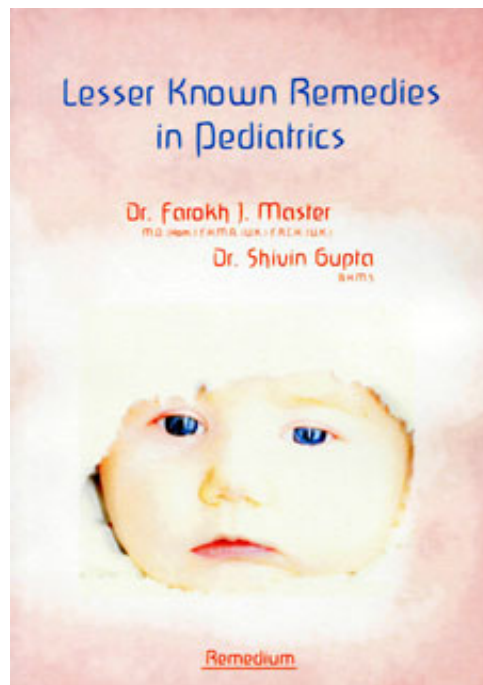


Master / Gupta

Lesser Known Remedies in Pediatrics

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PREFACE

The health problems of children in the third world countries are something of great concern. Homoeopaths in their countries often have to work under the constraints of poor resources and a lack of access to the modern diagnostic aids. Therefore, they require a more exhaustive training in clinical skills and a sharper clinical acumen. The present book is primarily aimed to fulfill this need.

The book covers a total of 118 remedies, which have been used frequently by me in my practice. I have not compiled this book using the 'Cut and Paste' technique, but rather have tried to incorporate the symptoms which I have observed in my practice and have observed excellent results of. This has helped me to restrict the size of the book to a manageable level so that the practitioners may find it handy and useful.

I acknowledge my gratitude to all my colleagues in the homoeopathic world who gave me unstinted support and stood solidly by my side.

I am also grateful to Dr. Frederik Schroyens, Katrin Sigwart, Dr. Roberto Petrucci, Rene Otter, Dr. Kim Elia, and Paul Albers who encouraged me to write this book.

I take this opportunity to thank Rukshin Master, my gracious daughter, now a dear colleague who helped me at every stage during the preparation of this edition.

I am grateful to Dr. Shivin Gupta from Jaipur who worked day and night sincerely to type the manuscript and by giving useful suggestions. This book bears an indelible imprint of his meticulous efforts.

I am also grateful to Sunita Shah for her artwork and correction of language which she is very good at.

ABELMOSCHUS

This plant comes from Malvaceae family and we commonly call this 'Hibiscus'. Dr. D. Legeritt from Mexico has given us a beautiful array of symptoms for this remedy.

This is one remedy which has tremendous fear and you may confuse this with Phosphorus, Calcarea carbonica or Crotalus cascavella. Children are completely overwhelmed by fears of all sorts, which could be fear of animals, venomous animals, flies, insects, scorpions, snakes or spiders. The fear is so severe, to the extent that the child will try to hide and protect himself; so they close their doors and windows or may even stay awake the whole night till daylight strikes. Darkness, night and being alone only exaggerate the existing fear of animals and insects. At the same time if these children are taken to any crowded place like cinemas or tourist places they become extremely nervous, anxious and fearful. These children are extremely dull and lethargic in the morning but in the evening their energy level is high but again once darkness sets in, they develop a lot of fear and once again become dull. These children, as I have seen, are extremely prone to epistaxis. They have a big appetite, especially for cold food and cold drinks.

ADENOCINUM MONOPHOSPHORICUM ACIDUM

This is one remedy which is very useful in children who are extremely nervous and anxious.

They lack self-confidence due to which they usually bite their nails and they suffer from frequent headaches. The headache is usually worse in the morning when they wake up. These children love meat, oranges, sweets and eggs, but potato in any form aggravates.

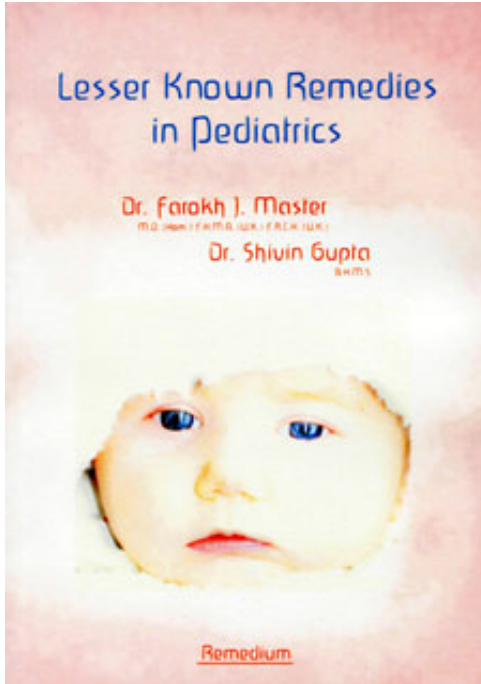
They are quite energetic and lively but somehow during their upbringing the ego remains quite weak and as a result their self confidence is affected.

¹ They usually suffer from psoriasis on the skin, where the fingers are cracked.

- They are constipated.
- They usually sleep on their abdomen.
- Another important thing that I have seen in these children is cracked lips.

LAC CAPRINUM

- The remedy is prepared from Goat's milk.
- Dr. Kees Dam from Amsterdam Holland was the person who introduced this remedy. The main use of this remedy belongs to the field of depression with personality disorder and mania.
- The child becomes angry very easily; anger at trifles; anger is uncontrollable and anger usually arises from interruption. The child is extremely censorious, hurried and impatient.
- Whenever the child becomes angry the child wants to go to the bed and lie down, he then becomes rude, snappish and angry.
- Suspicious and mistrustful behaviour; the child always feels that my friends are saying bad things about me.
- Malicious - till the people are good to the child the child is very nice to them; the moment people try to hurt him he will become their worst enemy.
- Quite restless and anxious, the child travels from place to place; the restlessness is worse between 4 to 11 pm.
- In the phase of depression the child feels lonely.
- Most of the ailments come from missing his family. Situations where the father is working abroad or single parent syndrome or the child is staying in the boarding school away from the family, these are the situations which will usually invite the Lac caprinum state.
- There is a strong preference for green colour, the child likes to wear green colour.
- During migraine the child weeps in the headache which is aggravated in the morning waking on and after exposure to the sun. The state of mind comes in the picture when dreams are very anxious, dreams of being pursued.
- Children have strong desire for fried food, milk, spicy and sweets.



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