

# Arvind Dr. Jain Perceiving

Reading excerpt

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of [Arvind Dr. Jain](#)

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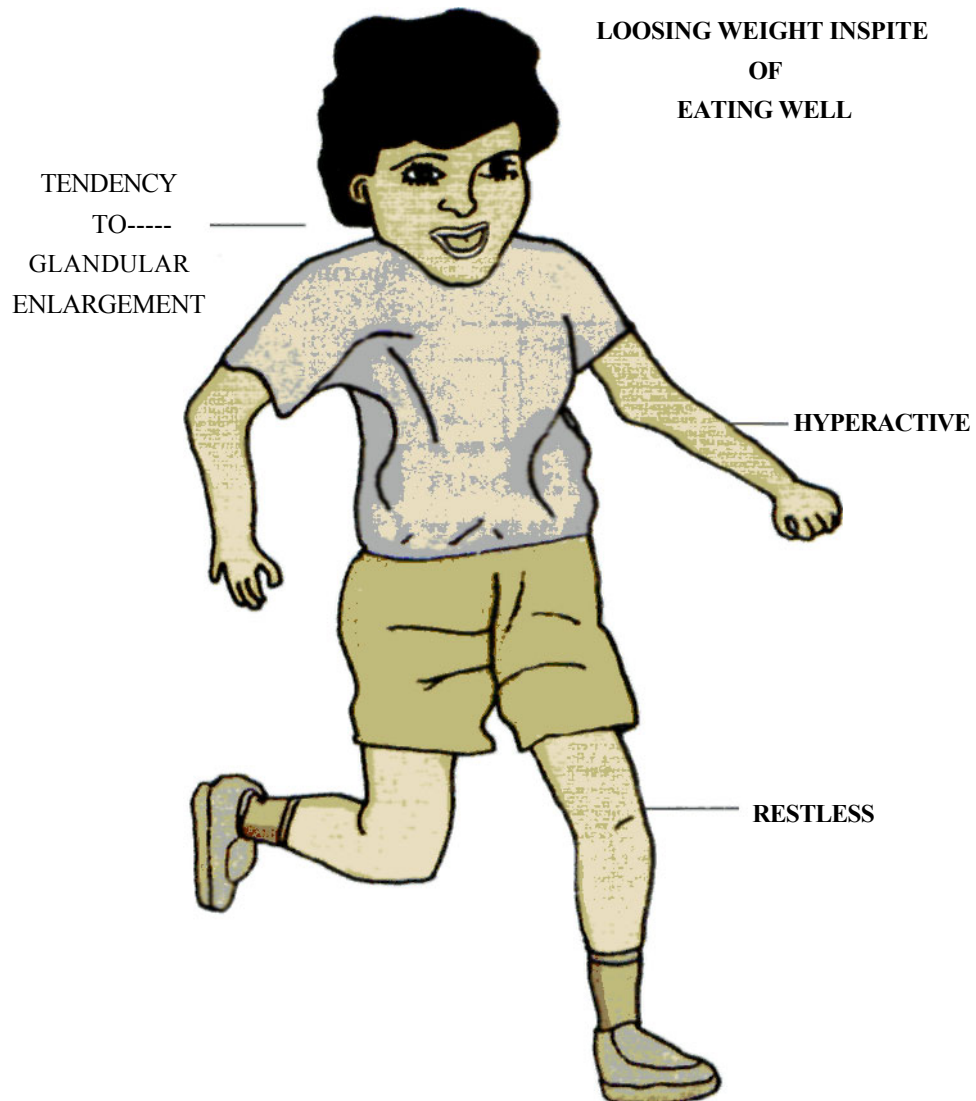
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**DR. ARVIND JAIN**

## Halogen Personality



DR. ARVIND JAIN

## HALOGEN GROUP

### INTRODUCTION

**Halogens are** elements of group VII A which consists of Fluorine, Chlorine, **Bromine** and Iodine, placed according to their atomic weight in the long form of periodic period. **Halogens are non-metallic** in nature and are poor conductor of heat and electricity. **They are highly reactive and never occur free in** nature. Their highly volatile nature **declines** from fluorine **to iodine and the same** happens about their **poisonous character**. **Of all** the halogen's fluoride is highly **reactive** and iodine is the least reactive.

**Halogens are most dynamic members of our materia medica, active and hungry.** They display a remarkable zest and lust for **life**. They vibrate with buoyancy and have a strange enjoyment of life.



IODUM

DR. ARVIND JAIN

## **HALOGEN GROUP**

### **FLUORINE**

Fluorine is a content of hydrofluoric acid and is stored in teeth and bones. A deficiency of fluorine can lead to tooth decay. Fluoride or compound of fluorine is added to water supply to prevent tooth decay.

### **CHLORINE**

It is a chief anion of extra cellular fluid. It is a constituent of gastric juice; synthetic chlorine is an active bleaching agent and germicide, owing to its oxidizing powers. It is used extensively to disinfect water supplies and treat sewage.

### **BROMINE**

It is the only non-metallic element that is liquid at room temperature. Its action is anti epileptic, sedative and as sleep producing agent. It produces narcosis, more marked than chlorine. It is a large content of anterior hypophysis. On skin it is irritant or corrosive and forms painful vesicles or burns that heals slowly

### **IODINE**

Iodine is essential for the normal functioning of human body. It is a non -metallic element belonging to the halogen group. Iodine is necessary for production of thyroid hormone. Deficiency leads to goitre. It is also used as disinfectant for skin and as a germicide.

### GROUP INDICATIONS

1. **TENDENCY TO GLANDULAR ENLARGEMENT** - All halogens have got great affinity for glandular system of the body. The glands specially affected are thyroid, testis, ovaries, breast, tonsils where they produce **inflammation, ulceration, abscess formation** and tendency towards **malignancy**.
2. All halogens are highly **Irritant** towards **mucous membrane** producing violent **inflammation**, rawness, excoriation congestion, **ulceration**, suppuration and finally **necrosis** with a **rapid pace**.
3. **TENDENCY TO EMACIATION** - Halogens emaciate very rapidly as there is nutritional and metabolic imbalance present which occurs because the **catabolic process runs faster** and nutrition suffers. Hence we find emaciation inspite of ravenous hunger. Hence it is said, "**Halogens loses weight even though eating well.**"
4. **MARKED affinity FOR HOLLOW ORGANS** - of the body Halogens have got great affinity for hollow organs like heart, lungs, respiratory system, nose, trachea, bronchi, bronchioles, producing spasm and difficulty in breathing. There is flapping of ala-nasi, bronchospasm and angina. It also produces spasm of glottis, there is '**laryngismus stridus**'.
5. **TENDENCY FOR 'PSEUDOMEMBRANE FORMATION'** - especially over tonsils fauces and hence good drug for diphtheria.
6. **DISCHARGES** - are **acid<sup>4n3</sup>, corrosive,** offensive and hemorrhagic.
7. **PAINS** - Burning pains<sup>+3</sup>, wedge like pains > cold.
8. **CRAVINGS** - for alcoholic drinks.

## HALOGEN GROUP

### CONSTITUTION

It is mainly suited to lean, thin cachetic looking persons who are always **hungry and hot** usually **dark skinned** except **bromine** that are **blonde**. Prematurely old looking people **who loses weight, while eating well**. Very restless, marasmatic children with **tendency to glandular enlargement**.

### AILMENTS FROM

Emotions, Shock, Disappointment, Sexual Excess, Drugs Like Mercury And Iodine.

### SPHERE OF ACTION

Respiration

- Larynx
- Trachea
- Bronchi

Heart, Blood Vessels, Glands-Parotid, Thyroid, Ovaries, Mammary, Testis, Skin And Bones.

MIASM Tub <sup>+3</sup> Syphilitic <sup>+2</sup>

### THERMAL

All are HOT except Chlorine which is **CHILLY**

### MODALITIES

< Heat <sup>+3</sup>

< Exertion <sup>+2</sup>

< Fasting

< Night

> Cold breathing

> Motion

> Cold air

> Eating

### MIND

**Hyperactivity** along with **restlessness, anxiety and impulsiveness** are the key expressions to all halogens. **Hyperactivity** runs through and through in halogen personality. It is present right from birth to old age. **Hyperactivity** and its expression are so obvious that it can hardly be missed by a physician, in a clinical session. One Seldom prescribes halogens without expression of hyperactivity. **Hyperactivity** is present at both level of **mind and body**.

If we try to understand hyperactivity and its expression of **excitement, restlessness, anxiety and impulsiveness** and why this person behaves in such manner we see that there is **LOTS OF ENERGY PRODUCED WITHIN THEM DUE TO FAST CATABOLIC PROCESSES, RELEASING LOTS OF ENERGY WHICH IS DIRECTIONLESS** giving rise to the full-fledged picture of halogen personality which is being described below:

The directionless energy is characterized by erratic **unceasing activity** of mind and body. Mentally the patient is very **active and restless**, moving from one place to another due to his restlessness, he is compelled to move vigorously, with this restlessness there is anxiety. In anxiety he becomes **hurried** and wants to do everything very fast. "**Even their anxiety seeks relief in motion**". He become anxious about health, irritable and finally becomes **impulsive**. In this impulsiveness he wants to run, fly, hit, tear and blast. He also gets sudden impulse to do something **dreadful** like murder. He cannot get rid of idea of killing unless engaged in some laborious work. This **impulsiveness** finally ends in "**obsessive compulsive neurosis**". He locks the house but returns again and again to check if the house is locked.

His **mind** becomes **weak** and starts playing tricks with him, he becomes **forgetful** cannot remember little things, they pass out from his mind, he forgets what he was about to say or to do, he **purchases the things and walks off without taking it**. The forgetfulness is very extensive. But with all this states, one thing is there i.e. **patient is compelled to keep doing something in order to drive his**



## HALOGEN GROUP

**impulsiveness and anxiety.** The anxiety also gets reflected in the **dreams**, dreams of death, falling in water as well as amorous reflecting its anxiety and erotic tendency.

Due to continuous flow of energy you will find that these people are **extrovert** who **love to travel** and seeks adventure in this wild world. His amours are many and varied. There is lots of sexual excitement but the performance is inadequate with consequence of impotence.



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