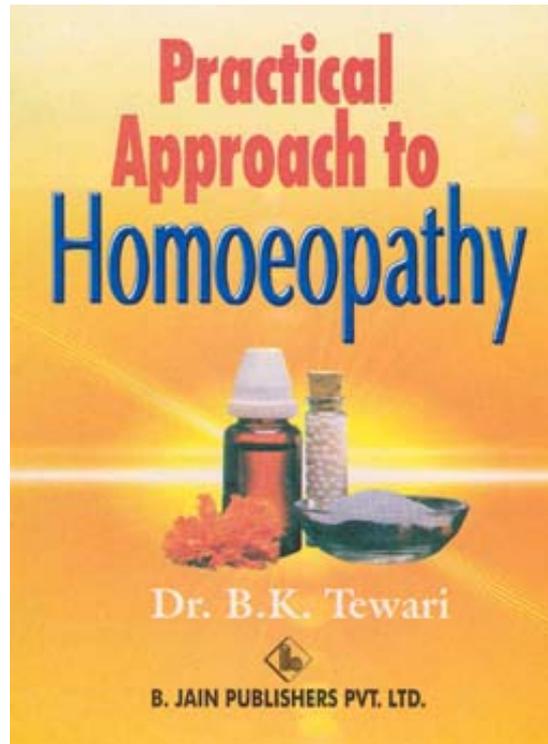


B.K. Tewari  
Practical Approach to Homoeopathy

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## MARK OF INDIVIDUALITY

### 11.1 INTRODUCTION

In each different personal there is a distinct stamp mark of individuality which distinguishes him from the others and the different individuality reacts in a different way on receipt of the same impression.

The man with aggressive nature, if is threatened, jumps up to destory the opponent and a timid man runs away in an opposite direction, if you submit yourself to the aggressive, he will boss over and tease you but if you submit yourself to one who cannot tolerate challenge, he may be gratified to offer you whatever you need from him, if you surrender yourself to a greedy man, he will try to extract something from you, but if you surrender yourself to one who is very sincere and up right he will try to help you and support. If you disturb the very existence of a most decisive man, he will fortify himself more and more to an extent that it will be far beyond your reach to even approach him, in the case of a self destructive man, he may either completely desert the area of your jurisidiction or end his own self.

In the same way each of the emotions reflect different behaviourism in different individuals and reacts in a different way. In this connection it will not be out of place to mention that the same electric current when passes through a bulb, gives light, when passes through a fan, gives air, when passes through a refrigerator, manufacture ice, when passes through a heater, creates heat, But it is the same electricity-re-action differs in different conductor. So method lies if you know -

1. How electricity reacts in different conductors.
2. How the different reactions like, light, heat, ice, air are promoted and by passing the electricity into different nature of conductors like, bulb, fan, refrigerators or heater. Now if one questions whether electricity generates air, the answer is 'Yes'. If the question is whether the electricity produces ice ? the answer is 'Yes'. This may confuse one till one understands that the different conductors create them in co ordination with the electricity-Then ones doubts are not more there.

In both the methods we can arrive at a conclusion that the electricity is a main factor which plays into different way through different materials - affecting a distinctive mark of difference.

Similarly, we find the cause and individuality-The flow of the cause in different individuality exhibits different impressions. We are either to study as to how emotions play in different individuality or we may study how different individuals react with different emotions. I have gone into details earlier to explain how they play indifferent individuals-now I will furnish a chart which shows individuality markings to each of our remedies-and their re-action with different emotions.

Heat in a hot patient creates oppression, whereas to a cold and chilly patient feels comfort. So a similar cause may not bring an universal effect in all the individuality-the result and reaction differs. Fire in dampness-is vapour, fire in a combustible is-flre. Fire-to ice-is-melting, and so on.

## 11.2. DEPRESSION AND MENTAL REACTIONS

Basing on different characteristics different emotions have got different expressions. In psychiatry emotional disorder may be either neurotic or psychotic type. The symptoms are almost the same in both conditions and vary from mild to fatal are-insomnia, headache, exhaustion, anorexia irritability, emotionalism, or loss of affect, loss of interest, impaired concentration, feeling that life is not worth living and suicidal thoughts etc. For illustration let us take a few examples from our remedies which have got strong depressed mentality.

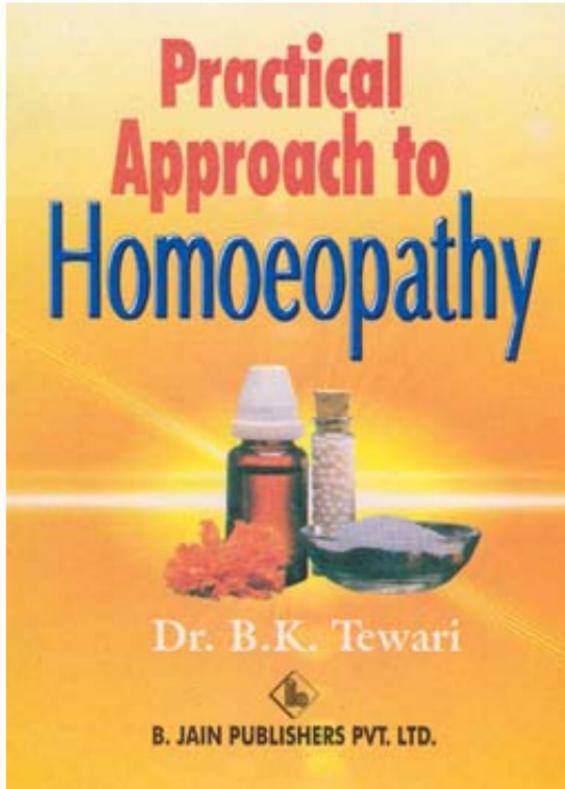
- (i) *Silicea* It has got at its base '*Brainfag and Exhaustion*'<sup>9</sup>. Anger or rage reacts on them in a way peculiar to *Silicea*. He does not want to '*tax his head*' so hates, disputes and arguments. A *Silicea* baby shows its '*annoyance*' as aversion to mother's milk which if taken is vomited. A *Silicea* patient 'does not want to appear before the public' because of its brainfag. In case of fear a *Silicea* reacts in a way indicating his fear fixed in his brain or have the idea fixed to him. Due to his brainfag, fixed ideas do not get out-let. He often thinks only of pins and fears them or sometimes counts them. This is also a fixed idea settled in their brain. Here he avoids to think about the object of his fear so he clings to a fixed thought. On '*Consolation*' his grief expresses in tearfulness indicating his gentle mind failing to bear a changed thought. Tearfulness is a depressed state of the mind.
- (ii) *Lycopodium* A *Lycopodium* patient lacks '*Self Confidence*' so he has aversion to work and is easily frightened. In case of "*Annoyance*" although they have no reliance in themselves they reflect a fault-finding attitude with others and have aversion to company so do not want to talk, in "*food*" they are annoyed with coffee and meat. In fear they reflect

*apprehension before the event.* They are afraid that they may forget. Lack of '*Self confidence*'\* in dreams they wake cross or terrified, their nature of dreams indicate '*Anxiety, Frightfulness of sickness, of people*'; pacified. On '*consolation*' they weep even when thanked, They weep at a least joy. Melancholy, afraid to be alone.

- (iii) **Manganum Aceticum** They have got at its base '*Great Fear*' In case of '*Annoyance*' a Manganum lies down to pass away all his feelings. When in '*Con/used*' state he finds his business difficult and cannot think deep. Feels large and heavy.
- (iv) **Acid Phos** They are ... "*Mentally tired and worried of business*" and so have a profound indifference. If '*Annoyed*' an Acid Phos will answer slowly or won't answer at all. This attitude may lead them to look at the Questioner and say "I am tired?" or say nothing. When in '*Confusion*' they may brood over their own condition or may dwell upon a subject of their past or about their disappointed love. Effects of grief and mental shock. Apathetic. Cannot collect his thoughts or find the right word. Difficult comprehension.
- (v) **Ambra Gresia** Has at the bottom a '*Sense of loss of comprehension*' so reads a sentence again and again but to understand nothing. In case of '*Annoyance*' he does not like presence of others. He dislikes even the presence of his nurse. '*Melancholy*' is his facial expression. In '*Confused*' state an Ambra Gresia reflects his confused mind through quickly passing his ideas from one subject to other. He cannot hold his ideas, so asks a question and does not await for the answer. His mind rapidly runs on unpleasant fancies, in extreme *confusion* and *delirium* he sees Diabolical faces and sights of Delusion, Music causes weeping. Dread of people and desire to be alone.
- (vi) **Baryta Carb** They are '*Mentally and Physically dwarfish*'. When they are in '*Annoyance*' they reflect aversion to strangers. In '*Confused*' State they cannot grasp simple things. They are shy and may laugh when it is not an appropriate time for them to do so. Senile dementia. Loss of memory, mental weakness.
- (vii) **Coca** A Coca patient is '*Bashful shy and timid* ! In '*Annoyance*' a Coca does not want society. In '*confused*' state his sense to recognise right or wrong is lost. He wants solitude. While walking; due to his fear of falling, he finds difficulty. He has a feeling as if some foreign bodies or worms are creeping under his skin and finds himself uneasy for that. Melancholy, irritable.
- (viii) **Acid Picric** Has at the bottom '*Indifference lack of will-power and brainfag*'. In '*Annoyance*' Acid picric patient reflects aversion to marriage. In extreme '*annoyance*' he suffers from brainfag developing into headache in occiput and cervical region. In '*confusion*' he has

a sensation of coldness in genitalia. Disinclined to work cerebral softening. Dementia with prostration, sits still arid listless.

- (ix) **Aethusa Cynapium** An Aethusa patient shows '*Inability to think orjlx attention*' in his work. In '*confused*' state he goes into a delirium and sees cats and dogs and tries to jump out of be<5 or out of windows. Inability to think sometimes make them run into imbecility, they have examination funk, and they refuse to stand in competition. In '*annoyance*' they develop digestive disorder and marked inability to digest milk. Milk aggravates their distress, they vomit and go to sleep immediately Symptoms set in with violence. Anguish, crying and expression of uneasiness and discontent.
- (x) **Natrum Carb** Has got at its bases '*nervousness, exhaustion of body and mind*'. In '*confused*' state he suffers from brainfag, cannot add up figures. Anxiety drives him to distress during a thunder storm, music goes intolerable to him. On '*consolation*' a Natrum Carb drives himself to a very intense melancholy. Sensitive to presence of certain individuals.
- (xi) **Phosphorus** They are '*sensitive to all impressions, sympathetic and easily-frightened type*' patients. In '*anger*' they become extremely violent and show their wild temper. They would fight with anyone In '*annoyance*' they are indifferent to loved ones and will lock themselves in lavatory. In dark evening and thunder storm if alone *their fear* makes them feel as if some thing will happen. '*Fear*' causes them to suffer from involuntary stool and urine. They tremble and shake with fear. In '*confusion*' they are apt to feel as if they are torn in several pieces and cannot set the bits properly together. This is a delirious state. *Confusion* and/ear frighten them with a delusion as if strange faces look on them from the corner. In '*anxiety*' they have glooming forebodings - about to die', about their future. Dreams of restless work and business which they could not finish, disturb their sleep. Insanity, with an exaggerated idea of one's own importance.
- (xii) **Tuberculinum** Tuberculinum is '*hopeless and cosmopolitan*' type. They gradually run down to have a bad temperament. In case of '*anger*' they express violent rage and find difficulty to avoid loud uncontrollable cry. In '*annoyance*' a Tuberculinum patient kicks of clothings and is rude to others for no reasons. Smile vanishes from the face. Aversion to all food is impossible for them to eat. Tuberculinum while '*confused*': shows anxiety, he goes worse during every midnight, various thoughts in his mind crowd upon each other. Constant desire to use foul language, curse, swear and to change his poise, position , ideas locality, even upto his treatment, and drives him to do so, but all the changes aggravate his condition. He is inclined to travel. Fear of dogs, Animals especially.



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