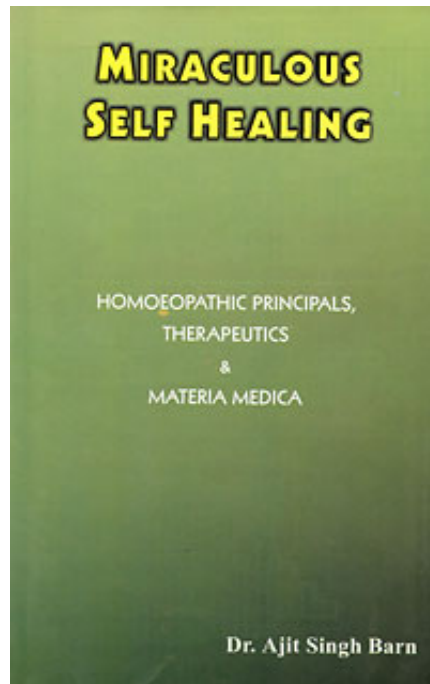


Ajit Singh Barn
Miraculous Self Healing: Homoeopathic Principals,
Therapeutics & Materia Medica

Reading excerpt

[Miraculous Self Healing: Homoeopathic Principals, Therapeutics & Materia Medica](#)
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4. Selection of Dose & Its Repetition

The selection of dose is an open question. There is little teaching but many opinions. Dr. Hahnemann himself initially used massive doses but with continued experiment he observed that in many cases instead of cure there were drug affections. The physiological action of medicines is toxic in nature, therefore, injurious to the patient. From then onward he started reducing the dose by dividing it again and again. It was, however, a long process to grasp the idea of dynamic nature of disease and the use of minimum dose. Therefore, the Homoeopathic world is greatly indebted to Dr. Hahnemann, not only for his discovery of Homoeopathy but also for his glorious doctrine of potentisation of remedies and administration of high potencies consistent with the degree of susceptibility of the patient. Hahnemann by his discovery of potentisation raised homoeopathy to the level of other natural sciences. His method is analogous to the infinitesimal calculus of mathematics upon which is based atomic energy. By potentisation the remedies attain dynamic nature and are given on a dynamic plane to accomplish the cure without any suffering. Curative power of the drug depends on their symptoms being similar to the disease but a little superior to it in strength, so that each individual case of disease is most surely, radically, rapidly and permanently annihilated.

A well-selected remedy may fail utterly because of wrong application of potency. In order that the suffering of the affected organ is not increased and the patient is not injured a smaller dose must be given which is consistent with the degree of susceptibility of the patient. This will ensure that the manner of cure is mild and flows in the stream of natural direction and establishes order by removing the disease. It will be in the fitness of things if the beginner uses low potencies at first and the high potencies are left until such time that he attains sufficient knowledge and experience. These higher potencies have been termed as razors of tremendous harm, as well as, of tremendous good.

Homoeopathic remedies are not used for their physiological effect. We may use them in low potencies. Generally low potencies such as 2x and 3x are given in pathologic states and medium potencies such as 6th and 30th are used for functional disorders. When the disorder is predominantly mental 200th and upward potencies may be used. When symptoms are totally matched the highest potencies may be resorted to. In case, the vital organs such as heart, lungs, liver and kidneys are involved low potencies only may be used. In acute cases, I have been giving medicine three or four times a day. In chronic cases high potencies are given once a week or once a fortnight, as the

case may be. I may, however, add that these observations may be viewed as only a general guide and not the last word, on this subject.

In regard to repetition of dose I may say that in case of acute cases, after the administration of dose we may wait and see. If a slight aggravation of symptoms comes in a few minutes, it is not necessary to repeat it. It is a happy omen and the acute disease will soon be cured. In typhoid the reaction will seldom come and we may have to repeat the medicine.

A disease of not very long standing ordinarily is cured without; ny great aggravation. Sometimes there is violent aggravation in long standing disease. The aggravations are of two kinds: (1) aggravation of disease in which patient is growing worse (2) In true prescription there is aggravation of symptoms, while the patient is growing better. In the first case, there is need for re-examination of the patient.

In case new symptoms appear after the administration of the remedy, it means the remedy has not been well chosen. However, if old symptoms have appeared after aggravation we may have to watch and wait because these will disappear in reverse order of their coming. Old symptoms often go off without any change of medicine. In case old symptoms persist a repetition of the dose will be required.

Sometime the symptoms take wrong direction from 'out to in'. If we prescribe for rheumatism of hands, knees or feet and these feel better but the patient feels pain in his spine or heart, we should at once antidote the remedy. It is risky to select a remedy on external symptoms alone ignoring others. In case of well-selected remedies where the patient has improved .though symptoms have changed we may continue the remedy so long as improvement continues and resort to high potency, preferably a constitutional dose after restudy of the case.

5. The Morbid Constitutions

After many years of practice and observation Dr. Hahnemann found that the remedies selected on the basis of close resemblance of disease-symptoms and drug-symptoms did not always yield the desired results. Eventually he came to the conclusion that the three miasms, 'Psora, Syphilis and Sycosis' play a significant part in the well being of the constitution and health of human beings. The first is due to itch dyscrasia, and is viewed as a mother of all chronic diseases. The second is acquired from impure coition. The third is generally understood to be gonorrhoeal poison. He suggested the under-mentioned, three typical remedies for these dyscrasias: -

1. Psora Sulphur

The Morbid Constitutions

- | | |
|-------------|---------|
| 2. Syphilis | Mercury |
| 3. Sycosis | Thuja |

Dr. Bazin has also characterized all chronic diseases to three forms i.e., Scrofula, Gout and Syphilis. Dr. Von Grauvogel has also specified three constitutions: -

1. Hydrogenoid - Excess of water in blood and tissues.
2. Oxygenoid - Excess of Oxygen.
3. Carbo-Nitrogenoid - Excess of Carbon.

Hydrogenoid corresponds to Sycosis (covers much wider area). Intermittent fever, vaccinose and periodicity come within its sphere. Oxygenoid corresponds to Syphilis. Carbo-Nitrogenoid corresponds to Psora.

Dr. Ellis Barker has stated that Psora is the beginning of all physical sickness. Had Psora never been established as a miasma upon human race, the other two chronic miasmas would have been impossible. It is manifest on skin, in the shape of scabies, psoriasis etc. By suppression it results in distressing symptoms such as swelling of glands, carcinomatous tumors, deformed body structures, functional and nutritional disturbances and hemorrhagic tendencies.

Syphilis is the basis of many constitutional diseases. There are eruptions on body. If it is suppressed, it attacks internal organs. This stigma affects offspring in many ways such as deformities, chronic catarrhal conditions, malformation of teeth and bony-structure, head large and bulging, eruptions, sties and syphilitic taint in mouth, adenoids, tonsils and ulcers.

Gonorrhoea is acute infection of gonococci. If completely cured no Sycosis develops. If it is suppressed stigma attacks all living cells of organism and transforms deadly destructive forces to offspring, through mother. It creates anaemic conditions, general catarrhal conditions, inflammatory rheumatism, lymphatic swelling. Perfectly healthy girls begin to droop. Ovaries and fallopian tubes are affected. The patient becomes suspicious, cross, irritated, vertex headache, hair fall out, sinus, fistula, Bright's disease, appendicitis, unnaturally thickened skin, psoriasis (combination of three stigmas).

In treating patients suffering from these stigmas this classification will be helpful in the choice of simillimum applicable to the individual case. In case of mixed stigma the most prominent symptom may be looked after first and when this is relieved the next in prominence may be cared for until the patient is free from the inheritance of generations.

CHAPTER 2

DISEASES OF NERVOUS SYSTEM

APOPLEXY

Loss of consciousness and involuntary motions, resulting in a fall. There is stertorous breathing and paralysis. The patient recovers gradually. **Aconite**

Nap 2X. Great agitation, tossing of body, anguish, inconsolable irritability, cries, tears, groans, reproaches. Ailments from fear, fright, vexation. Paroxysms of folly, madness. **Belladonna.** Cramps, spasms, violent contortion of limbs; convulsive fits,

cries, loss of consciousness; epileptic convulsions.

Hydrophobia. Swooning, syncope. Dementia. **Gelsemium.**

Unconsciousness, stupor. Delirium, dilated pupils. Dulness of mental faculties. Paralytic affections. Irritability of mind and body. Hyper aesthesia. **Glonoinum.** Hyperemia of brain. Surging of blood to head and heart.

Confusion, dizziness. Vertigo. Threatening apoplexy. Cephalic cry. Fainting with unconsciousness.

Ignatia. Sadness, concentrated sorrow, sighing. Epileptic convulsions, foam at the mouth, frequent yawning, convulsed eyes, retraction of the thumbs. Convulsive. Hysterical spasms. **Lachesis.**

Sadness, disgust to life. Mistrust, suspicious, takes everything amiss, loquacity, over excitement, nervous irritability. Dementia, fainting, delirium. Frantic, Dyspnoea.

Opium. Stupidity and imbecility. Loss of consciousness, sensibility.

Anxiety, uneasiness. **Fickleness.** Loquacious, furious delirium. Fright. Clonic spasms, stertorous breathing. Epileptic.

Trichina Phos 3X. Moaning; sobbing; screaming. Exceedingly despondent. Irritable. Delirium; hydrophobia, frightened. Nervous excitability. Spasmodic, twitching.

CEREBRO SPINAL MENINGITIS & MENINGITIS

Inflammation of the meninges of the brain cord. It is caused by specific bacteria in brain and nervous system. It is due to infection from some disease in some part of the body, nose, pharynx, ear or eye. Scarlet fever, chickenpox is predisposing causes. Arteries and veins are enlarged. Then sudden fever, headache, delirium are main symptoms. There is vertigo, vomiting, convulsions and prostration.

Aconite Nap. Cerebral inflammation and inflammatory fever, dry burning skin, violent thirst, red face, nervous excitability, groaning, agonizing tossing, congestion in the head. Pulse hard. Apes Mel.

The meninges of the brain and pericardium swellings, dropsical, stinging, burning and pain. Vertigo, headache. Eyelids much swollen, red and oedematous. No thirst with heat.

Belladonna. Congestion of blood to head, pulsating arteries, stupefaction, burning red face, fiery eyes. Hyperaesthesia, delirium, epileptic spasms. Meningitis, twitching. Pulsations,

Crotalus Hor. Cerebro-spinal meningitis. Malignant fever, with flushes of heat all over, bloody sweats. Oozing of blood from every pore, vomiting and purging, bloody and bilious, fainting. Delirium with drowsiness; with wide-open eyes. Loquacious. Desire to escape. Cuprum Met Slow fever. Flushes of heat. Shivering after attacks of epilepsy.

and mania. Debilitating, hectic, internal heat. Pulse small, weak. Melancholy, anguish; fear of death, Gelsemium. Fever, stupor, dizziness, faintness; prostrated. Chill along spine, extending upward, from sacrum to occiput, no thirst. Headache, blindness. Paralysis, prostration. Glonoine. Hyperemia of brain. Meningitis. Surging of blood to head and heart, pulsation violent convulsions Confusion, dizziness; unconsciousness. Frantic, attempts to run away. Effects of sunstroke, working under gas. Helleborus. Fever, shivering, shooting pain in limbs. Chilliness, during day.

Melancholy; excessive anguish; irritable; moaning, inability to think Meningitis; stupefying pain, headache. Hyoscyamus.

Effects of meningitis. Fever, fits of epilepsy, shuddering, heat, flames before eyes, congestion in head. Pulse quick, swelling of veins. Cold, debilitating, sour smelling.

Opium. Effects of meningitis. Fits of epilepsy. Sopor. Vertigo after fright. Eyes dilated; pupils insensible. Zincum Met. Cerebral, nervous exhaustion; brainfag, anaemia. Buzzing in head. Faintness trembling in hands. Stupefying vertigo.

Drowsiness. Morose, fretful, peevish humour, stupid Tuberculinum 200. Inter-current remedy, usually administered in the beginning of treatment. Fatigue, faintness, profuse debility, chills "Cold feet in bed"; "Sensitive to music" Anxiety, gloomy, melancholy, whines, complains; dejected mind. Nervous irritation; forgetful.

COMA

Unconsciousness from which the patient cannot be aroused by external stimulus. **Aconite.** Caused due to cerebral inflammation, irritability, and congestion

in head. Groaning, agonizing tossing. **Arnica Mont** When coma is caused by injury in the head. **Baryta Carb.** Old persons who have apoplectic tendency and subject to

degenerative changes. **Belladonna.** Epileptic spasms, twitches, convulsions. Heat, redness, throbbing carotids and burning.

Bufo. Feeble-minded and prematurely senile children, subject to epileptic symptoms. **Cicuta Virosa.** Concussion of brain, trismus, tetanus and convulsions,

violent and frightful distortions. **Crotalus Hor.Due** to cerebro-spinal meningitis. Malignant fever flushes of

heat all over, bloody sweat. **Cuprum Met** Subject to epileptic attacks, coma brought on by fright.

Unconscious, foaming. Periodical **Glonoine.** Due to meningitis, hyperemia of brain. Effects of sunstroke and

typesetters, working under gas. **Helleborus.** Meningitis, sensorial depression, dropsical effusions. Sinking

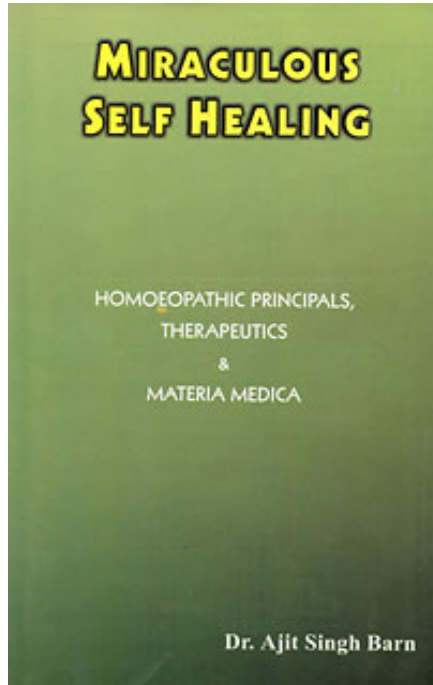
sensation, unconsciousness. **Hyoscyamus.** Effects of meningitis. Fever, fits of epilepsy, shuddering, heat, flames before eyes.

Opium. Effects of meningitis. Fits of epilepsy. Sopor, vertigo after fright. Eyes dilated. Pupils insensible.

CONVULSIONS, SPASMS

In modern civilization, artificial ways of living plays a great part for mental affections. Unhappy home, disappointment, financial difficulties, suppression of sexual urge, are factors for mental derangement. Hereditary also plays a great part, such as, children of alcoholics, and Ganja or sulphur drug addict's also mental disequilibrium, at puberty stage, is responsible for mental derangements. It must also be stressed that good or bad evils, lying latent in children if guided properly by parents and teachers, many diseases would not have happened. **Aethusa.** Convulsions, teething children, aged persons, eyeballs

convulsed, Choleraic, chilly. **Aurum Mur.** Convulsions in case of sclerotic, exudative degeneration of nervous system.



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