

# Jan Scholten Kenton Provings

Reading excerpt

[Kenton Provings](#)

of [Jan Scholten](#)

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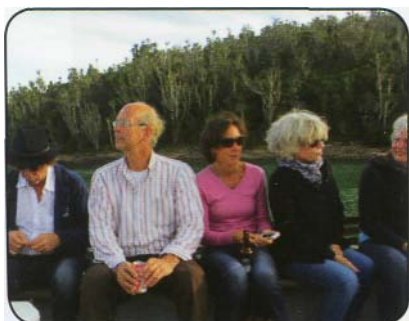
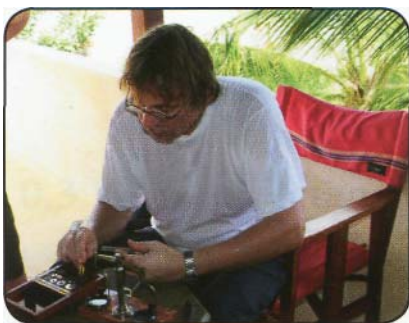
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## 0.5 Method

### **Trituration proving**

The form chosen was that of a trituration proving. There were 3 reasons for this choice:

1. There were no potencies of those new remedies to take, so we had to make them in order to avoid intoxications. Taking rude substances from plants like *Plumeria obtusa* and *Adenium obesum* from the Apocynaceae is too dangerous as they are very toxic, containing heart glycosides.
2. Trituration provings provide the pharmacist at the end of the proving with a C3 potency, which can be easily potentised further. The proving gives as a result a picture and at the same time the remedies are made available as potencies.
3. Trituration provings have become known as strong; they provide a good picture in a short time.

### **Provers**

We made the choice for 3 to 4 provers in every proving. The 3 functions were: triturating, writing down the symptoms, and time keeping. These were done in alternation by 3 provers. A possible 4th prover had the function of supervisor. He was not triturating, not participating in the trituration as such but observing the process, making his own notes. Later we skipped this function of supervisor as it turned out not to work that well. He got involved in the proving as a whole very easily.

### **Facilitator**

A facilitator was passing by the 4 provings. He stayed for a while, getting the feel of the proving and then trying to help the provers when they got stuck in the feelings and sensations and couldn't get deeper to the essence of the remedy. By questioning further he could bring the provers often a level deeper. He invited the provers to stay with their awareness with the feelings. The awareness induced a process of going deeper into the problem of the remedy. It especially helped the provers in going from the expression phase and to the problem phase. It is similar to a homeopathic case taking. By letting the provers stay with their emotions consciously it became clear for them what was behind it.

### **Start**

The first step is to make the choice of the remedy out of the offered possibilities. Three or four provers participate in one proving. The plant is asked permission and thanked for its participation in the pro-

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ving. The provers take parts of the plant, as much different parts as possible like twig, bark, leaf, flower, fruit and seed.

**Pharmacist**

We asked Robert Müntz from Remedia pharmacy to join us and help with the technical, pharmaceutical aspects of the proving. This guaranteed good technical substances and less distraction for the provers by technical things.

**Proces**

120 milligrams of a mixture of the above parts are mixed with with one third of 6 grams milk sugar in a clean mortar. One of the provers triturates this mixture in the mortar with a pistol for six minutes and then scrapes the mixture from the mortar back into the middle with a scraper for another 4 minutes. Another prover keeps the time. A third prover keeps the records and writes down the symptoms of all the provers. This procedure of triturating and scraping is repeated for another 10 minutes.

The above process is repeated but the provers take on another function. Now the second third of lactose and finally the last part, each about 2 grams, is added and handled as described for another 20 minutes per part. The C1 is ready after 6 trituration turns in about one hour.

The above process is repeated with 60 milligrams of the end product, C1. After 6 triturations the C2 is ready.

The above process is repeated with 60 milligrams of the end product, C2. After 6 triturations the C3 is ready.

The provers store the C1, C2 and C3.

**End**

At the end the provers thank the plant for the information given. They end the proving consciously and wash them self physically and or emotionally to clean themselves from the proving.

**Discussion**

To round the proving off the results were discussed with all the participants. This was mostly done in the late afternoon. This often produced some more symptoms, that were forgotten, unsaid or not realized. It shows connections and associations, gives comparisons and differentials with other remedies.

## 0.6 Results

**Results**

The results of the Kenton seminar are presented in this book "Kenton Provings".

Of all the 19 remedies is presented:

1. Botanical information.
2. The number of the plant as explained in Wonderful Plants.
3. Photo's of the plant to give an impression of how they live and grow, to make better and easier contact with them.
4. Materia Medica: this is a short description of the results; I have

## 7. *Coccinia palmata*

Number: 64475.16.

Series: Hydrogen, Carbon, Silicon, Iron series; emphasis on Iron series.

Glades: Cucurbitaceae; Cucurbitales; Fabidae; Fabanae; Angiospermae.

Phase: 7; Subphase: 5.

Stage: 16.

Culture: the promised land; Butterfly blues.

### Introduction

They are in terrible situations but are given hope, the hope of a new land, the promised land. They can be emigrants who hope to make a new start in a foreign country but are given a piece of barren land. They are seduced into projects but are cheated and all their possessions are lost. They are seduced by innocent looking girls that turn out to be whores with gonorrhea and they end up with a sexual disease.

They want to get a lot out of life, but mostly lose everything. They can become cheats, women leading brothels to seduce young men to spend all their money at their home.

Young girls being promised a good career in the western world but ending up in a brothel.

Young men being promised a splendid career, but ending up as a slave on a ship.

Parents who have failed themselves and project all their hopes for a better life on their children and give them everything. They hope and expect that their children will share their assembled wealth with them later in life and can become very disappointed when their spoiled children only live for themselves.

### Mind

Rotten, disgusting.

Spoiled, spoiled love, spoiled career.

Seduced by big promises.

Desire: richness; quick money.

Fear: poverty; dark side, of sex.

Lazy, let others working for you.

### General

Desire: drugs; chocolate.

### Body

Infection: sexually transmitted diseases, gonorrhea, syphilis, Aids.

Heart: weakness, rotten.

Stomach: nausea.

Female: infertility; uterus and ovarian duct inflammations; miscarriage.



### Discussion

The promised land, promised job, paradise.

You are promised land and find yourself betrayed.

Businessmen often use brothels for their deals.

Fruit red, juicy, like a big heart, lovely; but disgusting smell of the one opened earlier; fishy; staining the bowl; paradise, and it stinks; sexual diseases.

Found themselves around 1900, ran a brothel; lovely welcoming room; Prover 13 was the shy

customer; saw the rotten life; and the ladies were nice; tried to give him opium; ladies tried to marry him to a girl named Lily, daughter of one of the ladies.  
Sex with or without love? A. did not go into that sex thing, but couldn't turn away either.  
At some point we will do in return what you did to us.

### Analysis

Iron series: nothing with culture.  
Phase 7: very fluorine: money, sex.  
DD Bryonia: not so much known for the cheating part.

### Proving

Coccinea palmata, proving.  
Trituration proving, 4-10-2012, Kenton on sea.

### Text Prover 13

After receiving the plant and fruit Prover 1 goes to the pool and lies down on a bed.  
Prover 6 starts to settle down in another three meters away and Prover 13 another one.  
Prover 6 leaves. Prover 14 is not amused that we are here; he prepared our sugar, in a cabin nearby. At least we should fetch a table.  
Prover 1: the fruit is like a beautiful, full, red heart, full of love. Juicy abundance; this is about the fruit that was picked three days ago, and partly cut from the bottom up to see the inner side. But then, smelling it: the heart is rotten, it stinks. It is a false heart.  
Repeats: I thought it was a beautiful heart but it is a rotten heart...!  
Prover 1 again: juicy abundance!  
Prover 6: it is so juicy, I would like to make marmalade of it, of the fresh, non-rotten fruit. It smells like fresh peas. In the mortar the sugar and plant are green.  
Prover 1: It stinks like fishy gonorrhoea, and it is green, so it is trichomonas leucorrhoea: green, fishy, stinking, staining the underwear.

So feel tricked by seeming-love, destructed by the full, juicy, red heart. The heart that promises abundant love for everybody.  
Prover 6: but it is beautiful. The cut old fruit looks like a uterus; so it may be cancer of the uterus.

### C1/2

Prover 6 triturating.  
Prover 1: it is definitely a womb-thing! And the fresh fruit looks like the fruit of a miscarriage, foetus.  
Prover 15 comes: but you still look beautiful.  
Prover 1: 'But my heart is rotten' (seems the centre of the remedy!!).

### C1/4

Prover 6 triturating: you have to hide your stains, your disease. Go into the world, let people work for you, get rich.  
- big plan, big trick,  
- you have to get a man before you are comple-





Jan Scholten

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