

H.P. Krishna Kumar

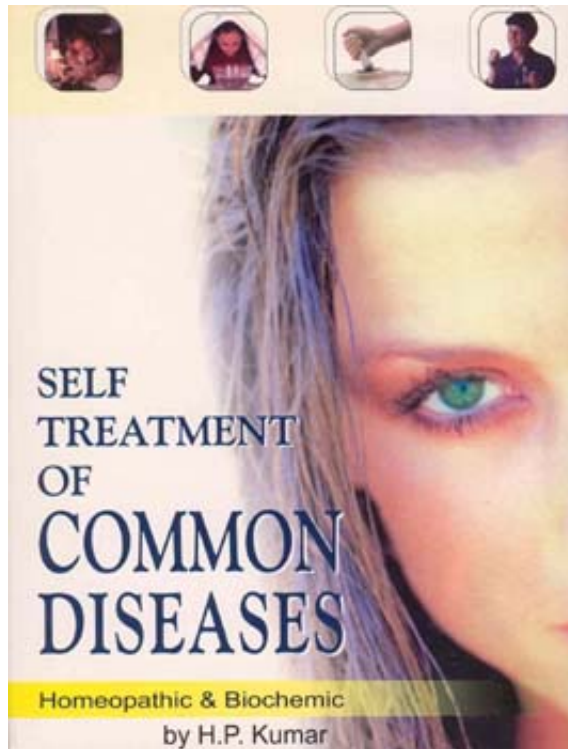
Self Treatment of common Diseases

Reading excerpt

[Self Treatment of common Diseases](#)

of [H.P. Krishna Kumar](#)

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FOREWORD

Today homoeopathy has become one of the most popular system of medicine. Still, there are a lot of myths about homoeopathy and its working. This book explains homoeopathy in easy language as how it can be used successfully to treat common complaints.

Minor complaints can be easily treated at home using homoeopathy but more serious complaints need a visit to a qualified homoeopath.

Homoeopathy works very quickly in common complaints, but it is not a treatment for people who want quick fix. It requires patience. But in the end you are rewarded with greater sense of well being, energy, immunity to disease, and freedom from side effects.

HOW TO USE THIS BOOK

First of all before starting using Part IV : *Diseases And Their Treatment*, please go through the previous parts carefully. This is necessary to arm yourself with the knowledge to use Part IV effectively.

In part IV, each complaint such as abdominal pain, cough, etc., is followed by an introduction about general causes, symptoms and other characteristics. This is followed by *homeopathic treatment* and *biochemic treatment*. You must select one remedy from each of this. To select the remedy to take, you have to find the closest match between your symptoms and the indicating symptoms of the remedy. If your symptoms change consult the book again and try another remedy. The section **CALL THE DOCTOR** tells you when to consult a qualified homoeopath. Recurrent problems require constitutional treatment under a qualified homoeopath.

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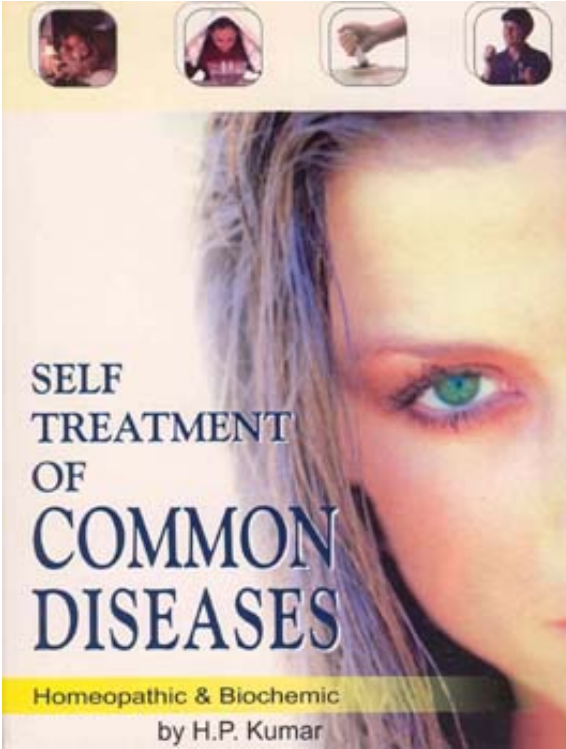
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