

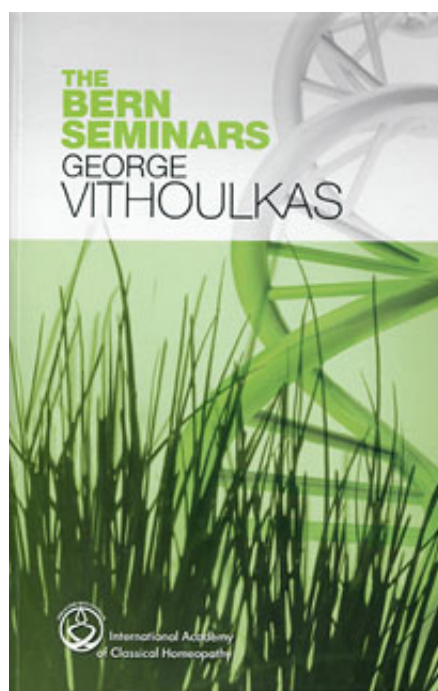
George Vithoulkas The Bern Seminars (1987)

Reading excerpt

[The Bern Seminars \(1987\)](#)

of [George Vithoulkas](#)

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Narayana Verlag GmbH, Blumenplatz 2, D-79400 Kandern, Germany

Tel. +49 7626 9749 700

Email info@narayana-verlag.com

<http://www.narayana-verlag.com>



Foreword

These seminars were realised with the initiative of Dr. Beat Spring in Bern. The main target was to show the way of taking the case and then the analysis and the synthesis of the information in order to find the correct remedy. But the most important point was to demonstrate to the students the follow ups which was showing the effectiveness from the treatment.

These seminars represent my first attempt to give to the Swiss homeopaths the information I had accumulated until that time from studying of thousands of cases and the thirty years of experience I had by that time concerning classical homeopathy. It was an attempt to show to the interested students the way of classical homeopathy giving one remedy at a time and evaluating the results.

As I had taught always in my lectures from the very beginning of my practice in the early sixties, each patient needs only one remedy at any given time but this has to be the correct one. All other remedies will be useless or even harmful if repeated too frequently.

In order to help the homeopath in such a difficult task I was trying to give the method and the tools, necessary to make easier their work in finding the correct remedy, the *similimum* as it is called.

When I first came in contact with homeopathy, the only mode of treatment that was available at the end of fifties (1959) was poly-pharmacy in the form of specialities. When I was first explained the way to prescribe was the allopathic

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way: for any ailment a bunch of remedies, in the form of specialities, was prescribed most of the times. Once I started studying it myself I found out soon that rules, according to the teachings of Hahnemann, were totally different.

When I saw the results in some homeopaths of that time, appeared to me to be so poor in comparison with the effect when the correct remedy was given, as the old masters have taught, that I decided to perfect the tools and the methods that a homeopath needs in order to make his practice easier in finding the correct remedy. The Bern seminars were actually a demonstration of the way I was going about in finding the correct remedy.

As we did not have by that time any medical centre or hospital in which we could train properly future homeopathic physicians, the need of the students was great for attending life cases.

These seminars were replacing actually the in-hospital experience of doctors that was so important for everyone and so much lacking in our profession.

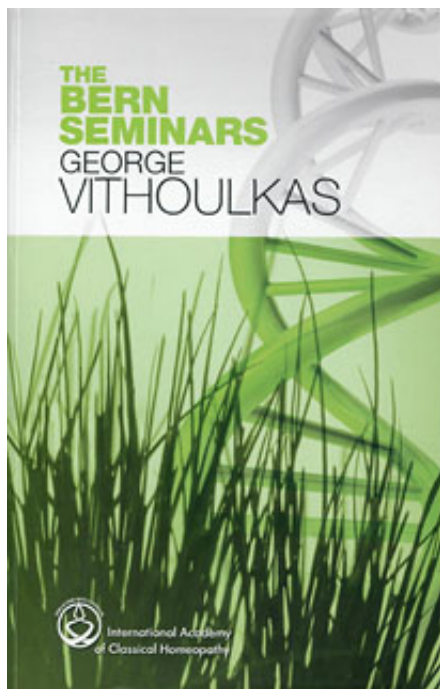
By the time I had started doing it in my practice in Athens in 1967-presenting live cases to medical doctors who were willing to study homeopathy- there was no homeopath in the world who dared showing in front of the attending students the results of his practice.

These notes show a part of this kind of work I was doing during that time.

I hope these seminars will be helpful to the studious homeopath.

George Vithoukas

Alonissos, 10 June, 2009



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