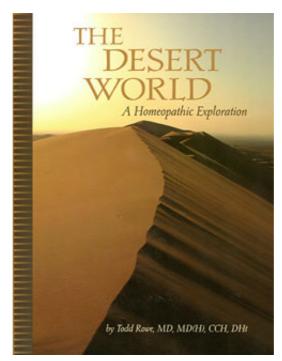
Todd Rowe The Desert World

Reading excerpt <u>The Desert World</u> of <u>Todd Rowe</u> Publisher: Desert Institute



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CENTRAL DESERT FOCUSES

1. Water

- 2. Prolonged torpor followed by intense activity
- 3. Transformation
- 4. Desolation
- 5. Nomad
- 6. Ambush
- 7. Underground

Expanded Summary of Desert Focuses

For a description of the seven levels, please see the Introduction.

1. Water

- Level One: Obesity; Edema; Diabetes; Weight gain and weight loss; Anorexia Nervosa; Bulimia; Atrophy; Kidney stones; Dryness; Polyuria; Angina; Cramping pains
- Level Two: See rubrics and proving data
- Level Three: Greediness
- Level Four: Water/Dryness; Big and small; Moist interior with hard dry exterior
- Level Five: Expansion/Contraction; Fullness/Emptiness; Heaviness/Lightness
- Level Six: Wavelike

2. Prolonged torpor followed by intense activity

- Level One: Starting; Somnolence; Unconsciousness; Manic Depression; Hyperactivity; ADHD; Hypervigilance; PTSD; Catalepsy
- Level Two: See rubrics and proving data
- Level Three: Patience/Impatience; Slowness/Hurry
- Level Four: Persistence/Tenacity Stillness/Activity; Time; Ancient; Sudden growth or wealth; Fixed; Fanatic; Coldness; Watching

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- Level Five: Wound/Unwound; Urging/Relaxation
- Level Six: Motionless followed by intense movement

3. Transformation

- Level One: Birth; Pregnancy; Old age; Near death states; Gangrene; Sloughing; Abscess; Ulcers
- Level Two: See rubrics and proving data
- Level Three: Fear; Panic; Difficulty letting go; Survival in a harsh world; Devotional
- Level Four: Death and dying; Religion; Spirituality; Fire
- Level Five: Purification/Transformation; Shedding
- Level Six: Circle/Spiral

4. Desolation

- Level One: Autism; Aspberger's Syndrome; Codependency; Schizophrenia; Loss of Voice; Narcissism; Speech and Learning Problems
- Level Two: See rubrics and proving data
- Level Three: Loneliness; Ecstasy
- Level Four: Codependency/Isolation; Disconnected communication and Messages; Selfishness/Selflessness; Drugs
- Level Five: Connected/Disconnected; Attached/Detached
- Level Six: Separating/Merging

•Level one: Formication; Thesis; Foreign Body; Insomnia .

•Level Two: See rubrics and proving data

•Level Three: Restlesness

- Level Four: Alien; Odd; Unfamiliar; Foreign; Journey; *Travel; Minority*
- Level Five: Wandering
- Level Six: Roaming

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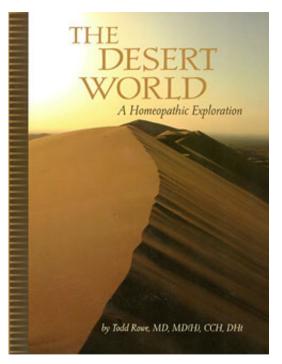
The Call of the Desert

6. Ambush

- Level One: Wounds; Bites; Injuries
- Level Two: See rubrics and proving data
- Level Three: Irritability; Prickliness
- Level Four: Violence; Ambush; Poison; Attack and defense; Cursing
- Level Five: Stabbed/Stung
- Level Six: Stabbing/Stinging

7. Underground

- Level One: Photophobia; Blindness; Sunstroke
- Level Two: See rubrics and proving data
- Level Three: Safety and protection
- Level Four: Darkness/Light; Underground; Ground; Cave; Clarity; Secrecy; Trickster; Mirage; Clairvoyance; Vision; Oasis
- Level Five: Falling/Sinking
- Level Six: Downward Motion



Todd Rowe
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