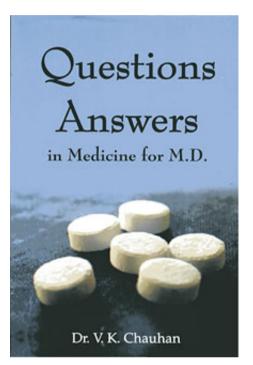
# Dr. V.K. Chauhan Questions Answers in Medicine for M.D.

### Reading excerpt

Questions Answers in Medicine for M.D. of <u>Dr. V.K. Chauhan</u>

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## 2 Tropical Diseases

Explain typhoid in detail, its aetiology, clinical features, and differential diagnosis, investigations needed. What is the importance of temperature chart? Write about five homoeopathic medicine indicated in typhoid.

#### Or

Describe clinical presentation of a case of Typhoid fever. How would you arrive at the conclusion of possibility of intestinal perforation and intestinal haemorrhage in complicated case of typhoid?

#### Ans.:

#### Definition:

An acute intestinal infection caused by Salmonella typhi, characterised by insidious onset of fever intense headache, with relative Bradycardia, rose colored eruptions, abdominal discomfort and spleenomegaly.

#### Aetiology:

Distribution : Worldwide

Season : Summer, autumn Causative : Salmonella typhi

organism

Source : Human case or asymptomatic carrier

Transmission : Faeco:oral route

Spread : By fly, food, fluid, finger, fomites

<sup>\*\*\*</sup> Questions Answers in Medicine \*\*\*

Predisposing Poor resistance, absence of previous causes infection. Overcrowding, poor sanitation

Incubation period 7 to 21 days

Age Sex

Clinical ; Children, young adults :

Features: a. First

week:

Symptoms:

Onset

Fever : Insidious

: More in evening. Frontal,

maddening-headache Bodyache. Anorexia. Constipation. Distension

of abdomen. Lassitude.

Signs:

Temperature : Stepladder rise, 39°C: 400C by end

of week

Pulse : Relative bradycardia. Dichrotic. : Face Flushed. Pupils dilated : Coated,
Tongue red tip and margins : Gurgling over

On palpation caecal region

abdomen

b. Second week:

Symptoms:

Fever: continuous, reaches its peak. Headache is better. Marked prostration. Apathy. Listlessness. Delirium. Stupor. Pea soup diarrhoea. Cough. Epistaxis. Distension of abdomen.

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Signs:

Temperature : 400C-41°C.

Pulse :Fast Blood :Low

pressure

Tongue : Dry. Coated in centre. Red tip and

margins

Rose spot : Comes on 7<sup>th</sup> to 10<sup>th</sup> day. Rash is Red, rash on trunk Macular 2:4 mm in diameter Appear in

crops. Fades on pressure. Disappear

within 3:4 days.

: Abdomen, soft

On palpation abdomen

Spleen Liver : Soft, palpable

c. Third week: : Enlarged

*Mild infection (favourable outcome):* 

Symptoms:

Prostration.

Appetite returns.

Fever subsides by lysis.

Mental state clears.

Abdominal symptoms subside. Signs:

Abdomen : Distended Liver : Palpable Spleen : Palpable

Temperature falls by lysis.

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Severe infection (fatal outcome):

Symptoms:

Marked prostration.

Fever falls by crisis.

Delirium, stupor, Picking of bed clothes (carphology). Muscular twitchings. Incontinence of bowel, bladder

Signs:

Sordes in mouth. Delirium, with eyes half open

Complications:

Intestinal haemorrhage.

Coma.

Circulatory failure. d.

Fourth week: Symptoms:

Fever comes to normal.

Prostration persists. Appetite improves.

Signs:

Temperature : Normal Pulse : Fast

Spleen : Not palpable

#### Investigations:

a. First week:

TLC: leucopenia.

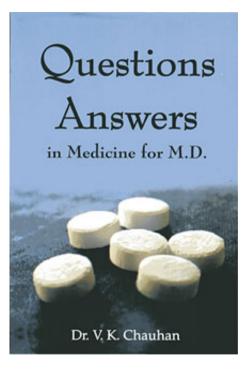
DLC: relative lymphocytes.

Blood culture: positive at end of week.

b. Second week:

Widal test: positive. Blood culture: positive.

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