

# Edwd. Harris Ruddock

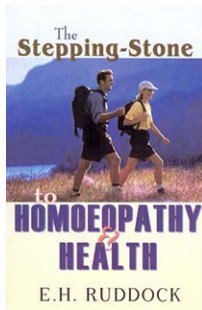
## The Stepping-Stone to Homoeopathy and Health

Reading excerpt

[The Stepping-Stone to Homoeopathy and Health](#)

of [Edwd. Harris Ruddock](#)

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THE  
STEPPING-STONE  
TO HOM(E)OPATHY AND HEALTH

PART I.

CHAPTER I.

I.—Homoeopathy.

Introductory. This Manual is issued as a "Stepping-Stone" to the domestic practice of Homoeopathy; a few remarks, therefore, explanatory of this system of medicine, may appropriately precede its practical teachings.

Life is the noblest gift of God, and health one of its greatest accompanying blessings. To recover health when lost, and to preserve it in its integrity to the allotted period of human life, are the objects contemplated in the publication of this little volume. The reader is requested

to pause a few minutes before entering on the subsequent practical details, in order briefly to consider some of the more prominent Matures, and a few of the advantages that would arise from the more general and extended adoption of Homoeopathy.

Early Homoeopathy is a system of medicine for the cure of all curable diseases, first discovered and adopted over a century ago (A.D. 1790), by that great physician, HAHNEMANN. But we do not claim for that distinguished man the *invention* of Homoeopathy; he only removed the obscurity which had hitherto shrouded the subject of medicine, and unfolded to mankind a great law of nature, just as Newton *discovered* the principle of gravitation. Glimmerings of this science had been, caught, many centuries before, by Hippocrates and others, but the illustrious Hahnemann was the first fully to grasp the principle, and to enunciate it as *the* law of healing, and therefore of universal applicability. At first, its professors were few, and consisted of the immediate friends and disciples of Hahnemann; but, ever since, they have been steadily multiplying,

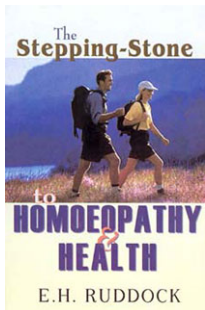
PREVENTIVE MEASURES.—Measles is contagious, but may generally be prevented, or modified by giving children who have not had the disease a dose of *Pulsatilla*, morning and night, during the prevalence of the disease.<sup>1</sup>

### 10.—Scarlet Fever—Scarlatina (*Febris rubra*).

This is a contagious disease, the poison of which is only second in virulence to that of Small-pox. The second, third, fourth and fifth years of life are those in which it is most prevalent ; after the tenth year its frequency rapidly declines. The opinion that the disease does **not** attack children under two years of age is erroneous ; as also is the idea that there is a difference between *Scarlatina* and *Scarlet-fever*; for the terms are synonymous.

The increasing prevalence of *Scarlatina* during

<sup>1</sup> For much useful and interesting information on this disease, see " Measles ; its complications and Fatality prevented by Homoeopathy ; being Contributions from more than Twenty Medical Men." Price id. ; and sold by the publishers of this Manual,



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