

Peter L. Tumminello Table of Psyche & Structure

Reading excerpt
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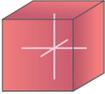
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Crystal Structure

Uniopic – fixed/flux

Cubic  **'I am'**

Perfectionism, immaculate; Self-judgement, self-criticism; Negativity, pessimism, failure; Intruded on; Death experience (thoughts, suicide, loss); Order and logic; Controlling/controlled; Black and white: disputation; Fixed, rigid, resisting; Identity confused; Single, alone; Wilful; Impulsive; Deceived, betrayal.

Amorphous  **'I change'**

Change and transformation; Identity, independence and 'who I am'; Connection and disconnection, association and dissociation; Death; Crossing boundaries/over the threshold/taboo; Unformed, lost in a void, unreal; Without structure; Chaos, confusion; Surreal, delusion; Trauma.



Biopic – thinking

Tetragonal  **'I analyse'**

Perfectionism: external image; Fashion, image, presentation; Ambition, achievement, climbing high; Sensitive criticism, criticising; Guilty, bad, what others think; Successful effort,

Triopic – feeling

Orthorhombic  **'I feel'**

Deep feeling, internalised and visceral; Accommodating; Guilt, remorse; Grief; Shock and trauma; Numb feeling, closed down; Oversensitive feeling: watery, emotive; Volatile

