

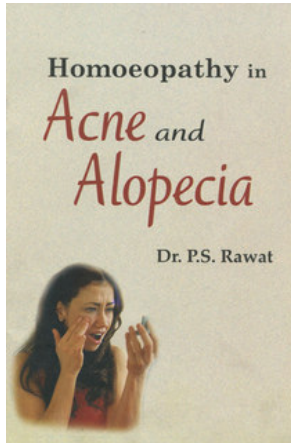
P.S. Rawat
Homoeopathy in Acne and Alopecia

Reading excerpt

[Homoeopathy in Acne and Alopecia](#)

of [P.S. Rawat](#)

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Angina Pectoris

Whenever a patient has paroxysmal chest pains radiating to the left side of the thorax, left shoulder, left side of the back, left arm, the left elbow or even as far as the left wrist and fingers, developing on exertion and disappearing at rest, he should be considered to be suffering from angina pectoris. These paroxysms of angina pectoris are caused by a relative hypoxia of the myocardium. The amount of blood which reaches the heart *via* the sclerotic and narrowed coronary arteries suffices for the needs of the resting heart muscles. However, during exertion the oxygen requirement of the myocardium rapidly increases. Under these circumstances, due to the partial obstruction of the coronary arteries, the oxygen supply of the myocardium is not sufficient and pains due to hypoxia results.

Angina Pectoris generally occurs after the age of 40, most often in persons of responsible type, such as doctors, advocates, judges, ministers, etc., and especially in those people who take rich diet and lack exercise. It can occur both in males and females. It may also occur in those who have done vigorous exercise in youth and have left taking any exercise afterwards. Such persons include athletes, wrestlers, boxers, runners, etc. It may also occur in families of neurotics, hysterical subjects and persons who generally give a history of infections, like influenza, diphtheria, measles, pneumonia, rheumatism, gonorrhoea, etc. From the homoeopathic point of view they are acute miasms which when palliated or not completely cured, have a bad influence on the heart muscles. It may also occur due to the habit of taking narcotics and drugs, like tobacco, alcohol, aspirin, etc. Persons suffering from the diseases of cardiovascular system are generally found to be the victims of angina pectoris.

the heart, or of an abdominal organ, or whether they be a pure neurosis. If the latter, the prognosis is more favourable than in the case of such complications where it entirely depends upon the nature of the latter.

T R E A T M E N T

GENERAL:

Complete rest; during the attack, loosen the clothings, especially on the neck; the windows should be open for the supply of open air; open the fan; brandy or some other diffusible stimulant in frequent small doses, ; a large hot branpoultice over the region of the heart, and warmth to the extremities. If fainting occurs, smelling salt or Amyle Nitrate and dash of cold water on the face may be helpful. In the absence of other medicament put the onion juice in the nostrils and the patient will feel relief. The diet should be controlled and rich and fatty food avoided; bowels should be regulated.

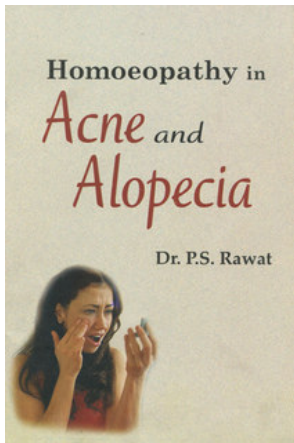
LEADING HOMOEOPATHIC REMEDIES

Aconite. This remedy is especially useful during an attack of vasomotor angina from exposure to cold, with intense anxiety coldness and pain radiating from heart to all directions and great fear of death ; general and local numbness and tingling.

Agaricus. Dr. Kafka says he has found *Agaricus* the best remedy in the gastralgic or spasmodic form. He uses the 3x, two doses per day. —Dr. T.S. Hoyne.

Ammanium Carbonicum. Dr. L.B. Couch says : "I have found great and immediate relief, in angina pectoris, with one-drop doses of *Ammonia* every fifteen minutes. I have also found it useful in warding off attacks."

Amyle Nitrite. Useful as palliative—one or two drops on cotton wool may be inhaled. Its leading indications are : the heart's action is rapid and tumultous; there is a feeling of band



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