks frequently occur at night
- \* eructations or passing flatus ameliorate aggravation of the heart complaints from stimulants such as coffee, alcohol, or cigarettes

## Aconitum napellus (Monkshood)

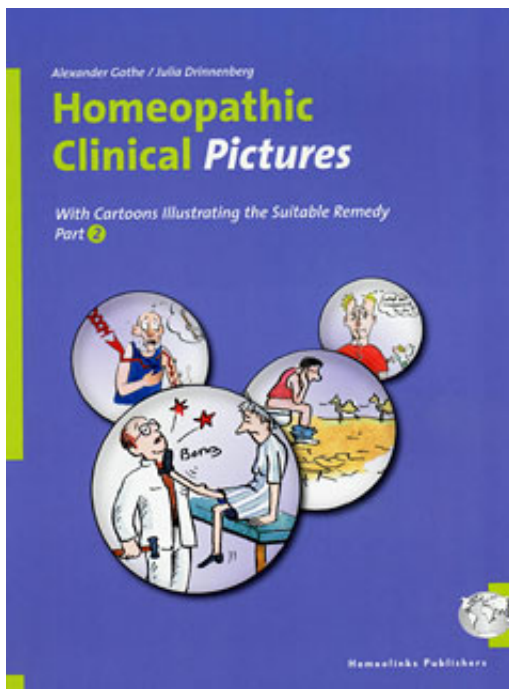
The plant Aconite is also referred to as "blue rocket", suggesting the conditions remedied by this plant turn up "out of the blue" and hit the patient like a rocket. Aconite is therefore one of the most important remedies for acute heart complaints! Patients immediately

Highly acute and sudden heart complaints;  
the pain extends from the chest to the arm and down to the left hand  
and is accompanied by numbness, tingling and weakness.

suffer from extreme pain of the chest and the arm (which they perceive to be absolutely life-threatening). They are extremely frightened and believe - horror-stricken - that they are about to die.



Torturing pain, severe restlessness, and fear of death.



Gothe / Drinnenberg

[Homeopathic Clinical Pictures - Part 2](#)  
With Cartoons to illustrate the Suitable  
Remedy

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