

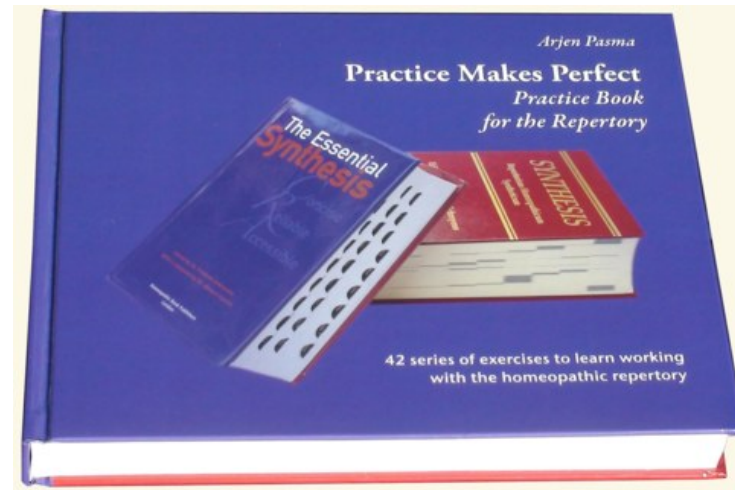
# Arjen Pasma Practice Makes Perfect

Reading excerpt

[Practice Makes Perfect](#)

of [Arjen Pasma](#)

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Narayana Verlag GmbH, Blumenplatz 2, D-79400 Kandern, Germany  
Tel. +49 7626 9749 700  
Email [info@narayana-verlag.com](mailto:info@narayana-verlag.com)  
<http://www.narayana-verlag.com>



### General layout of Synthesis 9.1

Synthesis 9.1 has author references mentioned with the remedies, and also includes new remedies and proving information, as well as sources coming from theoretical approaches, dream and meditation provings.

Daytime	Mind	Abandoned
<b>DAYTIME</b> (See <i>Abandoned</i> )	<b>ABILITY</b> (See <i>Mental exertion - desire, Mental power - increased</i> )	<b>ABANDONED</b> (See <i>Forfeited</i> )
<b>MORNING</b>	<b>ABROAD</b> (See <i>to go (See Travelling - desire)</i> )	<b>ABASHED</b> (See <i>Aliments - embarrassment</i> )
<b>NOON</b>	<b>ABRUPT</b> (See <i>to go (See Travelling - desire)</i> )	<b>ABILITY</b> (See <i>Mental exertion - desire, Mental power - increased</i> )
<b>AFTERNOON</b>	<b>ABSENCE</b> (See <i>Unconsciousness - frequent</i> )	<b>ABROAD</b> (See <i>to go (See Travelling - desire)</i> )
	<b>ABSENT FATHER</b> (See <i>Aliments - neglected - father</i> )	<b>ABRUPT</b> (See <i>to go (See Travelling - desire)</i> )
	<b>ABSENT MOTHER</b> (See <i>Aliments - neglected - mother</i> )	<b>ABRUPT</b> (See <i>to go (See Travelling - desire)</i> )
	<b>ABSENTMINDED</b> (See <i>Unconsciousness - frequent</i> )	<b>ABRUPT</b> (See <i>to go (See Travelling - desire)</i> )

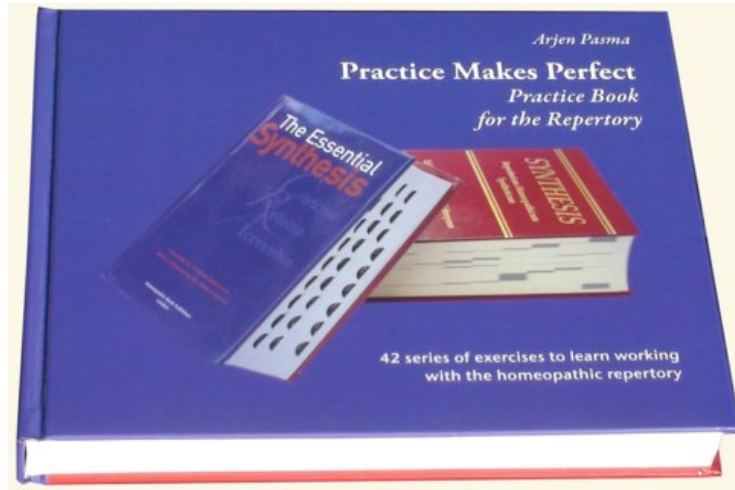
- Chapter (this is the first level of the repertory)
- The first and last rubric on the page (maximum two levels are mentioned: level 2 and level 3)
- Main rubric (this is level 2)
- Sub rubric (this is level 3)
- A next sub rubric (level 4) (there is a maximum of 8 levels)
- Referring rubric: a rubric (synonym) with no remedies pointing to one or more other rubrics.
- A synonym of a rubric with remedies. Example: (= rough)
- Cross references: rubrics which are similar or closely related.
- 1st degree remedy (lowest intensity)
- 2nd degree remedy
- 3rd degree remedy (there is also a 4th degree, written all in capitals)
- An author reference, or source reference: Mostly a combination of an author with a specific document. You can look these up in your Synthesis book or on the CD included with The Essential Synthesis).

### General layout of The Essential Synthesis

The Essential Synthesis offers more conservative information. It does not have author references next to the remedies.

Abandoned	Mind	Absentminded
<b>ABANDONED</b> (See <i>Forfeited</i> )	<b>ABSENTMINDED - children</b>	<b>ABSENTMINDED</b> (See <i>Unconsciousness - frequent</i> )
<b>ABASHED</b> (See <i>Aliments - embarrassment</i> )	<b>ABSENT FATHER</b> (See <i>Aliments - neglected - father</i> )	<b>ABSENT FATHER</b> (See <i>Aliments - neglected - father</i> )
<b>ABILITY</b> (See <i>Mental exertion - desire, Mental power - increased</i> )	<b>ABSENT MOTHER</b> (See <i>Aliments - neglected - mother</i> )	<b>ABSENT MOTHER</b> (See <i>Aliments - neglected - mother</i> )
<b>ABROAD</b> (See <i>to go (See Travelling - desire)</i> )	<b>ABSENTMINDED</b> (See <i>Unconsciousness - frequent</i> )	<b>ABSENTMINDED</b> (See <i>Unconsciousness - frequent</i> )
<b>ABRUPT</b> (See <i>to go (See Travelling - desire)</i> )	<b>ABSENTMINDED</b> (See <i>Unconsciousness - frequent</i> )	<b>ABSENTMINDED</b> (See <i>Unconsciousness - frequent</i> )

- Chapter (this is the first level of the repertory)
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- A next sub rubric (level 4) (there is a maximum of 8 levels)
- Referring rubric: a rubric (synonym) with no remedies pointing to one or more other rubrics.
- A synonym of a rubric with remedies. Example: (= rough)
- Cross reference: rubrics which are similar or closely related.
- A correction, often relating to a remedy present in the original Kent. (non: chlorpr) indicates this remedy not correct and should be removed from this rubric. Details about such corrections can be found in the Synthesis computer database.
- 1st degree remedy (lowest intensity)
- 2nd degree remedy
- 3rd degree remedy



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Practice Book for the Repertory

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