

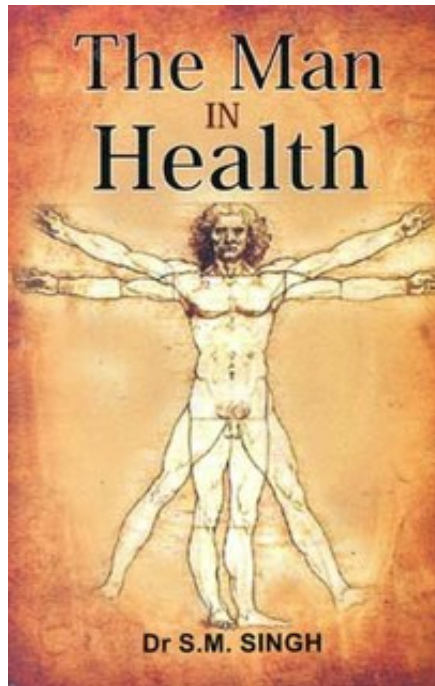
Dr. S. M. Singh The Man in Health

Reading excerpt

[The Man in Health](#)

of [Dr. S. M. Singh](#)

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The Cell and its Environment, Cell Reproduction

The cell being the structural and functional unit of any organism require definite conditions for its existence. These conditions are provided by the environment or habitat of the cell to which its species are accustomed and adapted since evolution. Naturally the cellular functions are dependent on the environment providing it with nutrients for replenishment of wear and tear loss, supply of energy, a definite temperature, barometric pressure, osmolarity, oxygen tension, ionic constituents, hydrogen ion concentration, as well as intensity and spectrum of light etc. These conditions are fulfilled in the milieu of the extracellular fluid surrounding the cells in a multicellular organism, so the hundred trillion cells of which the human body is composed of, have this internal environment more or less fixed from the period the evolution has brought out multicellular organism in this world. As long as these conditions are maintained the cells can function and live. The maintenance of these conditions is called homeostasis. Each cell also contributes its share to maintain this homeostasis for its own benefit as well as for the benefit of the organism of which it is a part and parcel. Every cell is an autonomous unit of biochemical activities which though accustomed to work in isolation, is in complete harmony with others for the sake of betterment of the organism as a whole. In other words, the life in a cell is reflected in its relentless activities which once started, continues like an automatic machine; hence the living organism is an automation.

THE STUDY OF MAN - MEDICINE IN GENERAL AND HOMOEOPATHY IN PARTICULAR

The subject of medical research is man himself but man is very complex entity, which can be studied from diverse aspects; mental, vital and material. Hence method of approach to study man must necessarily be diverse and each method is as good and true as the other for an equation of knowledge.

But the most relevant aspect of study of a man is from the standpoint of medicine—Man in health, in sickness/disease, life and death.

There are a lot of interrogations relating to the research methodology of studying a man. Whatever may be the methodology, it should be scientific.

With the advance age of the scientific days, the scientific research methodology has developed so much and is generally equated with physical science whereby matter or materialism holds prime importance and research methodology is supported in connection with physical science, but it is very obvious that Universe not only consist of dead and inert matter but also of life and mind. Though matter seems to be the basis but life has evolved in and through matter, mind has evolved in and through life.

So, man is a self conscious living matter. Study of man from materialistic standpoint will only give us a part of a truth and not the complete truth of whole man.

In spite of enormous development of physical science, the difficulties to study the life and mind still exist.

The subject of study of physical science is matter especially from physico-chemical viewpoint, whereby primary qualities like dimension, weight, chemical composition etc. are of prime importance, but the secondary qualities like taste, smell, colour being abstracted in thought can built up a scientific study which is not measurable by any scale of physical measurement.

Similarly in human beings, there are some things measurable like biochemical parameters (Blood sugar, Urea, Uric acid) and clinical parameters (like HR, PR, RR, BP etc.) and some other identified by clinical signs, but many things which are not measurable like pain, pleasure, sorrow, grief, beauty etc. are the modalities or qualifying factors of a man in group as well as a person in particular, even their secondary qualities have a definite impact on the primary one.

Overlooking the basic facts, the so-called modern and scientific medical man have reduced human being to physics and chemistry and failed to study the man in health as well as in disease.

The modern physical science follows qualitative analysis experimental method while psycho-vital investigation should follow qualitative synoptic experimental method. The former method is casual in nature while the latter is based on phenomenology. So psycho-vital aspect of man is most relevant aspect for study by a medical man.

Hence, the study of a man in its two fold condition that is, in health and in disease should be based on phenomenological methodology and psycho-vital standpoint, whereby the man is the subject matter, health and disease are secondary to it. Psycho-dynamics, dynamic physiology and dynamic pathology should be the basis of it rather than physico-chemical/gross pathology.

Blood Groups Relating to The Man in Health

According to Karl Landsteiner (1920), blood groups are of four types.

A, B, O, AB, which are based on antigen present on the RBC and antibodies present in the plasma which are as follows :

Name of Blood Groups	RBC Membrane Contains Antigen	Plasma Containing Antibodies
A	A	Anti B (β)
B	B	Anti A (α)
AB	A & B	Nil (O)
O	Nil	Anti A & Anti B (α & β)

Again according to Weiner (1940), following the discovery of Rh factor (Rh +ve and Rh -ve), each of the A, B, O, system was sub-divided into subheads such as:

A +ve, -ve

B +ve, -ve

AB +ve, -ve

O +ve, -ve

Hence for all practical purposes whether the man in health or the man in disease, blood group study will reveal four types of man (A, B, AB & O) along with their subtypes definitely.

Again disease prediction relating to the blood groups have also been identified such as:

B : Blood types are of inferior personality commonly found among German, Jewish (According to Nazi Germany Research).

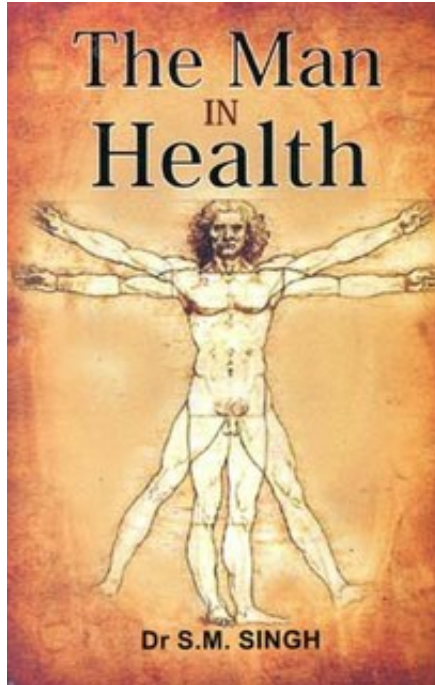
O +ve : Prone to suffer from duodenal ulcer due to high oxyntic cell population.

A: Blood group subject prone to suffer from gastric 'CA'.

From the standpoint of homeopathic philosophy these blood groups shall have to be correlated with psoric (carbo-nitrogenoid), syphilitic (oxygenoid), sycotic (hydrogenoid) and tubercular constitutional types through present day research work which is mandatory for a post graduate student.

The latent miasmatic states are relatively a state of man in health and secondary states are the man in disease proper.

Again different personality types may be correlated with different blood grouped people through prospective case study method to realise the terminologies. The man in health as well as their disease predilection that is, the man in diseases.



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