

Torako Yui

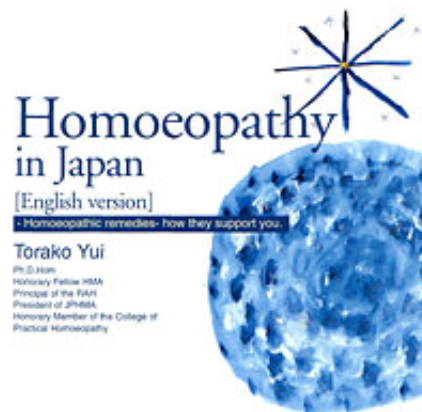
Homoeopathy in Japan

Reading excerpt

[Homoeopathy in Japan](#)

of [Torako Yui](#)

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Phosphorus (Phos.)

Phosphorus, the Element (mineral)

Theme

There is plenty of fun to be had in this world; but not everything is going to be beautiful.



Essence

Phos. is appropriate for mental and physical sensitivity, and for those people who are very good at sensing atmospheres. Sometimes they can be swallowed up by an atmosphere, their energy used up and they end up feeling burnt out. In cases like this they won't be the brilliant sparkling Phos. types they could be, but will be dullheaded and flat, like the ash left by a match when it goes out. Phos. types can take in a lot of information and this can exhaust them. They often take on board a lot of stuff that they don't need as they don't have very clearly defined boundaries. They are capable of being mediums and they lap up anything beautiful or mystical and want to experience life out of the ordinary. They react to violent climates or storms, and are especially afraid of thunder. Phos. types can learn foreign languages straight away and can get to know people well and quickly, but the other side of the coin is that nothing lasts long for them; it's all like a firework going off.

Keynotes

- Kindly sympathetic character
- Worry, hypersensitivity
- Diarrhoea, soft or hard stools
- Laryngitis, pneumonia, gastroenteritis, acute pancreatitis
- Brittle bones
- Periodic bleeding (eg nosebleeds)

Special Characteristics

- Heightens the functions of all cells
- Basic remedy for tall, slim children
- Kind but easily influenced, exhausted by taking on other people's problems
- Do not have their feet on the ground, excited or affected by this or that, end up exhausted
- No boundaries with other people
- Bleed easily
- Low blood sugar, diabetes
- Prone to coughs and hoarseness
- Likes cool drinks and ice cream and spicy or salty food



- Sensitive to hot food or drinks, easily thirsty, burning pain
- Pain in the bones, pain in the stomach, haemorrhages that are hard to stop

Regions

Nerves, lungs, circulation, heart, blood vessels, brain, bones, spinal cord, intestines, mucous membranes, left side, lower left part, upper right part, stomach, pancreas

Modality - Worse from

Sudden emotions, lying on the left side, cold, impressionable, sensitive to external impressions, hot food, sudden changes in climate, morning and evening, mental exhaustion, light (fluorescent light especially), smells, being touched, thunder, being alone, seeing ghosts

Modality - Better from

Eating, sleeping, cool drinks, cool water, physical reassurance and contact, caressed kindly, mesmerised



Slim delicate children. They shine at what they do.
They smile often and like performing.

Phosphorus - Case Study no. 1

32 year old. Beautiful woman, ballerina

Her pancreas was weak. Sugar is easily accumulated in her body. She had a hoarse voice and suffered stomach ache. She had been told her bones were poor. She would get up in the night and gulp large quantities of water down. She often had night sweats. She had recently felt exhausted and then, when she met up with other people, she felt it drained her of her energy although she liked people. She liked ballet, singing and fashion but her body couldn't keep up.

Bone support x 1 bottle (33 pills) (morning)
Phos. 6C x 14 days (night)

Result She had to get up in the night less and less often to drink water. She decide to concentrate solely on the ballet and felt a lot more relaxed about this.

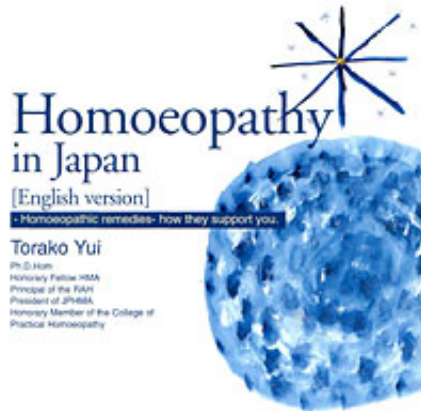
Phosphorus - Case Study no. 2

7 year old boy

He often had nosebleeds. Once they started they wouldn't stop. I gave him Arnica, which helped temporarily, but then he returned for a second visit. When he looked well he was really cute and would sing and dance but at night he grew very anxious and wouldn't go to the toilet on his own. If there was any thunder he would hide under the covers, trembling. He loved ice cream and would even eat it even in winter, and then he would catch a cold and lose his voice or grow hoarse.

Phos. 200C x 3 days

Result The nosebleeds stopped. Now he was absorbed by the story of 'The Little Prince', which he was reading, and wondered what would happen to him? Did he die? Was he lonely? Did a lot of baobab trees grow? He was very concerned with all these questions. Clearly his basic constitution was phosphoric.



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