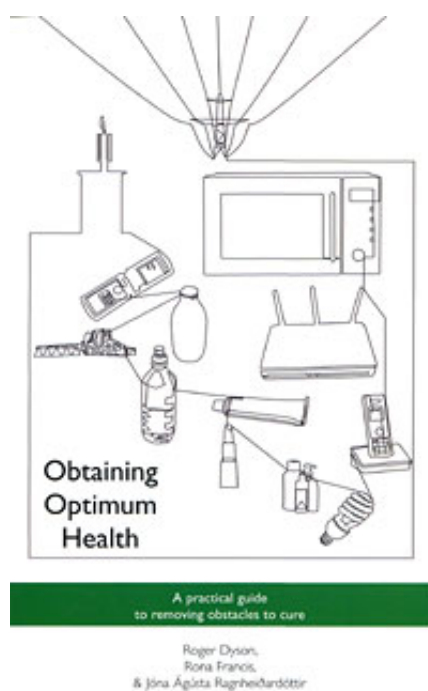


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## Obtaining Optimum Health

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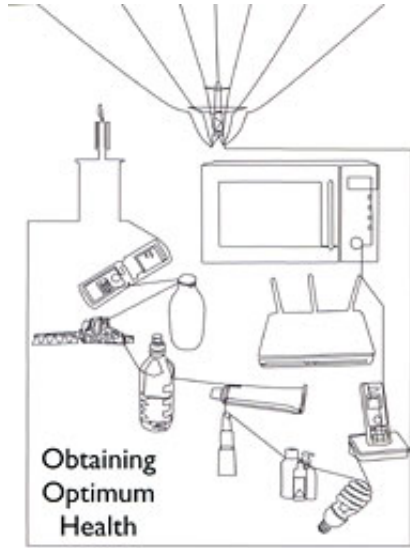
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Optimum  
Health

A practical guide  
to removing obstacles to cure

Roger Dyson,  
Rona Francis,  
& Jóna Ágústa Ragnheiðardóttir

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