

# Constantin Hering

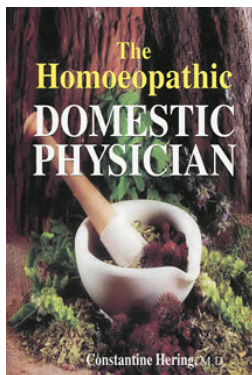
## The Homoeopathic Domestic Physician

Reading excerpt

[The Homoeopathic Domestic Physician](#)

of [Constantin Hering](#)

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# PART FIRST.

## THE MOST COMMON CAUSES OF DISEASE.

### CHAPTER I.

#### AFFECTIONS OF THE MIND.

##### SUDDEN EMOTIONS.

AFTER an agreeable surprise, if the pleasurable sensations are accompanied by great excitement, trembling, fainting, headache, etc, which may happen to women and children, give *Coffea*; particularly if they cry, weep, or laugh.

After a common *fright*, caused by a sudden noise, etc, give *Opium* if it can be given immediately; but if an hour or more should have elapsed, *Aconite* is preferable.

After & *fright*, with great *tenor*, *Opium* is the best remedy.

*Fright* with vexation, *Aconite*; if foliowed by *sadness* or *grief*, *Ignatia*. If children after being frightened are still fearml,have great heat in the head and twitching around the mouth, give *Opium*. ?

If the *fright* is foliowed by palns in the forehead, sour vomiting or eructation, weakness and cold sweat, or stupor with interna! heat,agitation and heaviness in the abdomen, or coldness of the body, with trembling or nervous twitch-

If much affected by great sympathy with the sickness or other distress of a friend, give *Phosphoric acid*.

For a lasting, old grief, take a dose of *Natrum muriaticum* occasionally.

If the patient is jealous, violent in his motions, quarrelsome or delirious, give *Hyoscyamus*, which may also be given if lovers quarrel much. If he talks much and disconnectedly, changing the subject of his conversation abruptly, talks to every person about his grievances, or is peevish and malicious, feels worse when awaking or after eating, *Lachesis*. When contempt of persons, heretofore esteemed or loved, is shown in acts or words, sometimes with a temptation to kill such persons, *Platinum*.

For grief and *loss of sleep* in consequence of watching at the sick-bed of dear persons, if headache and nervousness follow, give *Cocculus*; if there is great exhaustion, the patient scarcely able to speak, *Phosphoric acid*; if entire sleeplessness, continuing for many nights, *Sulphur*.

When mortifications have produced a *derangement of intellect*, give *Belladonna*, *Hyoscyamus*, *Mercurius*, or *Platinum*, according to the symptoms above stated. If all things appear larger, *Hyoscyamus*; if much smaller, or very little, like playthings, *Platinum*; if dark, black, double, *Belladonna* or *Mercurius*; and if *Mercurius* does not improve any longer, let it be followed by one dose of *Sidphur*.

When caused by *homesickness*, and the patient cannot sleep, is hot and flushed in the face, give *Hyoscyamus*; and if this should not give relief within a few days, especially if the patient has a hot feeling in the back of the throat, *Capsicum*. If followed by a short hacking cough every morning, *Drosera*. If the patient is evidently wasting away, does not wish to speak, the chest feels too weak, is very sleepy and dull, taciturn, irritable, often feels hot in the evening, and sweats much in the morning, does not care to eat, says everything he eats lies heavily and

ticularly turning in bed at night aggravates the pain; also when accompanied by weakness, constipation and irritable temper.

*Rhus*, when the pains are similar to those described under *Nux vomica*, but are aggravated by rest.

*Belladonna* may follow *Aconitum*, when the pains are deep-seated, and cause a heaviness, gnawing, or stiffness.

*Pulsatilla*, when the pains resemble those mentioned under *Nux vomica*, especially when occurring in persons of a mild disposition.

*Mercurius* for pains like those described above, but which are much worse at night.

SCTATICA—Is like lumbago; but the pain is more in the region of the hip-joint, shooting down the back of the thigh, and sometimes extending to the foot.

*Aconitum*, when there is a numbness in the limb or toes.

*Colocythis* is particularly useful in this affection, especially when seated in the right hip, or if excited by a fit of anger or indignation.

*Rhus*, when the pains are aggravated by rest; and better by motion.

*Nux vomica*, when the pain is attended by a sensation of stiffness or contraction of the limb; also when torpor with chilliness is felt in the affected parts.

*Ignatia* for cutting pains, particularly on moving the limb.

*Chamomilla*, when the pains are worse at night, and attended with excessive sensitiveness.

*Arsenicum*, in cases where the pains are acute and dragging, with a sensation of coldness in the part affected; also when the pains are periodical. It is also useful for weak or emaciated persons.

## WRY NECK.

This is a painful rheumatic affection of the neck. It is generally occasioned by exposure to a draught of air, or by turning the head suddenly round.

An attack may sometimes be obviated by smelling Nitrite of amyl when the first symptom of its approach is perceived.

During the fit nothing else must be done, smelling salts or liquide and suchlike articles do no good whatever, the patient are only troubled and weakened by them. Even the homoeopathic remedies should not be given during the attack, they must be taken when the worst of the fit is over or has entirely ceased.

## NIGHT-MARE.

Persons subject to it should eat but little in the evening, and take light food at all times; drink but little wine, beer or coffee. A good preventive is to bathe every evening; or rubbing the face, neck, the back of the head, the throat, shoulders, breast and abdomen with a wet towel; and drink a glass of cold water before going to bed. At the same time take one of the following remedies

*Nux vomica*, when the night-mare is caused by indulgence in spirituous liquors, strong beer, too high living, too much confinement, if the patient does not take sufficient exercise in the open air.

*Aconitum*, when it occurs in children and women, and is accompanied by heat, thirst, palpitation of the heart, determination of blood to the head or chest, oppressed breathing, nervousness, uneasiness, etc. This remedy is also useful for the headache and febrile excitement which often follows the attacks.

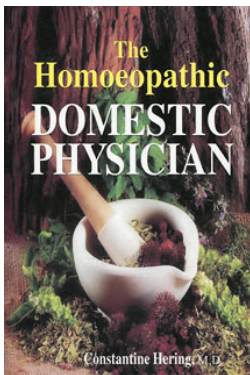
*Opium*, when the patient lies with his eyes half closed, snoring, the mouth wide open, rattling in the throat, the breathing irregular, the face much distorted, and covered with a cold perspiration, and the limbs convulsed.

*Pulsatilla*, when caused by rich food, cakes, nuts, etc.

*Sulphur* or *Silicea*, if the attacks return often.

## SLEEPLESSNESS.

In most cases when not the result of a disease, sleeplessness may be attributed to the manner of living. Some persons cannot eat anything in the evening, or but a little, without suffering from loss of sleep. Others



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