

Torako Yui

The Inner Child is Craving! - Vol 10

Reading excerpt
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The treasure resides within!

Every one of us is intrinsically worthy of being loved, and yet by being denied, we will have doubts towards ourselves whether we are worthy of being loved. Then, gradually we begin to seek out the worthiness for being loved. In this way despite that intrinsically we already have it, we seek for our worthiness because of our doubts towards ourselves. This is the origin of greed = ego = virtue. When you seek something which you already have within yourself, what kind of consequences should you expect? You can understand it by imagining that even though you have the treasure in your home, you are still going out to look for it. As long as you look for the treasure outside of yourself, you will never find it. This is what



an ego all about. To find the treasure you have to go back to your home. In order to go back home you will need to abandon the concept of value which you have believed to be a virtue. Abandoning the concept of value means the disappearance of your ego. In order for you to discover your true worthiness, you will need to loosen the ladder from your hands called the worldly concept of value, which has been providing you with your worthiness. When you let it go, you will naturally fall and the place where you have fallen is the place called "rock bottom" according to the worldly concept of value. This is the very place called "home" where all things reside in equality. This is the only place where we can find our treasure, that is to say our true worthiness. For more detail, please read "Homoeopathic faith" (by Homoeopathic publishing Ltd.)

By the way, every year on the 4th of January I give a free lecture gathering called the "New year's homoeopathic talk" where I always perform the Kakizome (a special piece of calligraphy for the New Year). In 2013, I wrote "The treasure resides within" I have chosen this theme because I wished that I could increasingly accept the worthless self and in doing so to unlock the concept of value and to come closer to the treasure which resides within myself rather than striving to become a worthy person.

Behavior that is produced out of "the fear towards future"

I have said that when you encounter an attack of an enemy (when you are denied) and are wounded (when you are struck by a shock)

the emotion of fear of doubt (the second stage) will emerge in order to heal that wound and to defend yourself from the attack, and if your defense is breached and you are wounded, then this situation stands for the state of sadness. When you get back onto your feet from that sadness, you will then avert a situation that involves the risk of getting hurt in order not to become wounded again. Even though you haven't been hurt yet, you will hold the fear of getting hurt.

I am the president of Hhom, and one day when I was walking through the hallway of the school, I came across one student who was frozen and sticking close to the wall. I said to her "You don't have to be frightened. Although my name is Torako (a child of the tiger) I am not a tiger, you see. By the way have you had any experience of fear before?" Then she replied "I was bullied in my workplace by a very capable woman, and I encountered an incident by which I was forced to leave the company unwillingly although I liked the work." What happened was that she was frightened by overlapping me with that woman even though it wasn't me who bullied her, so I prescribed her the remedy of Con. (Conium) that detests being approached by people, along with Phos. (Phosphorus), which induces fear from an uneasy incident. Attributed to these remedies this student became aware of the cause of her fear, and began to observe her mind squarely in order to heal her inner child.

The fear of the second stage includes an acute fear which you hold when you get hurt, and also the present fear (doubt towards your self-value), whilst the fear of fourth stage which you hold after

your inner child is formed will be a chronic fear and the fear for the future such as "I may get hurt again?" This chronic fear will bring about the following two patterns of the "escaping behavior."

1. Try to avert the situation where you will be denied.
(Attempt to change the situation into another situation where you will not be denied)
2. Make an endeavor to add worthiness to yourself in order not to be denied.
(Attempt to change yourself to a person who will not be denied)

A behavior produced out of fear

— **1. Try to avert the situation where you will be denied. (Attempt to change the situation into another situation where you will not be denied)**

The fear for the future will become a dynamic force that will avert the situation where there is a risk of getting hurt. For instance, if you hold the concept of value such as "ignorance is a bad thing" and if you have an experience where you have denied yourself as being ignorant, that is to say, if you have the inner child, then when you encounter a situation where your ignorance may be revealed, an emotion of fear will emerge and you will want to run away from that place. This can be interpreted that you are running away because you don't want to feel the pain of being denied (getting hurt deeply = sadness) but it can also be interpreted as that you are attempting to change the situation in order to escape from the pain because the pain is unbearable.

Somatic symptoms = low fever • eczema that corresponds to the chronic fear

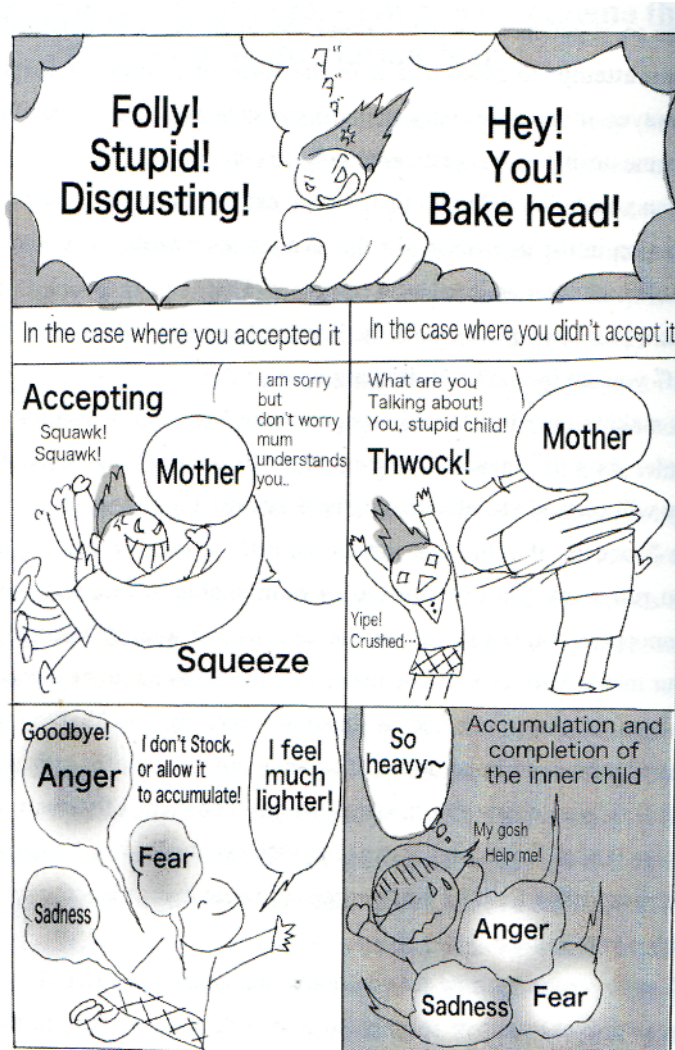
When the pathogens or foreign substances invade the body (blood system) the body will discharge it in the form of a high fever or an eruption. If in this case, you suppress the high fever or the eruption, what do you think will happen? It means that the pathogens and foreign substances will continually be lodged inside the body. Even so, if you have a strong natural healing power, the body will attempt again to discharge it in the form of a high fever or an eruption. However, if you again suppress these symptoms, the body will no longer be able to produce a high fever or an eruption, which will then shift to the symptom of a low fever and eczema. A high fever displays the state of acute inflammation whilst a low fever displays the state of chronic inflammation. The eruption stands for an acute discharging symptom whilst the eczema for a chronic discharging symptom.

When the body falls into this state, it can be said to be a chronic condition in the true sense, for this is a situation where the body holds a problem and yet is unable to resolve it. That is to say, it is a situation where even though the pathogens or foreign substances are lodged inside the body, the body is incapable of discharging it. Similarly, when the "concept of value that denies the self invades our mind, our mind will try to deal with it through the emotion of sadness and in doing so, tries to discharge this "concept of value that denies the self" in the form of tears. However in cases such as this, if you suppress the sadness or tears, it means that the "concept

of value that denies the self will continually exist in your mind. Even so, if you have a strong natural healing power, your mind will again attempt to discharge it in the form of sadness or tears. However, if you repeatedly suppress the sadness or tears, you will become unable to feel sadness or even to cry. When your mind falls into this state, it can be said to be a chronic situation in the true sense, for this is a situation where you hold a problem and yet are unable to resolve it. That is to say a situation where even though you hold the "concept of value that denies the self you are incapable of discharging it.

By making an effort to defend against the "concept of value that denies the self invading your mind, or by averting the situation, you will certainly be able to fight back against a further invasion by the "concept of value that denies the self." However, as long as you run away from it, you will remain unable to discharge the "concept of value that denies the self which already resides in your mind. Also, even if you make an effort so as not to be denied, or keep running away from a situation where you are likely to be denied, and even in so doing, if nothing comes out of it and as a result, if you allow the invasion by the "concept of value that denies the self over and over again, then eventually it will surpass the permissible limit of the "concept of value that denies the self within your mind.

When this happens how do you think your mind will react? It will have an over sensitive reaction to it in order not to allow further invasions by the "concept of value that denies the self." This is what is called anger. This emotion of anger will correspond to an allergy.





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All about inner child healing derived from various layers of emotional suppression

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