

Nuala Eising Proving - Kunzea Ericoides

Reading excerpt

[Proving - Kunzea Ericoides](#)
of [Nuala Eising](#)

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FOREWORD

Since arriving in Australia nearly 6 years ago, I have been aware and have seen many of these trees, yet when I went to locate the *Kunzea Ericoides* at our local Botanical garden, Mt Coutha, I was initially unable to find one, despite being told there was one in the gardens. On further investigation, I was to discover that I had been misinformed and that the only *Kunzea* they have is *Leptospermum (Kunzea) brachyandrum*! The *brachyandrum* is also a "Tea Tree" and member of the Myrtaceae family but smaller in stature. This confusion, together with the elusive quality of this proving, form two of the main themes which run throughout - the initial delay from the time of Nuala's dream in 2006 to the difficulty of collecting samples of the tree, bark, twigs, etc. in 2014 through to the sense of confusion, alienation, isolation and disconnection which many of the provers also experienced.

Kunzea Ericoides is classified as part of the Myrtaceae family - Jan Scholton, in his new book *Wonderful Plants*, introduces Myrtaceae as "often they live in isolation having no relationship or family. They can make contact quite easily but is more difficult to maintain relationships." On further reading of Nuala's proving of *Kunzea Ericoides*, this theme of relationships, isolation and family roots continues and confirms many of the core themes identified by Jan of the Myrtaceae family.

The sense of duality and parental separation featured for several provers in both real life and in dreams, through the reconnection with siblings who had not been seen for years and, in one prover's situation, decades. Reconnection, relationships restored, deep healing and an opportunity to recast the die, to clear negative ancestral inheritance once and for all.

Interestingly, the night I had first read the opening introduction to the proving, I had contact with 2 of my own family members with whom I had not spoken for a long while, one for over 18 months! This contact was welcome, easy and felt very affirmative, comfortable and reassuring. Historically contact would not always have been so welcome or connecting!

Nualas dream and the statement "A family should not be depicted as a tree but the roots of a treeyour children are not part of your roots but the fruit which fall to the ground and put down their own roots.....You do not own your children - they own you as their roots" is clearly central to this proving and sets the stage for what unfolds in the experience of the provers and the story the Kunzea Ericodes reveals to us.

The theme of being a woman in a male dominated world comes up very strongly in the proving, with an aversion to men. Nualas dream after receiving the tincture from Australia really sums this up beautifully. "Women are better off living with other women and having a man on the side as a stud for procreation, AND THAT IS KANUKA."

It is also interesting to note that Kanuka flower stamens are longer than the petals and stand erect in the soft gentle petals of the flower! (Kanuka flowers in December and, as the material was collected in February, I am unsure if petals/flowers were also part of the tincture. I expect not, but the length of the stamen and dominance in the flower is significant.) The theme of Male dominance and arrogance is also highlighted in Jan Scholten's classification of the Myrtaceae.

We also see in the proving an appreciation of ourselves as "animal" in a number of ways:

SURVIVAL - the experience of one prover of "Survival on Usefulness". "I keep feeling like everybody hates me (never felt that before). I have to be useful, otherwise I will not be tolerated and so I am taking on a lot of responsibility". There is the sense of humiliation, shame and hatred carried in our DNA from millennia of oppression - a need to liberate them, "the buck stops here, the past comes back to haunt you".

VIOLENCE/WAR/BLOOD/TORTURE

UNAPPRECIATED/POWERLESSNESS - The feeling of not being heard, of not being appreciated, of being misunderstood and of powerlessness and the burden of "joyless responsibility and duty which arose out of the need to be useful". (Scholton too highlights the need to be appreciated, to feel special within the Myrtaceae family.)

IMPRISONED/TRAPPED/STUCK- by the mistakes of

ancestors which holds us in the same patterns until we learn from their mistakes.

SEXUALITY- disturbing dreams, a sense of inappropriate relationship/humiliation comes through.

HEIGHTENED SENSES— Many provers noted that they were very sensitive to smells, noises, (DD Scholten's Myrtaceae, who also notes that nerves often affected, tendency to neuralgia with shooting, electric pains in arms, face, teeth and legs).

NUMBNESS - The opposite of over sensitive/heightened senses - feeling nothing, numbness.

INSECTS - The leaves of the White Tea Tree were burned by indigenous tribes to repel insects. In the proving, many provers noted insects attracted to them, found insects on their body and one provers greenhouse became infested with ants.

In summary, I feel this is a hugely significant proving which will not only help family roots and connections to repair and future generations to flourish, but also will facilitate those who individually feel stuck or trapped to move into their power and no longer feel oppressed by authority and the arrogance of men. Australia has a history of male dominance, where women have played second fiddle to a man's work, with a man's beer and pleasure coming first. This has been a pattern for many generations, and even today within the business environment we see the fewest number of women in CEO and senior positions here in Australia when compared with other western countries. There appears to remain a silent but deep seated lack of appreciation of and negative prejudice towards women, which it feels that *Kunzea Ericoides* may have the possibility to change. My female patients here often tell me of their parents' and grandparents' relationships and how unequal they were. Of how dominating and often violent their fathers and grandfathers were towards their mothers, be that verbally or physically, and the mothers' acceptance of the situation - "No way out, stuck". Domestic violence rates are still high here in Australia and we hear regularly of women who have been killed by their male partners. The following examples occurred in Queensland in the past month, all three victims being mothers with children.

July 3, 2014 Sunshine Coast - Missing woman's body found, two charged with murder.

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July 15, 2014 - Brisbane man guilty: Life sentence for killing wife.

August 26, 2014 Woman murdered in house at Norman Park as her children slept.

Kunzea Ericoides appears to offer the opportunity to re-tell our story, erase the DNA, to reframe, so that the future generations will no longer have to relive and play out history. Thank you Nuala for bringing Kunzea Ericoides into potency.

Additional information KUNZEA ERICOIDES. The aboriginal name is BURGAN (Wurundjeri) Kunzea Ericoides. Spears, clubs and boomerangs were made from this tall shrub. The leaves were burned to repel insects - In the proving, many noted insects attracted to them or found insects on their body, and one prover's greenhouse became infested with ants. The plant often grows on poor ground; the resinous leaves may, like the pine needles, make bad mould; and the shrub itself probably exhausts the soil. Yet sometimes certain orchids are found below it, which are rare elsewhere. The Kanuka flowers later than Manuka, usually starting in December, with the flowers emerging in bunches or groups. The seed capsules are smaller than those of Manuka. Kanuka flowers stamens are longer than the petals and "3rd fiddle" so to speak - For generations.

*Jane Lindsay,
Brisbane, Australia.
October 2014.*



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