

Jennifer A. Coscia

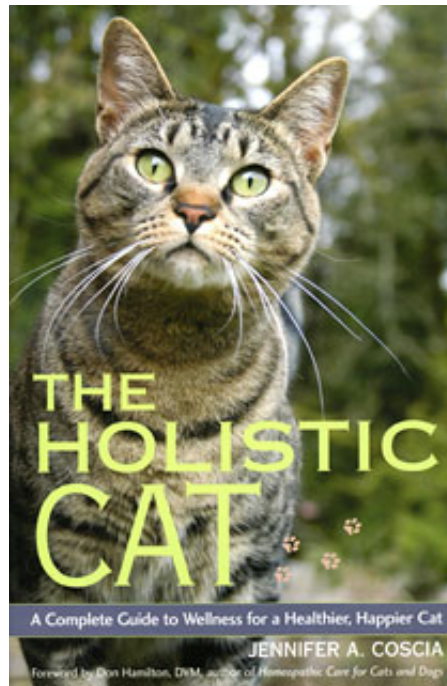
The Holistic Cat

Reading excerpt

[The Holistic Cat](#)

of [Jennifer A. Coscia](#)

Publisher: North Atlantic Books



<http://www.narayana-verlag.com/b9975>

In the [Narayana webshop](#) you can find all english books on homeopathy, alternative medicine and a healthy life.

Copying excerpts is not permitted.

Narayana Verlag GmbH, Blumenplatz 2, D-79400 Kandern, Germany

Tel. +49 7626 9749 700

Email info@narayana-verlag.com

<http://www.narayana-verlag.com>



CONTENTS

FOREWORD BY DON HAMILTON, DVM XIII

INTRODUCTION XV

CHARTER ONE

Holistic Nutrition—For the Life of Your Cat 1

Why Holistic Nutrition? 3

The Pottenger Study 4

Pros and Cons of a Raw Food Diet 5

Supplemental Support 11

Oscar's Story—The Power of Support 16

The Importance of Greens 20

Water, Make Sure It's Pure 22

Peanut's Story, Part 1—Giardia 24

CHARTER TWO

Complementary Veterinary Health: The Best of Both Worlds 27

Conventional versus Holistic Health Care 29

To Vaccinate or Not to Vaccinate 30

The Panleukopenia Survivors' Story 39

Deadly or Debilitating Diseases 42

Tiger's Story—FIV (AIDS) 46

Spay/Neuter—Mandatory or Not? 49

Preventative Medicine—The Importance of Periodic Well-Checks 51

CHARTER THREE

Your Cat's Habitat—How to Maintain Happiness 55

Indoors versus Outdoors 57

Silver's Story—The Broken Limb 62

Safe Alternatives for the Indoor/Outdoor Cat 65
The Three Leading Causes of Death in Cats 68
From Bored to Well-Balanced—The Importance of Keeping
Your Cat Active 77
Feral Colonies—The Problem, The Solution 79
The Black North Litter Story—The Result of
Abandonment 83

CHARTER FOUR

Safeguarding Your Cat against Danger 89
Household Hazards 91
Pumba and Bobo's Story—Toxic Poisoning 96
Fatal Flowers 98
Bothersome Bugs 100
Stormy's Story—Against All Odds 103
Wandering Wildlife 106
Medication Madness 110
Kiera's Story—Deadly Medication 117

CHARTER FIVE

De-Stress the Situation before the Situation Stresses You 123
Planning a Trip/Boarding Your Cat 126 Peanut's
Story, Part 2—Rhinotracheitis 129 Introducing
the New Pet 133 Moving/Relocation
Procedures 137 Depression in Cats 142 Kiki's
Story—Post-Partum Depression 145

CHARTER Six

Disease-Specific Protocols for Optimal Health 151
Immune-Building Protocol 153
Upper Respiratory Infections—URIs 156
Ollie and Hardy's Story—Death Row Rescue 160

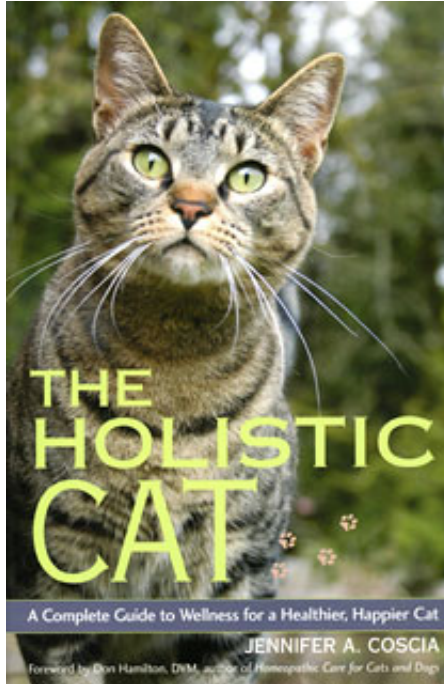
Joint Pain and Muscle Aches	161
Conjunctivitis (Eye Inflammation)	162
Kidney Health	163
Samantha's Story—Kidney Failure	165
Protocol for Kidney Failure	168
Cardiovascular Health	169
Protocol for Heart Disease	170
Intestinal Health	171
Hope's Story—Irritable Bowel Disease (IBD)	172
Protocol for Intestinal Health	173
Allergy/Skin Health	175
Protocol for Allergy	176

FINAL WORD 179

RESOURCES 181 INDEX

185 ABOUT THE AUTHOR

201



Jennifer A. Coscia

[The Holistic Cat](#)

A Complete Guide to Wellness for a Healthier, Happier Cat

224 pages, pb
publication 2009



More books on homeopathy, alternative medicine and a healthy life www.narayana-verlag.com