

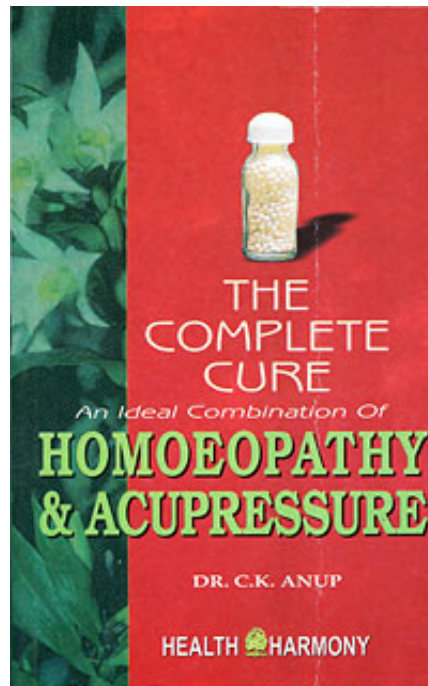
# C.K. Anup

## The Complete Cure - an Ideal Combination of Homoeopathy & Acupressure

Reading excerpt

[The Complete Cure - an Ideal Combination of Homoeopathy & Acupressure](#)  
of [C.K. Anup](#)

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# FEVER

Fever by itself is not a disease, it is a symptom, and an alarming sign that something has gone wrong in our system. There are many types of fever which really nag the patient and kills his precious time making him unfit to work.

Most of the diseases and illnesses are caused by the breach of the balance of nature, bad habits, neglecting fundamental rules etc.

The body is composed of the five elements namely fire, air, space, earth, water, and imbalance in any one of these can cause troubles, in other words we can clearly note that when a patient is ill he will urinate less (water imbalance) which will lead to accumulation of toxins ( no excretion, so more accumulation).If the fire in the stomach gets weak we get anorexia, indigestion etc. Different fingers represent different elements namely

<b>Thumb</b>	<b>Fire (or ) Sun</b>
<b>Index finger</b>	<b>Wind (or) Air</b>
<b>Middle finger</b>	<b>Sky (or) Space</b>
<b>Ring finger</b>	<b>Earth</b>
<b>Small finger</b>	<b>Water</b>

We can discuss the methods of controlling fever by combining Homoeopathy and Acupressure.

### ***HOMOEOPATHIC TREATMENT:-***

Antimonium crudum:-	Fever with no thirst Tongue coated thickly (white) Stomach out of order, belching.
Rhus tox:-	Typhoid, mild delirium, tongue red, dry, cracked. Fever after getting wet
Carbo veg:-	Fever with chills Headache, vertigo, intensive burning in chest
Pyrogen:-	Prolonged typhoid Fever after accident, surgery. Tongue large, flabby, smooth as if varnished. Fever with chills, fetid perspiration. Pulse rapid not in proportion to temp.
Bryonia:-	Great dryness, lack of secretion, Mouth & lips dry. Great thirst. Fever with difficulty in breathing, dark mucus
Baptisia:-	Tongue white with reddish papillae. Face flushed & hot Inflammatory fever, On rising face turns pale. Anxiety
Aconite nap:-	Face and head hot Eyelids partially paralysed.
Gelsemium:-	

### ***SIOCHEMIC COMBINATION:-***

Ferrum phos	3X
Kali mur	3X
Nat mur	3X

# GENITO URINARY DISORDERS

## *INTRODUCTION*

We can call the kidneys as the body's MASTER CHEMISTS. The kidneys maintain an exact level of water in blood, they help us in keeping mineral balance- an extra ration of potassium can stop the heart as effectively as a bullet through it -, they take care of the acid alkali balance - a swing too far in either direction will prove to be lethal, they dispose off waste which if accumulated can put us in a serious condition.

In a day tbs kidney sweeps over a ton of blood clean of wastes and the biggest boon to mankind is that by any chance if we are forced to remove one kidney the other one will take charge and will do double duty with ease.

These reddish brown organs weighing about 4 ounces each, make the most fascinating plumbers of our body (imagine your house without a plumber and that too during a leak or problem) They have approximately a million nephrons, the basic unit.

They have around 140 miles of tubules in each kidney.

If we really consider the magnitude of work the kidney does, we can expect it to create trouble now and then but it dosen't create problems, but when they do, it can be really serious. On the other hand some major kidney troubles result in impairment of kidney function.

Kidney stones, one of the most common problems, result from mineral salts, uric acid and other substances beginning to

crystallize and form masses (stones) which vary in size from a minute pin head to a big golf ball. Some of these small stones pass away unnoticed, whereas little bigger ones cause agonizing pain. Some of these even block the tubes backing up waste into the kidney itself.

Bright disease named after a doctor at Guy's hospital London is also a most widely known kidney ailment. This is a condition when there is an inflammation, due to various possible reasons like injury, toxins etc. These inflamed nephrons lose their selectivity and pass out essential blood cells which can be detected in the urine, or they may reabsorb too much water and retain excess salt causing puffy swelling of arms, legs & eyes.

The most lethal of all kidney disorders is a kidney shut down resulting in accumulation of waste in the body. Of course kidney transplant helps such kind of grave cases nowadays. In homoeopathy we have wonderful remedies which give dramatic relief in all the above mentioned problems.

### ***URINALYSIS: -***

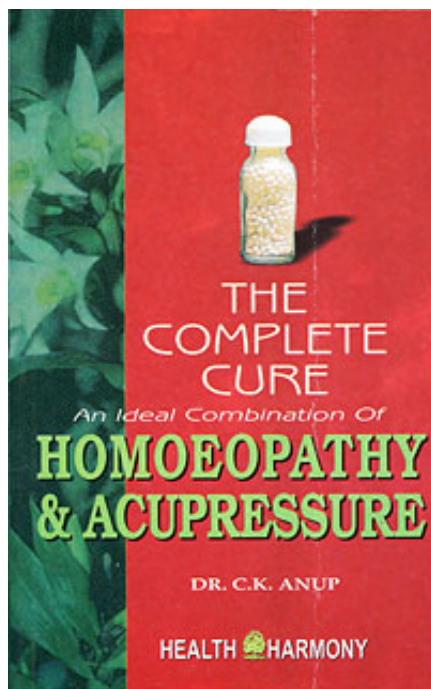
We have an array of tests, which reveal to the doctor information about various organs. The color, the sediments were analysed in the beginning but nowadays each and every data can be received.

**Protein:** - Usually kidney filter permits small quantities of blood protein to escape into the urine. An excess of protein detected can prove any malfunctioning, inflammation, infection, degeneration, cyst formation etc.

**Sugar:** - Sugar when in excess in (kidneys excrete blood, sugar) urine can be due to diabetes, which has to be confirmed by testing blood also.

**Specific gravity:** - The ratio of weight of urine to weight of water gives a clue to the problem for e.g. if urine is too watery it means that it is not properly clearing and expelling wastes.

**Acidity:** - Urine is acidic normally. If it is alkaline some-



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