

Henny Heudens-Mast

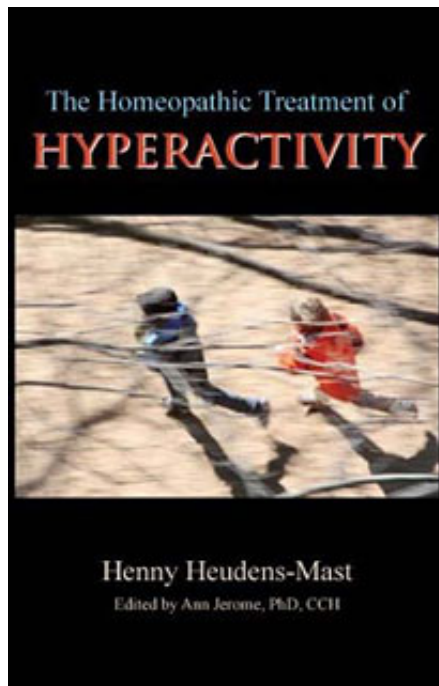
The Homeopathic Treatment of Hyperactivity

Reading excerpt

[The Homeopathic Treatment of Hyperactivity](#)

of [Henny Heudens-Mast](#)

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INTRODUCTION

By Ann Jerome, PhD, CCH

Through these pages we welcome you to Kenny's classroom. Thousands of students the world over have benefited from studying with Henny, many of them returning year after year to deepen their knowledge and skills. As one of our living masters in homeopathy, Henny guides us into the future with a vision deeply grounded in experience. Elegantly clear at first glance, unfathomably deep when fully appreciated, her approach mirrors both the simplicity and the profundity of homeopathy itself.



About this book

If you are a homeopath, it will not surprise you to hear that this is primarily a book about homeopathy and in only a small way a book about hyperactivity. Homeopathy is holistic: we treat people, not conditions. To discuss the homeopathic treatment of a particular condition is to create at best a verbal shortcut and at worst a distortion of the whole enterprise.

In this book, therefore, is a treasure trove of insights about using homeopathy in light of any health condition, physical or otherwise. There are skills here for case taking, case analysis, the use of the repertory, and materia medica differentiation that can be applied in any and every case. As a sort of bonus, because the cases presented here cluster around what modern diagnosis has dubbed "hyperactivity," there are specific tips for approaching

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cases with this condition, especially in children. But readers seeking universal protocols for treating hyperactivity will do better to look elsewhere than homeopathy, and elsewhere than this book.

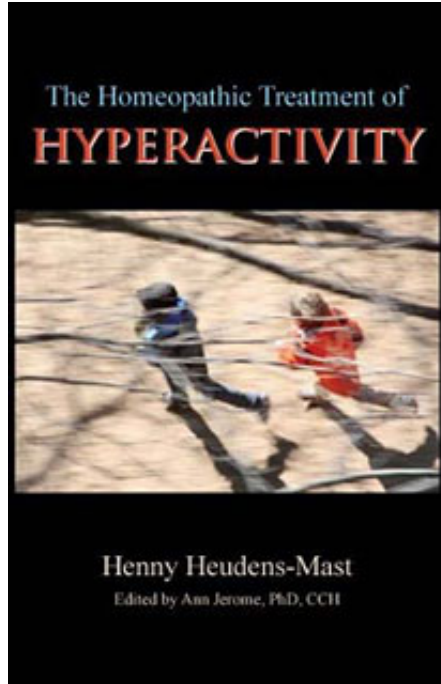
We present here the transcripts of eight cases that appeared in seminars in Germany and Belgium mainly during the 1990s. Henny teaches live case seminars on a regular basis, with her students bringing their difficult cases to the seminar for supervision. To demonstrate the homeopathic process, Henny conducts the interview and then afterwards leads the class through the analysis and prescription. Some cases are presented partially or entirely on video. The case remains in the practice of the student homeopath during the intervals between seminars.

This volume was constructed from notes taken by students in the seminars. It appeared first in German titled *Hyperkinesie - Leitfaden zum heilenden homöopathischen Arzneimittel Band 1*, and this edition is a revised and expanded translation. The original text has been edited and amplified to make the cases and Kenny's teaching clearer. The case transcripts have been kept as close as possible to verbatim to preserve the flow of the case taking and the uniqueness of each patient. Names and details have been changed to protect the patients' privacy.

This book reproduces the live classroom with all of its interplay, serendipity, and informal discussion. Unfortunately the printed page cannot capture all the nuances of vocal tone, gesture, facial expression and body language. Sometimes the conversation may seem to skip a beat where a gesture is used for explanation, or to take a tangent, perhaps in response to a signal that is not available in a written transcript. Sometimes a joke will need to be inferred, lacking the raised eyebrow or the twinkle in the eye. We ask the reader's patience and imagination in navigating these moments. We have preserved them intact to retain the texture of the live classroom. Language differences make for quaint expressions sometimes; asides and tangents bring in gems

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