

Peter Fraser

Using Realms in Homoeopathy

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[Using Realms in Homoeopathy](#)
of [Peter Fraser](#)
Publisher: Winter Press



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<http://www.narayana-verlag.com>



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INTRODUCTION

We, as humans, are land animals. Our natural home is the Earth and much of who we are comes out of the fact that we live and move on the ground.

We are agriculturists and grow our food in the Earth or get it from animals that live on the Earth and eat plants nurtured in the Earth. It is an exception for us to go to Sea to find fish or to shoot birds out of the Air. Our houses, however bright and comfortable, remain a recreation of the cave or burrow in the Earth that sheltered our ancestors. They are built from materials that are of the Earth, whether it be quarried stone and slate, baked earth bricks and tiles or earth grown timber and straw. The things that we value most, gold and jewels are dug from the Earth as are many of the things that we find most useful including iron and other metals and fossil fuels from which we make many plastics.

Yet the other Realms are also of great importance to us both physically and psychologically.

In evolutionary terms we have only recently come on to dry land and our roots are definitely in the oceans. Foetal development seems to be a personal replay of the evolutionary development of the species and almost all of this replay occurs in the aquatic environment of the amniotic cavity. The developing foetus starts as a single celled organism and develops into a fish like creature with gills and then into the protohuman but still living and growing completely surrounded by water. The child that finally emerges on to the Earth, breathing air, is a finished product who will grow and develop into an adult but will not basically change.

In the Animal kingdom the diversity is even greater. Many animals, including the cuttlefish and the oyster, remain in the Sea and never moved ashore while the cetaceans returned to the Sea from the Earth. Some animals, most importantly the ophidians have an abiding connection to the Underworld. The insects often spend one part of their life span in the Earth or the Sea and another in the Sky. The birds also are born on the Earth but spend much of their life in the Sky.

By understanding what are the important features of the different Realms it becomes easier to recognize them when we see them in our patients and to know that a remedy from a particular Realm might be indicated in a particular case. Although the details will always be confusing, such is the diversity within each remedy and each patient, the overall pattern of a case will often clearly belong to one of the Realms and the range of possible remedies will be uattow^d dovm enormously.

There are a number of remedy substances that move between two or more Realms. Their movement

can take the form of a transformation as in the case of many pupating insects but even when it takes the form of a straight forward movement between Realms there is an element of transformation.

In the cases that require these remedies, the movement or transformation lies at the dynamic centre of the case. A particular group of substances is involved in a particular movement or transformation but within each group each individual member has an individual issue which is both the medium of their growth and transformation, and also the stumbling block that thwarts movement and prevents change and growth.

Within the fairly narrow parameters of these cases an understanding of the various types of movement and the groups or families involved in that movement, a knowledge of the issues that are important for each member of the group and a real understanding of the issues that are central to the patient's disease can lead very quickly to a clear indication for a remedy.

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64 pages, pb
publication 2006



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