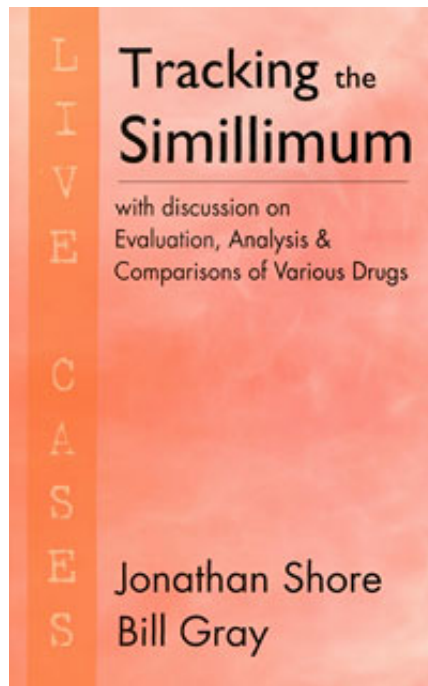


Shore / Gray

Tracking the Simillimum - Live Cases

Reading excerpt
[Tracking the Simillimum - Live Cases](#)
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VIDEO CASE 3 (by Jonathan Shore)

J: Describe the person, so that she could be recognized in the street. She is a woman with bronchial asthma. She is age sixty-four. How would you describe her?

A: Past middle age. She is friendly. Skinny, almost emaciated. Thin neck, scrawny. She speaks quite fast.

J: But the main thing is: she is laughing a lot, almost giggling. She is embarrassed.

J: What do you say about the way she moves? A:

Abrupt.

J: It is interesting, like a young girl. It is very important that you try to imitate the patient. You make this movement and you see this feeling inside that comes with the movement. How can you understand how she is feeling? You just do this for yourself. Do this and you feel sort of stupid and shy. This reflexes her inner state. Her movements are abrupt. I would say: "Jerky." Like what animal?

A: Like a chicken?

J: Chicken is close, she is like a little bird. Fussing. Why do you think the movements are like this. What does it say about her muscles?

A: Tension.

J: Tension, her movements are jerky. So you see already in a way, ninety-five per cent of the remedy.

J: She is a spinster, I bet you she has no sexual experience, no one at age sixty-four who has had sexual experience, is giggling like this. This is like a little girl. Unmarried, embarrassed, jerky. It is very clear. We call this one face of Natrum muriaticum.

J: You would say she looks young for her age? No, she looks quite old. She acts young, but she is not a young sixty-four. She acts young and she is girlish in her way. On the other hand, you can say that she has suffered, because there are lines on her face.

This is a face that she has: she has had a hard life. But in which way has she not suffered?

A: Sexually.

J: She has not suffered sexually.

J: You understand what I am saying? This is a good example, because in some cases you can't see anything. In other cases the whole remedy lies just in what you can see from the person, without making too much metaphysical speculation.

J: She was in history of science. Her mind is very good, she has a sharp mind, an orderly mind. The history of science, I mean: talking about dry ...

J: What happens between the mind and the feelings in *Natrum muriaticum*? They withdraw from the feelings and the mind becomes their life. In other words: how do you perceive the world, how do you discriminate this person from that person? How do you do it in a proper way, you do it with your feeling. You come up to a person, and if you do it correctly, your feeling senses: this person is good / bad, correct, honest / deceitful, evil. If we were working in our bodies, as our bodies should, this is how we would tell.

J: They have the mind sort of separated from their feeling. They rely on their mind to give them this information. They develop their mind in a way, so they become very objective, because they don't get caught up. They have clear ordered minds. That is why *Natrum muriaticum* is in the rubric (one of the reasons): mortification from deception. They feel the need to trust. You have to tell them the truth, because they have to rely on the spoken word. They can't really feel what is going on inside of you. So it is very important: honesty. That is maybe not the only reason, but it is one of the reasons. She has a good *Natrum muriaticum* mental state.

J: What is unusual for *Natrum muriaticum* about her? She is leaning forward. *Natrum muriaticum* are usually more reserved. Why do you think she is not so reserved? She is like a little girl, in a way. This leaning forward gesture is unusual for *Natrum muriaticum*.

J: Why do you think she didn't marry? She is a healthy person, sixty-five, good mind, clear, quite happy in her life. What she said, was that she had high aspirations. On the one hand she never found the right man. It was that they were poor, they had to work and they didn't have enough time to play around. She said: "And anyway, we had high aspirations." We know, we can translate it towards Natrum muriaticum: she was idealistic, romantic. "Not just anyone will do. It has to be the right person in a certain way."

J: Then what happened? Kent says: "She falls in love with the coachman." This is what she is describing! Here is this man and she falls in love with him. But he is young and he is uneducated and she is going to university. What does she do about it? Does she consummate the relationship? She also fell in love with a patient in a medical hospital. He had got multiple myeloma, bone cancer. His age is thirty, and he is dying. She is the laboratory technician. She is coming around to take his blood, then she falls in love with him. You think that she sneaked up to his bed at night, or what? She goes back to laboratory and she thinks: "Oh, he has such a beautiful face and such a sweet nature." And the next day she will prick his finger, say a few words. Romantic, in this sort of way.

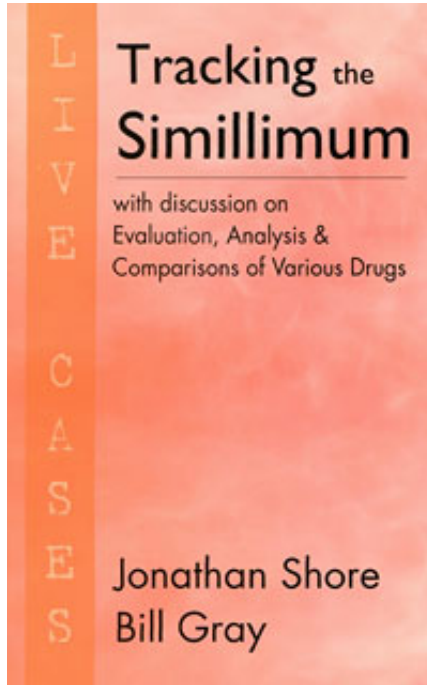
VIDEO CASE 4 (by Jonathan Shore)

J: Also an example of Natrum muriaticum. His movements are the same as the woman before, except he is more contained. But it comes out in his head and in his speech. He is not stuttering but his mind is working too. He is thinking and he is trying to express himself clearly, then something is coming out. Then he thinks: "My friend ... (stopping abruptly). When I was in high school I..." There is the same jerky quality about it.

J: His face is thin, a sort of a languished face.

VIDEO CASE 5 (by Jonathan Shore)

J: A woman with eye infection.



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