

# Jan Scholten

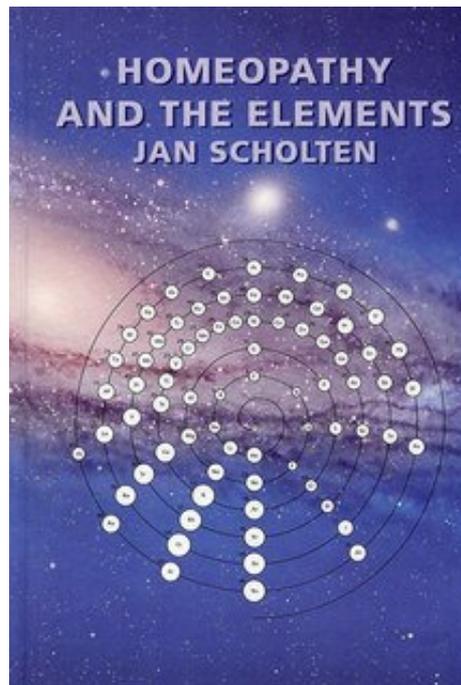
## Homoeopathy and the Elements

Reading excerpt

[Homoeopathy and the Elements](#)

of [Jan Scholten](#)

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## 2.15.2 Ammonium fluoratum

Ammonium fluoratum is a hitherto unknown remedy.

### Concepts

#### Ammonium

Idealising  
Disappointment  
Resentment  
Critical  
Angry  
Closed

#### Fluoratum

Immoral  
Breaking taboos  
Glamour  
Possessions Gambling  
Sex  
Hard  
Superficial  
Narcissistic  
Psychopathic  
High-spirited

### Group analysis

Idealising glamour.  
Idealising possessions.  
Idealising sexuality.  
Disappointed in glamour.  
Disappointed in gambling.  
Sexual resentment.  
Resentment about not having sex or money.  
Critical and narcissistic.  
Superficial and resentful.

### Picture of Ammonium fluoratum

Essence: idealising glamour.

#### Idealising glamour

They idealise the world of glamour and glitter. They fantasise about how it would be if they were part of this scene. Then the world would know what they are really worth. If only they had enough money, if only they had a higher social status, then they could prove who they really were.

#### Idealising possessions

Possessions play an important part in this whole scene. They need a large house and a fast car etc. to steal the show. These possessions are the main ideal in their life to work towards. They think that once they have reached that they'll be happy.

#### Idealising sexuality

Another important aspect, linked to the whole idea of glamour, is sexuality. It is

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another ideal they hope to achieve: once they have gathered enough glittering prizes all women (or men ) are bound to fall for them.

### **Disappointed in glamour**

After a while they get disappointed because they didn't reach the position they had in mind. Life didn't give them the women and the money that they had hoped for and they are disappointed that nobody appreciates them. Or they did get what they wanted but all these riches still didn't bring them the happiness they had hoped for. 'Money isn't everything' is an apt expression to describe their state.

### **Disappointed in gambling**

Because they like to make money the easy way they are inclined to resort to gambling. But here again they tend to idealise the opportunities and become over optimistic about the outcome. They think it will be easy and they they will know the tricks in no time. When the inevitable losses occur they are most disappointed and think that the whole world is against them.

### **Resentful from lack of money and sex.**

In the later stages they get quite resentful. The bitterness about all the missed opportunities leaves its mark, and they become rather bitter and sarcastic. Ammonium fluoratum can be a useful 'in-between' remedy for people who are resentful about loss of property, through being cheated or through careless investment or gambling on the stock market or whatever other reason. Another variation may be that they are resentful because they don't get enough sex, for instance when they don't have a partner or when their partner is not as keen as they are, or when they have lost their partner because of their resentful behaviour.

### **Critical and narcissistic**

On the one hand they are very critical and on the other hand they can be very narcissistic. Their critical attitude causes them to be blunt and plainly cynical in their communications. Their narcissistic attitude only accentuates this hardness, so it gets more and more difficult to make real contact with other people. They simply don't feel what goes on in other people anymore and when they do feel something they don't know how to express it because they don't know how to break through their own sullen shell anymore.

Not only are they very resentful, their line of thinking is also quite superficial and they are unable to see that their unrealistic expectations are bound to lead to disappointment. So they end up in a vicious circle of unrealistic expectations and resentment about unfulfilled ideals.

### **Expressions**

Fears: vague (2), unknown (!), life, strangers, future, travelling, flying, planes, streets, failure, disease, operations, cancer, aids, death, poverty (2), impotency, murder.

Irritability: angry, furious, self mutilation, criminality, < loss of money.

Mood: cheerful, excited, hysterical, active, hurried, restless, impulsive, lively, timid, uncertain, indecisive, -> support, listless, bored, meaningless, gloomy, suicidal.

Mental: quick, associative, confused, slow, orientation problems, lack of

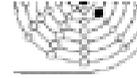
concentration, forgetful, dementia, mania.  
Contacts: lively, superficial, quick, staccato way of talking.  
Religion: magic, associative, obsessive.  
Causes: neglect, abuse, incest, parents absent, addicted or weak, loss of  
parents, family, friends and protectors.

#### Generals

Build: obese or thin.  
Locality: right.  
Weather: warm, < heat, > outside.  
Time: < 3 am and 9 pm.  
Desires: alcohol (3), spices (3), fresh, sour, coffee (2), chocolate (2), sweet,  
tobacco.  
Aversion: meat, > eating; < potatoes, alcohol.  
Physical: > motion, violent motion, < bathing; > lying down, < stretching.

#### Complaints

Stooped back. Bow legged. Thin with scrawny face.  
Nose dry with crusts.  
Mouth feels dry with bitter taste.  
Pains burning and biting.  
Discharges acrid, biting, causing ulceration, frequently watery and yellow.  
Exhaustion.  
Headaches.  
Sinusitis. Colds.  
Swollen glands, abscesses, fistula.  
Affections of teeth, caries.  
Lung complaints, emphysema.  
Heart complaints.  
Stomach complaints.  
Urethritis.  
Vaginitis, sexual problems and diseases.  
Arteriosclerosis with malformation of hands. Hypermobility and loose joints and  
tendons.  
Affections of bones, exostoses (2). Bechterew's disease.  
Sciatica. Inflammation of joints with contraction.  
Skin and mucus membranes swollen, bright red and burning.  
DD: Acidums, Nitricums, Sulphuricums, Veratrum album.



## 2.15.2 Ammonium fluoratum

### Case

A 16 year old boy complains of headaches since he started secondary school. Worse in the morning on waking at 7.30 am and in the evening after 7 pm. It is also worse when he is busy, when he shouts or runs and particularly when he is studying at school. Rest and eating ameliorates the pain and heat or humid weather aggravates. Almost complete amelioration during the holidays.

He also suffers from frequent colds with a runny nose, slimy mucus, and sore throat. The pain in his throat is worse on coughing, which is caused by a tickling feeling in the throat. He coughs up green mucus in the morning.

He hasn't been feeling well lately. He hates school, his teachers and his studies. He doesn't like those in authority and people who push him. He hardly talks to his mother nowadays, as she is always on at him to do his homework or do his share of the household tasks. Whenever she nags at him he retires to his room in a bad mood. He doesn't talk to her because he is angry about all these do's and don'ts She wants him to eat healthy food, whereas he only wants to eat porridge.

She is afraid that he will grow up to be no good at all. He had to repeat a class already last year. But he doesn't mind at all. He would rather smoke pot with his friends and slouch on the sofa watching television. He smokes nearly every day so his school work is really suffering. He often doesn't turn up for school. When asked what he wants to do in life he says that he wants to be rich and have a large house and a big car. He thinks he will achieve this by winning the lottery. He also likes girls, but at the moment he is too wrapped up in his own world to think of asking a girl to go out with him.

### Generals

Weather: < hot, humid weather.

Time: <7.30 am. 7 pm and 3 am.

Desires: sweet (3), porridge (3), pizza, chips, macaroni, cabbage.

Aversion: beetroot (2), spinach (2), mushrooms (2), olives (2), mashed potatoes, potato hash.

### Analysis

His desire to get rich and buy a big house and a big car reminds us of Fluor. Particularly in view of his aversion to doing any real work and his preference to achieve his goals through winning the lottery. His aversion to work is also quite obvious from his resistance to doing his homework or helping in the house.

But his surly behaviour, the aversion to talking with his mother and the tendency to shut himself up in his room is not so much a Fluor symptom. It fits more into the Ammonium picture, as does the aggravation at 3 am. So this leads us to the combination Ammonium fluoratum.

In this case we see the two themes existing side by side, rather than combined into a new overall picture, as we usually do.

Fluoric acid might also have been a possibility, but then we would expect to see more openness and extroversion, and a desire to fight for his cause.

### Reaction

After Ammonium fluoratum the headaches gradually ease. He also feels more positive, he talks to his mother again and she manages to convince him that finishing his studies would be a useful step towards achieving his goals. They are able to come an agreement with regard to the housework and his schoolwork, A year later he has stopped smoking hash and he has started work.



## 5.0 The Silver series

### 5.0 The Silver series: Rubidium to Xenon

The only remedies in the Silver series that are fairly well known are Palladium, Argentum, Stannum and Antimonium. However the other elements could prove to be equally important. The common themes of the well known remedies can be found in all the elements in this series.

We will also meet the general themes of the metals again, i.e. task, performance, perfectionism, wanting to be the best.

#### **Creativity Inspiration**

The central theme of the Silver series is creativity. They want to create beautiful things and thus make a valuable contribution to the general culture. They search for inspiration in dreams and fantasies, in stories, fairy tales and myths. They are extremely imaginative. Their complaints usually start when they can't express their creativity.

#### **Ideas Culture**

Ideas is a keyword of the Silver series. They like images and pictures, ideas produced by the mind to investigate and develop. They search for knowledge, wisdom and inspiration and want to find out how the world fits together. They like to contribute to their culture and enjoy looking for ideological solutions, both in politics and in religion.

#### **Unique Special**

They are always looking for that which is special and different. Finding the uniqueness in everything is a special talent of the Silver series. This is why they hate routine jobs such as housework. Or, as an actor once put it: 'Experience is of little use to an actor'.

#### **Admiration Wonder**

They look at the world with wonder, they recognise the wonder of Creation. This wonder turns to admiration and it gives them a positive and lively outlook on the world in general.

But they also like to receive the same kind of admiration. They like to feel they are a unique human being and they want to be admired for this. The lesson that the Silver series has to learn in life is that everybody in this world is unique and wonderful.

#### **Aesthetics: beautiful and ugly**

They tend to divide everything into either beautiful or ugly. Aesthetics is the central theme. Of course this is an essential theme in art, but we'll see that it also plays an important role in science.

#### **Art Artist**

Art and creativity are almost synonyms. We find the theme of creation, inspiration, admiration and aesthetics in all sorts of art: acting, painting, dancing, directing, writing, music, singing, composing, sculpting etc.

These artists use their ideas, images and words to inspire and to be inspired. Or to portray emotions, as through music.

### **Science Lecturer Doctor**

Science is a particular form of art. The scientist searches for that which is special and different to test his theories, to adapt them or even to throw them out. Art and Science are very similar in their use of creativity, in developing new images and ideas and in presenting these to the public. The ideas used in science are usually rather more rational while the ideas used in art tend to be more emotional. Many scientists are very attracted to different forms of art. There is also a relationship between science and aesthetics. This relationship might not be immediately obvious, but the scientists themselves know that this is so, as we can see from the following quote by Poincare: 'The scientist doesn't study Nature because it is useful; he studies it because he delights in it and he delights in it because it is beautiful' and 'Promoters of the Standard Model (Quantum mechanics) can truthfully say that it fits all known experimental data...but it cannot be the final theory.... the ugliness is obvious' (Kaku, page 126 to 130).

The doctor, and particularly the doctor who practices the art of cure also belongs to this group. Medicine itself belongs to the Ferrum series, as far as the pragmatic routines are concerned. But the art of cure belongs to the Silver series, where the emphasis is on finding that which is different and unique, so that a unique and special solution can be created.

### **Shaman Mystic Priest**

The next group belonging to this series are the people who find inspiration in the inner spiritual world. The people who find their truths, images and ideas in mysticism are the shamans, prophets and priests. They are mediators between God and the people. They are interested in paranormal activities such as clairvoyance, palmistry, astrology, telepathy etc. Many artists and scientists such as Jung, Einstein and Heisenberg were deeply interested in mysticism. We could make a comparison with certain ancient tribes who have a king as head of the community, corresponding to the Gold series, and a medicine man or shaman, corresponding to the Silver series. The function of medicine man was often combined with that of priest, doctor, scientist, artist, musician, singer and actor.

### **There is hope for homoeopaths**

There exists a general feeling among homoeopaths that it is impossible to find a remedy for a homoeopath. However, the remedies from the Silver series could provide the solution. The function of a homoeopath includes combining medicine with the art of cure, often helped along by certain mystic qualities. If we add these qualities to the fact that homoeopathy is a science that is in the process of being developed and that still has some way to go before it reaches the top, then it becomes clear that the remedies Rubenium to Rhodium might be extremely appropriate for homoeopaths. Or, as Willem Woutman said when I told him about this: 'So there is hope for homoeopaths after all, why don't you use that as the title of your new book?'

### **Display Performance Presentation Portrayal**

Another aspect of the theme is portrayal. They want to get their ideas and images across to other people, to show their creations, to perform. They want to know how things work and they want to transfer wisdom to others. This may be done through words, pictures, music or any other way. They want to show



## 5.0 The Silver series

how special and unique this world really is and how we can find inspiration in everything around us. They like to mesmerise the public.

Artists, scientists and priests all try to inspire other people through their performance, each in their different ways. They are like a teacher or guru, trying to bring beauty and wisdom into the world. The aspect of performance and show is the most obvious trait of the Silver series and was therefore the first to be noticed (see for instance Sankaran, 1994, page 2040).

The performance can go two ways. On the one side there is the exaggerated presentation, the artificial side of pure show. This makes a performance rather unreal, an empty show without content. The remedies that have this aspect tend to show a bright facade, but give you the feeling that they are hiding something, that all is not as bright as it seems. During the consultation they will hold back certain information, the real problems are kept back, from fear of failure.

On the other side we may see a huge fear of letting others see what should be shown.

There is an enormous fear of failure, of being a flop, of being a let down. Speaking in public or acting in a play will be accompanied by terrible anticipatory fears, as is well known in *Argentum nitricum*. Large groups of people can provoke two reactions in the remedies of this series. On the one hand they enjoy other peoples' company and they like to show off, on the other hand they get very afraid to show themselves. This is particularly striking in *Palladium*: 'exhilaration; company, in', 'fancies; exaltation of in company' (Complete, Zandvoort, 1994)

### **Minister Representative Spokesman**

Performance is the key issue for ministers and spokesmen. They have to put the decisions of the king or the leader into words and put it across to the general public. They are the representatives of the person who in power, they are the messengers, the public relations man or woman. These are usually people who are very good at keeping up a facade, not likely to be drawn out into personal arguments. Their role is that of the tactful mediator.

The words representative and spokesman already contain the essence of this series, i.e. speaking and presenting. Speech and language are key themes and will be further discussed under the heading of voice problems.

### **Influence Power Control**

In the Silver series we see the aspect of power expressed as influence on other people. They don't particularly want to do or make something for themselves, as in the *Ferrum* series, nor do they want to exert real power, as in the *Gold* series, they simply want to influence other people with their ideas. They like to show other people how things fit together, where the problems come from. This way they try to exert their influence, to make others realise what they are doing so they can mend their ways. Their power is a sort of secondary power, derived from insight and realisation.

Sometimes they find themselves caught between two fire, a representative between the king and the officials, between public and mecenas, between the leader and the masses. Their self control is as strong as it is in all the other metals, so is their desire for perfection.

### **Queen Female**

The Silver series has a royal air to it, they have risen above the ordinary. In this aspect they are quite similar to the Gold series, but in the Gold series the theme of royalty and power is even stronger. The queen is a symbol of power next to, but just below the king. The Silver series is more feminine as a whole, whilst the Gold series is more masculine.

The relationship between the artist and the mecenas is also quite typical. The mecenas is a king, a figure of power, a person who provides money and who places orders with the artist or buys his work. It corresponds with the relationship between the minister and his king, between the Silver series and the Gold series. The mecenas also has a relationship to the sciences. In our present days the mecenas is usually 'the government'.

### **Ambition Pride Aims and Graces**

The artist, the scientist or the queen has risen above the masses. They tend to get certain airs and graces, become a little bit haughty and stick their nose up at other people. Their image has gone to their head and they behave as if they are above it all. They don't like to show what is going on inside them, 'you wouldn't understand anyway'. There is a reluctance to have their case recorded on video, because the public would probably recognise them. They are rather ambitious and like to receive compliments. They love to be admired for their talent and they enjoy showing what they have created. Their ambition can only be appeased when they are the best. One could say that they have ceased portraying ideas and thoughts and have started to project these ideas onto themselves.

### **Hurt Humiliation**

They are extremely sensitive to criticism and humiliations. They try to stay ahead of criticism by being perfectionists in everything they do. They may also hurt others in order to look better themselves.

They are afraid of failing and falling. This is expressed in their dreams of high buildings or falling from high places. The fear of heights is an expression of their fear to shine brightly at the top.

They can't enjoy their talent and their creativity out of fear of becoming too proud. Others often tell them they are wasting their talents, as if they are treating their qualities with disdain. But they are afraid of performing or showing themselves to a large public out of fear that something will go wrong and they will be called a failure. This aspect is more prominent in the first few stages of the series.

They can also get very angry at negative remarks. This is more obvious in the latter stages of the cycle.

### **Sexuality**

Sexuality is another theme of this series. The sexuality is linked to their creativity. There is an urge to create, to make something new and special all the time.

### **Middle age**

This level usually doesn't develop till about middle age. But the theme may be present at any age, often from childhood onwards.

## 5.0 The Silver series

### Town County Province

The area in which all this takes place has now extended to a whole province. The governor of the province is the representative of the queen in a restricted area. The capital of this region is a large town, usually with a university and a theatre. The situation is that of a student who has to go to the city to start a study in art or sciences.

This is the first stage in which it is no longer possible to know everyone personally. Like the artist who is recognised and greeted on the street by people he has never met.

### Voice and hearing

These people often have problems with their voice, as we already know from Argentum metallicum, Argentum nitricum and Stannum metallicum. The voice is the organ with which we put our ideas into words to put them across to other people.

Closely connected in this context is the ear, another problem area in this series.

#### Expressions

Fears: heights, narrow spaces, performance, speeches.

Dreams: heights, falling.

Mood: crying.

Hobbies: music, singing, art, painting, writing, philosophising, mysticism, mediation, astrology, palmistry, telepathy, clairvoyance.

Professions: artist, painter, sculptor, actor, writer, singer, musician, teacher, scientist, doctor, priest, bishop, medicine man, vicar, governor, secretary, representative, advertising agent, 'public relations', top sport.

Causes: disasters.

#### Generals

Locality: left.

Weather: cold, cold feet, > outside.

Menses: profuse.

Sleep: sleepy.

### Complaints

Cancer.

Weakness; bruised pains, itching.

Headache in forehead, temples, vertex.

Eye complaints; inflammations, visual disturbances.

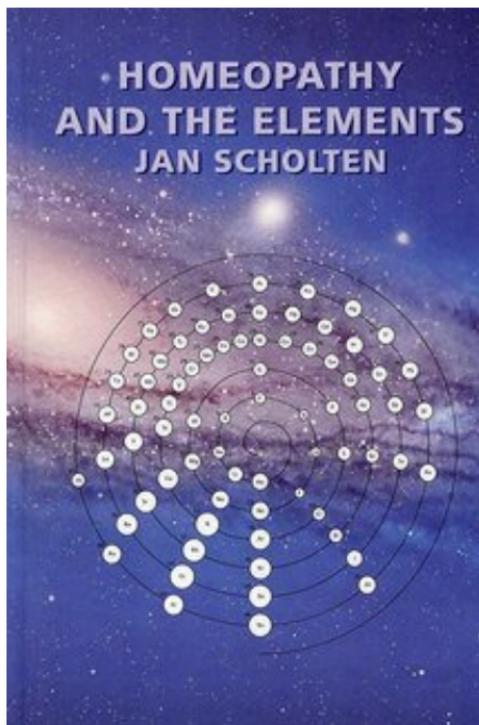
Colds, with watery discharge.

Voice **problems**; hoarseness, loss of voice, stammering.

Lung complaints; asthma, bronchitis.

Problems with **ovaries and testes** and sexual organs in general.

Neck problems, stiffness, pains in arms.



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