

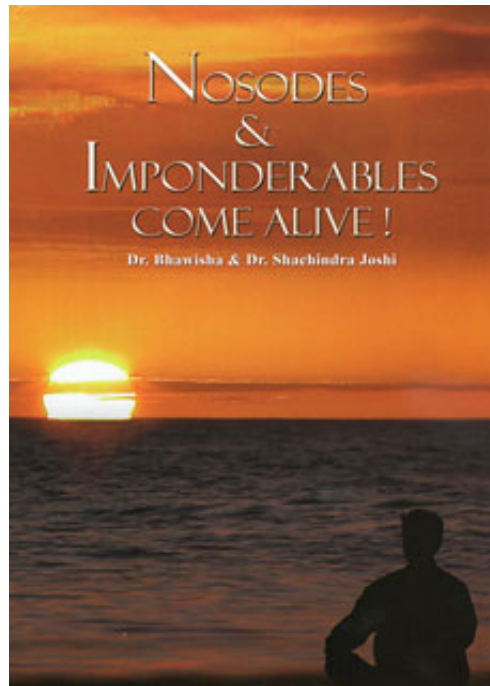
# Joshi B. / Joshi Sh. Nosodes & Imponderables Come Alive

Reading excerpt

[Nosodes & Imponderables Come Alive](#)

of [Joshi B. / Joshi Sh.](#)

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# **DIFFERENCE BETWEEN NOSODES, MINERALS & ANIMALS**

- I. The Themes Common to Nosodes
- II. The Difference between Minerals & Nosodes
- III. Differentiating Nosodes from Animal Remedies

## I. The Themes Common to Nosodes

By now we know that **'abnormal'** and **'diseased'** are the most common feeling to the diseased tissue or to the nosode but the other important thing is a **'victim feeling'** because as you see in some of these nosodes, it's an infection from the outside. So the issue there is very animal like. The feeling is - Why me? Why was I attacked? Why am I born with this? Or sometimes they use the word 'attack'. Or in the case of nosodes of the autoimmune disorders, like we all know for cancer and also in SLE, or other diseases, the feeling is - 'I am born with these extra hypersensitive cells which react in a different way'. Of course cancer can be very clearly differentiated from the other auto-immune disorders because cancer has proliferation, metastasis and tumour formation which are not seen in other auto-immune disorders.

**Constant comparison** is another theme of the nosodes because they feel abnormal within. They are comparing themselves with the normal outside them but along with this they also have insight of a weak inner susceptibility. Somewhere the diseased tissue knows that 'I was weak within in the first place to attract these bacteria or to contract this kind of a disease.' The other interesting thing is the coping or the attitude of the nosode. In some of the cases you will not see the sensation of 'I am incorrect' but you will always see 'How can I correct it and in what ways can I correct it? How can I control or how can I overwork to correct this thing?' So the coping or the attitude or the miasm might be much more frequently seen than the incorrect sensation. Or the incorrect sensation might be seen subtly through the coping mechanism as you will read in a case later. She kept on saying - 'How can I correct myself? I must make every effort to correct it.' Her desperation for correcting it is the coping. Implicit is the feeling that I am incorrect within, which is why she needs to correct it.

So the coping or the attitude can be predominant in nosode cases because the nosodes bring with them the essence of that tissue which was affected and the effort that the tissue is making or has made in the past to overcome the disease.

## II. The Difference between Minerals & Nosodes

Minerals come very close to nosodes because in the minerals the feeling is - 'I am incomplete, I am lacking' and in the nosode the feeling is - 'The problem is within.' The nosodes might very often also use this word - 'Is there a problem? Am I lacking somewhere?' Hence to differentiate these two kingdoms, you

must not analyse just in terms of words but really understand what the issue is within.

The feeling in the nosode is that 'Yes, the issue lies within' which is very similar to the feeling in minerals. But in the minerals there is a specific incomplete issue within, that they talk about. Whatever the situation may be, they come down to a specific issue of a specific row. Take for example when the problem within is the issue of one's own independence - 'Can I stand on my own two feet? Can I make it on my own?' You can clearly notice that this is an issue of an incomplete feeling of a specific kind.

It is the issue within of being dependant or independent, of being able to stand separately on your own which would take you to row two. Or the patient would say that the issue is within. 'Whenever I don't get appreciated in a situation and others do, I feel what is it that I am doing wrong or how can I change it?' If you ask the patient to describe further at this point, he says, "I always wanted to be recognised, to be accepted and acknowledged because then that makes you feel that you are an entity. It makes you realise that you are something by yourself."

So here the feeling that there is an issue within has a specific quality and that is the quality of needing identity which is an issue of the third row. The incompleteness in minerals is about independence, security, existence, or about challenges or power.

But in the nosodes, there is no specific quality like that of dependence-independence, challenge-power, existence, separation and identity. There is only a feeling that 'There is a problem within. I am abnormal whereas others are normal'. The polarity is that there is a problem within from which you need to come out. There is disease on one side and health on the other side where one wants to reach.

### **III. Differentiating Nosodes from Animal Remedies**

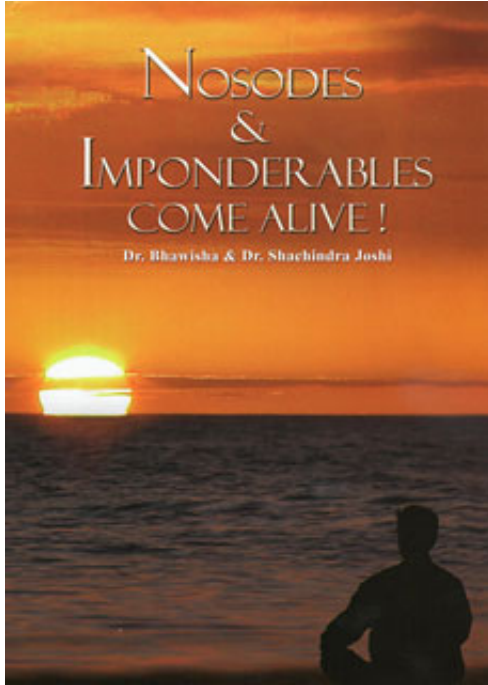
Nosode remedies very often look like animals in the first few parts of the case. And it's completely understood because their source mainly is the animal tissue. It's a diseased victim which has been affected by another thing - by a virus or by an organism like by bacteria or something and he is now in this diseased abnormal state. Sometimes there is also an element of comparison that 'They are normal, I am not. They are healthy, they can do it

but I am the abnormal one. I am weak, deranged and abnormal whereas they are stronger, healthier and normal. I am incorrect and they are correct.'

In this comparison comes an element of weakness and strength as well. But the issue here is not that I am weak and I need to get back and fight. It's not about 'me versus you'. The issue here is 'Oh! I had certain susceptibility within me to contract this disease. There is a diseased tissue within me now. What can I change within me to increase that level of strength and to be as normal as the others are?'

Recently we have actually understood some of these nosodes exactly at the source level. The patient gave us the whole picture of the disease. Not only did he give us the sensation that 'I am diseased within' but he also gave us the complete pathology and mechanism of the disease development.

Now that we have covered the ten different intensities, the ten different miasms, the major pillars of Psora, Syphilis, Sycosis and the ones in between, from Acute right up to Leprosy, we will go to the cases. We will see what the sensation is and learn how we come to it. Side by side we will explain how we understand the intensity of the sensation, the miasm or the coping to the sensation.



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