

D. Nanda

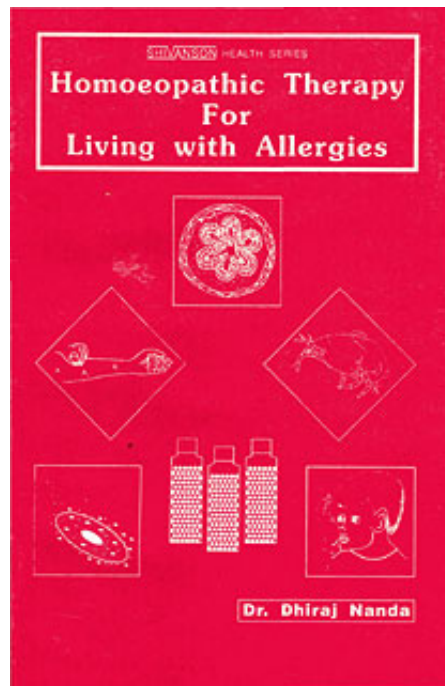
Homoeopathic Therapy for Living with Allergies

Reading excerpt

[Homoeopathic Therapy for Living with Allergies](#)

of [D. Nanda](#)

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FOREWORD

Dr. Dhiraj Nanda's invitation to write the foreword for his book "Homoeopathic Therapy for Living with Allergies" was both flattering and personally gratifying.

Having watched him at close quarters for a decade, initially as a confused, apprehensive asthmatic patient, gradually maturing into a sincere absorbent medical student, and then as a humane, concerned physician has been like watching a fragile bud metamorphosing into a flower in full bloom.

His academic zeal for his favourite obsession "Allergy" is reflected in the aroma of this commendable literary effort.

Progressive aversion to "Allopathic medicine" by the masses, the dawning era of "Holistic" medicine and an integrated approach to the human body and the vital need to establish Homoeopathy's credibility in allergic diseases, all these factors combine to make this book fulfill a void which has existed for long.

Wishing that all may enjoy the fragrance of this flowering effort, and may the seeds of his knowledge spread far and wide, encouraging newer saplings to grow.

Dr.P.S.Bhatt

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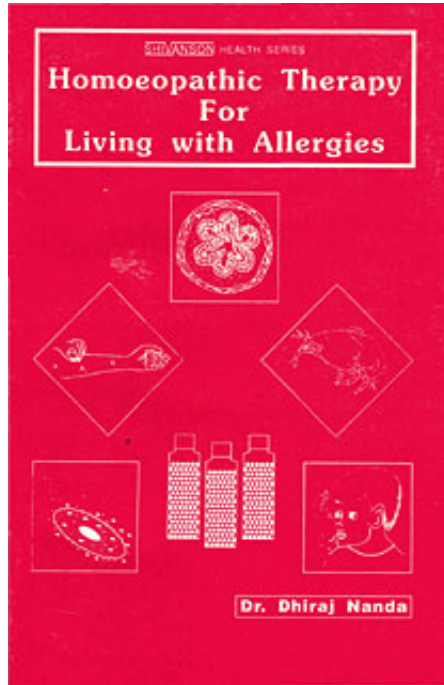
Everyone is familiar with the phrase "HEALTH IS WEALTH". Today, market and economics is dominating the environment on this globe more than ever before. Every business is talking about development of human resources. Every country is realising that ANY INVESTMENT IN THE HEALTH OF ITS CITIZENS IS A SOUND INVESTMENT. Every organisation in the medical field is working for the motto 'health for all by 2000 A. D.' Health awareness is the key to achieve this end. In spite of all the hard work incidence of some health problems is steadily rising. Allergies come under this group. This book is aimed at increasing the awareness about allergies. It is divided into three units.

Unit I of this book provides general information about allergies, unit II deals with specific allergies and unit III is about some common allergic diseases. The chapters of unit II & unit III provide information both on non-medicinal approach (i.e. management) as well as on some commonly used Homoeopathic medicines. The patient should understand that the management of his own self (discussed as Living with Allergies in respective chapters) is of utmost importance. Doctors and medicines have their limitations. Taking the medicine religiously but failing to observe precautions will serve no purpose. Hence, due importance has been given in this book on the non-medicinal approach.

I would like to express my gratitude to my father, S.K. Nanda, my mother, Vandana Nanda and my brother, Sam hit Nanda for their valuable help in bringing out this book.

I hope that the readers will find the information provided in this book useful. This information is a culmination of study done over several years. It is too much to hope that the first edition be entirely free from errors of omission and commission and I shall always be grateful to my readers for any advice which will help me improve the subsequent editions.

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